

STRONG
TODAY

STRONGER
TOMORROW

October 2016



ARC RESOURCES LTD.

TSX: ARX

Forward-Looking Statements



This presentation contains forward-looking information as to ARC's internal projections, expectations or beliefs relating to future events or future performance and includes information as to our future well inventory in our core areas, our exploration and development drilling and other exploitation plans for 2016 and beyond, and related production expectations, costs and cash flow, expenses, our plans for constructing and expanding facilities, the volume of ARC's oil and gas reserves and the volume of ARC's oil and gas resources in the Northeast British Columbia Montney ("NE BC Montney"), the recognition of additional reserves and the capital required to do so, the life of ARC's reserves, the volume and product mix of ARC's oil and gas production, future results from operations and operating metrics. These statements represent Management's expectations or beliefs concerning, among other things, future operating results and various components thereof or the economic performance of ARC. The projections, estimates and beliefs contained in such forward-looking statements are based on Management's assumptions relating to the production performance of ARC's oil and gas assets, the cost and competition for services, the continuation of ARC's historical experience with expenses and production, changes in the capital expenditure budgets, future commodity prices, continuing access to capital and the continuation of the current regulatory and tax regime in Canada and necessarily involve known and unknown risks and uncertainties, such as changes in oil and gas prices, infrastructure constraints in relation to the development of the Montney in British Columbia, risks associated with the degree of certainty in resource assessments and including the business risks discussed in ARC's annual and quarterly MD&A and other continuous disclosure documents, and related to Management's assumptions, which may cause actual performance and financial results in future periods to differ materially from any projections of future performance or results expressed or implied by such forward-looking statements. Accordingly, readers are cautioned that events or circumstances could cause actual results to differ materially from those predicted. Other than the 2016 Guidance, which is discussed quarterly, ARC does not undertake to update any forward-looking information in this document whether as to new information, future events or otherwise except as required by securities laws and regulations.

We have adopted the standard of 6 Mcf:1 barrel when converting natural gas to barrels of oil equivalent ("boe"). Boe may be misleading, particularly if used in isolation. A boe conversion ratio of 6 Mcf : 1 barrel is based on an energy equivalency conversion method primarily applicable at the burner tip and does not represent a value equivalency at the wellhead. Given that the value ratio based on the current price of crude oil as compared to natural gas is significantly different than the energy equivalency of the 6:1 conversion ratio, utilizing the 6:1 conversion ratio may be misleading as an indication of value.

Why Invest in ARC?



A Differentiated Investment

Financial Discipline

- Peer-leading balance sheet
- Disciplined approach to profitable investment
- Total return principle for shareholders

High-Quality Asset Portfolio

- Montney oil and gas position globally competitive
- Geographic diversity and optionality
- Reserve and resource base positioned for sustainable and profitable growth

Proven Execution and Development Model

- Project selection and execution creating self-funding businesses
- Inventory at all stages of development providing optionality

Operational and Organizational Excellence

- Technical advancement in drilling and completions resulting in industry-leading results
- Owned infrastructure supports low-cost operations
- Committed people

Corporate Profile



Corporate Summary

Production (Q2 2016)	117,695 boe/day
Reserves (2P Gross – YE 2015) ⁽¹⁾	687 MMboe
Reserve Life Index (2P) ⁽¹⁾⁽²⁾	16 years
Monthly Dividend	\$0.05 per share
Annualized Returns since Inception ⁽³⁾	15%

Market Summary

Ticker Symbol	TSX: ARX
Average Daily Volume ⁽⁴⁾	1.8 million
Shares Outstanding	352 million
Enterprise Value ⁽⁵⁾⁽⁶⁾	\$9.3 billion
Total Net Debt ⁽⁵⁾⁽⁶⁾	\$969.3 million
Net Debt to 12-month Trailing Funds from Operations ⁽⁶⁾⁽⁷⁾	1.5 times
Member of TSX 60	

(1) Refer to “Reserves and Resources Disclosure” and “Definitions of Oil and Gas Reserves and Resources” in the Appendix to this presentation.

(2) Based on 2016 production guidance midpoint of 118,000 boe/day.

(3) Annualized total return to September 30, 2016, including August dividend, and assuming reinvestment of dividends in ARC shares.

(4) Daily average trading volume for the trailing six month period ended September 30, 2016.

(5) Market Capitalization as at September 30, 2016 and Net Debt as at June 30, 2016.

(6) Refer to the “Capital Management” note in ARC’s financial statements.

(7) Based on 12-month trailing Funds from Operations and Net Debt as at June 30, 2016.

CORPORATE STRATEGY

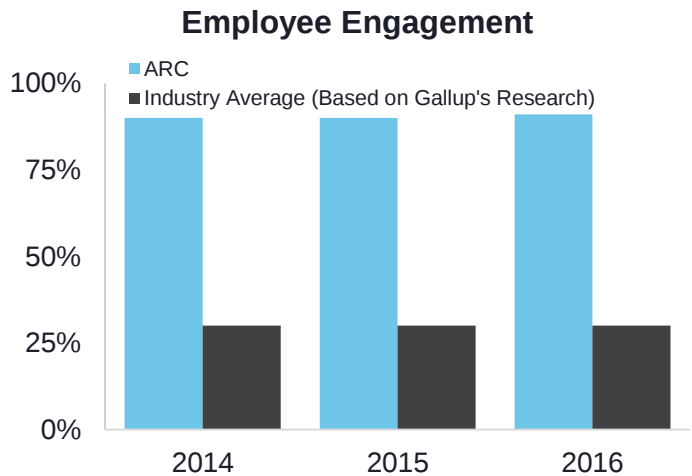
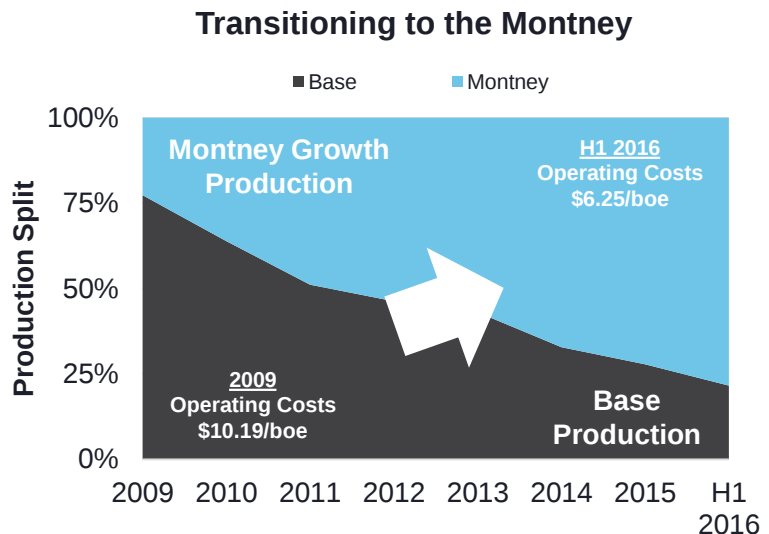
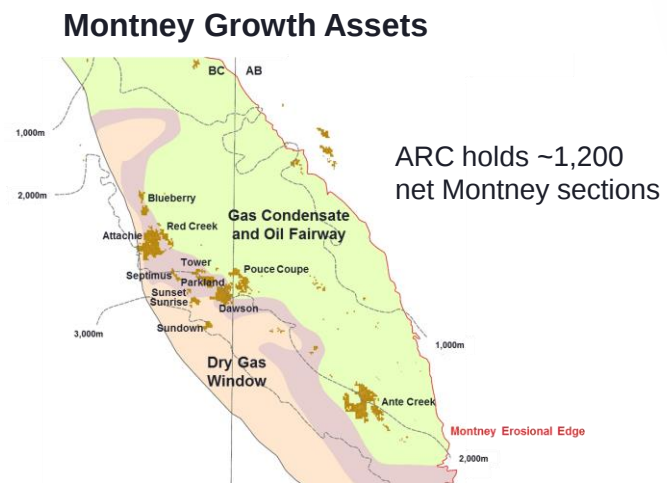
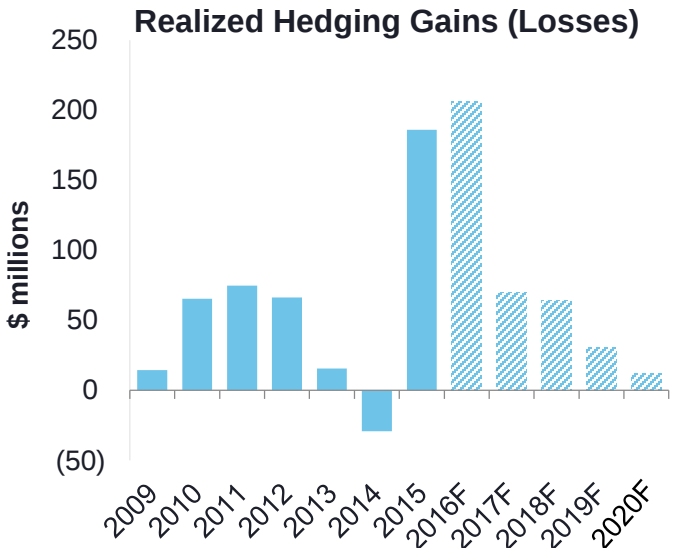


ARC RESOURCES LTD.

Unique Strategy



Delivering on Our Strategy of Risk-Managed Value Creation

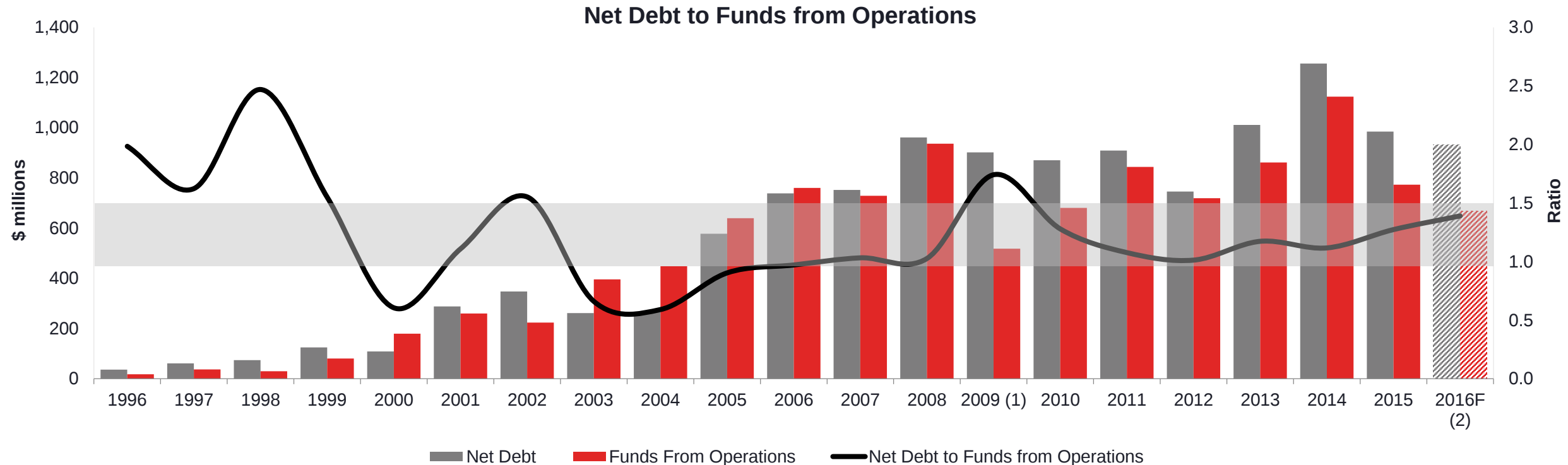


Balance Sheet Strength



Targeting Net Debt to Funds from Operations 1.0 – 1.5x for the Long Term

- During temporary periods, Net Debt to FFO will trend towards a maximum ratio of two times
- Expect Net Debt to FFO to return to target range once normal pricing environment resumes



(1) \$180M Ante Creek acquisition in December 2009 was financed by \$240M equity issuance that closed in January 2010.

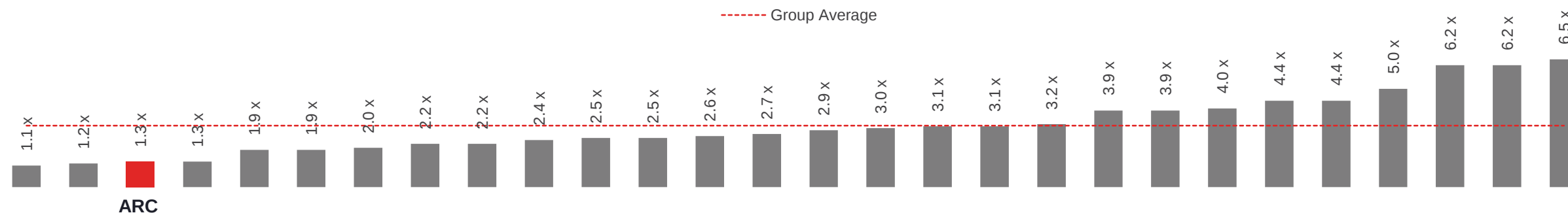
(2) 2016F Net Debt and 2016F FFO based on consensus of 14 analysts as of August 2016.

2016 E&P Leverage Analysis

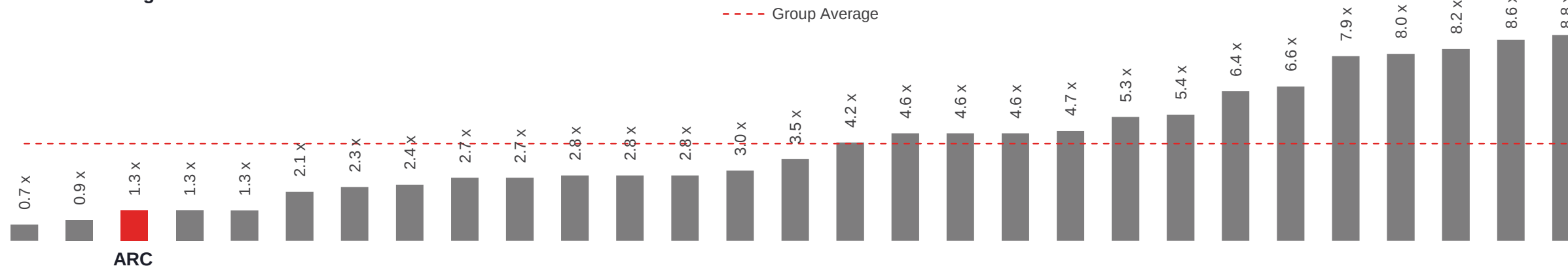


ARC Has One of the Strongest Balance Sheets in the Sector

Canadian Benchmarking: 2016E YE Net Debt / 2016E Cash Flow ⁽¹⁾⁽²⁾



US Benchmarking: 2016E YE Net Debt / 2016E Cash Flow ⁽¹⁾⁽³⁾



Estimates as per RBC Research as of July 15, 2016.

(1) Assumes 2016E WTI of US\$48.41/bbl and Henry Hub of US\$2.58/MMBtu.

(2) Includes intermediate and large cap Canadian E&Ps under RBC Research coverage.

(3) Includes US E&Ps under RBC Research coverage.

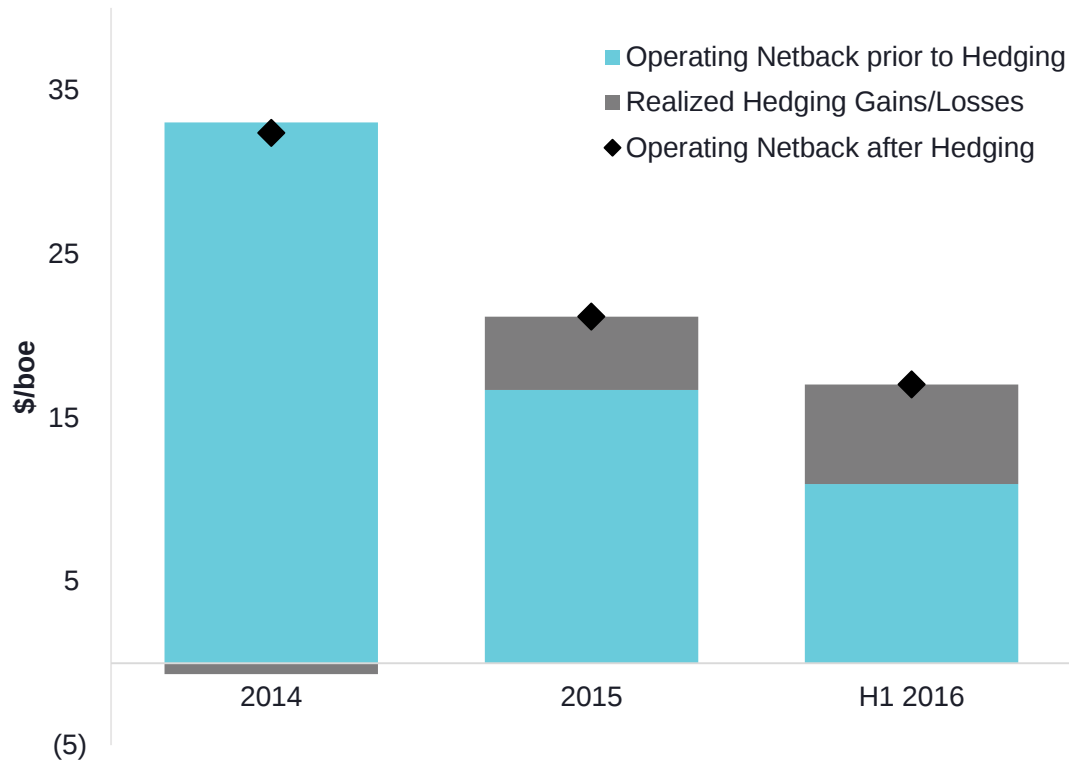
Right-Sizing ARC's Capital Investment & Dividend



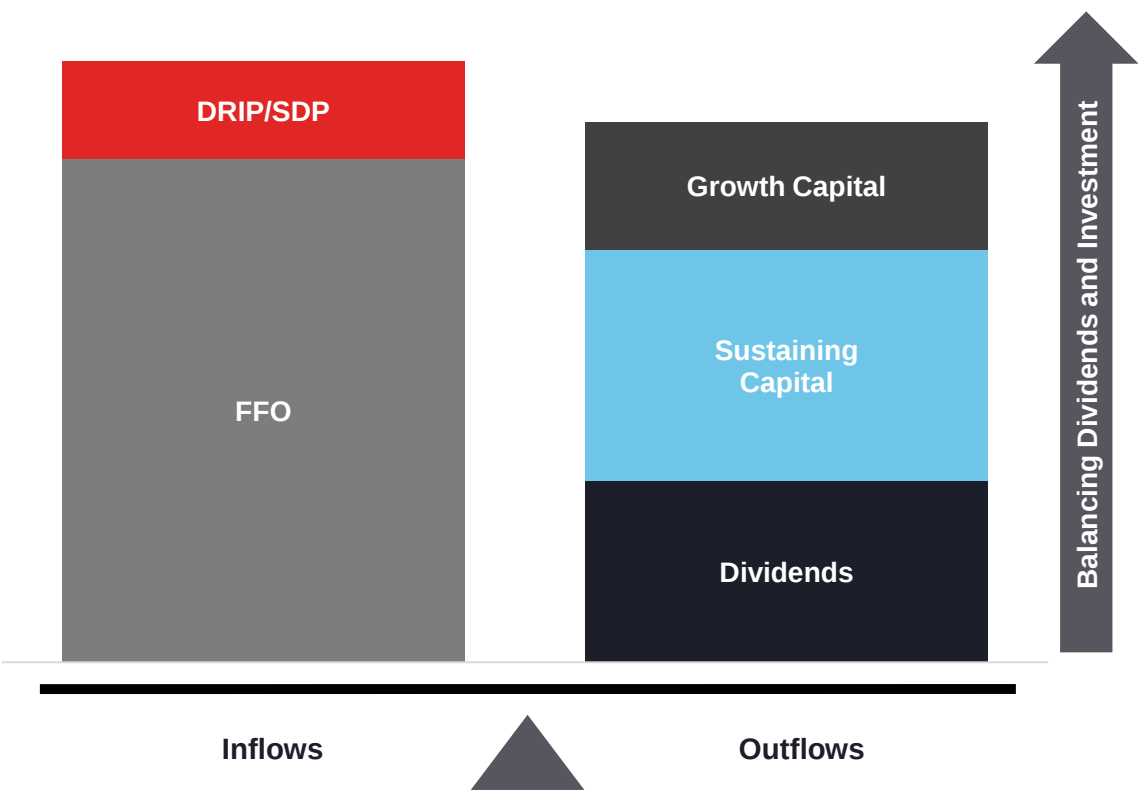
Balancing Inflows and Outflows for Long-term Sustainability

- Objective to fully fund ARC's Dividend and Sustaining Capital from FFO over the long term
- Profitable Growth Capital will be funded from remaining FFO, DRIP/SDP proceeds, and equity proceeds

Operating Netbacks



2016 Forecasted Total Inflows & Outflows



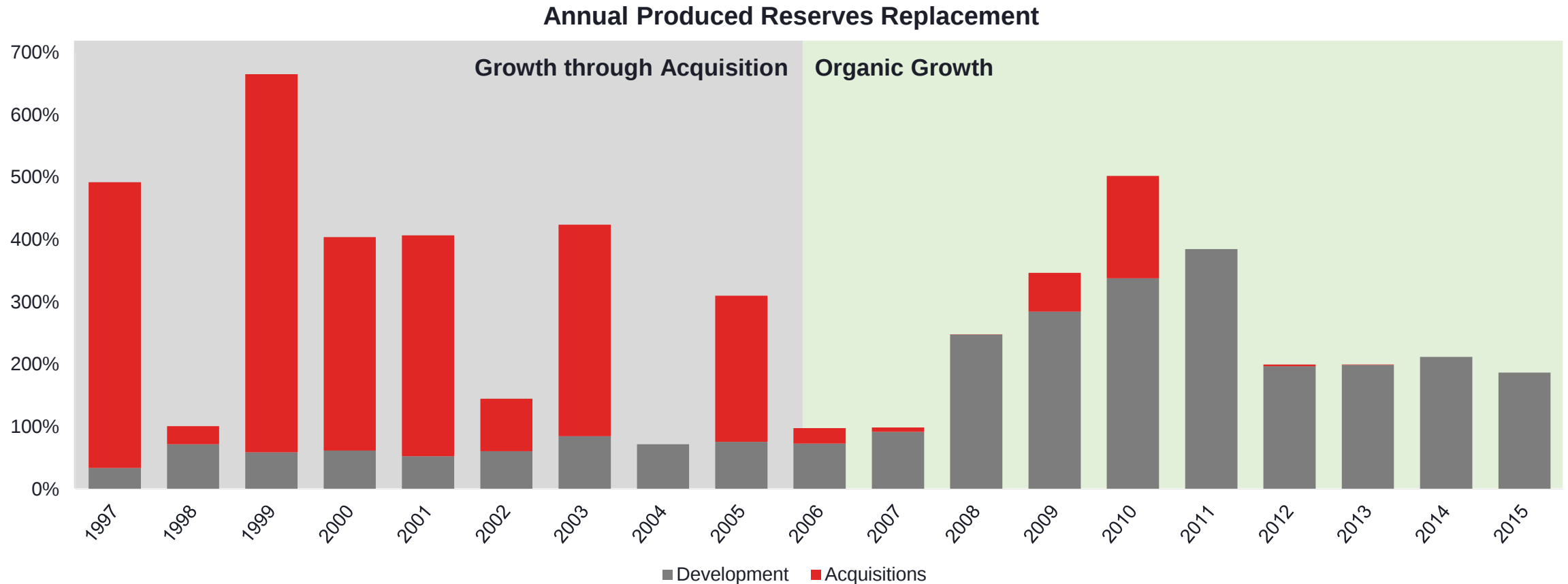
• Sustaining and growth capital expenditures are before land and net acquisitions.

Reserve Replacement



~200% Reserves Replacement for 8th Consecutive Year

- Montney assets have been the centerpiece to ARC's strategy of organic reserves and resources growth and provide continued upside potential

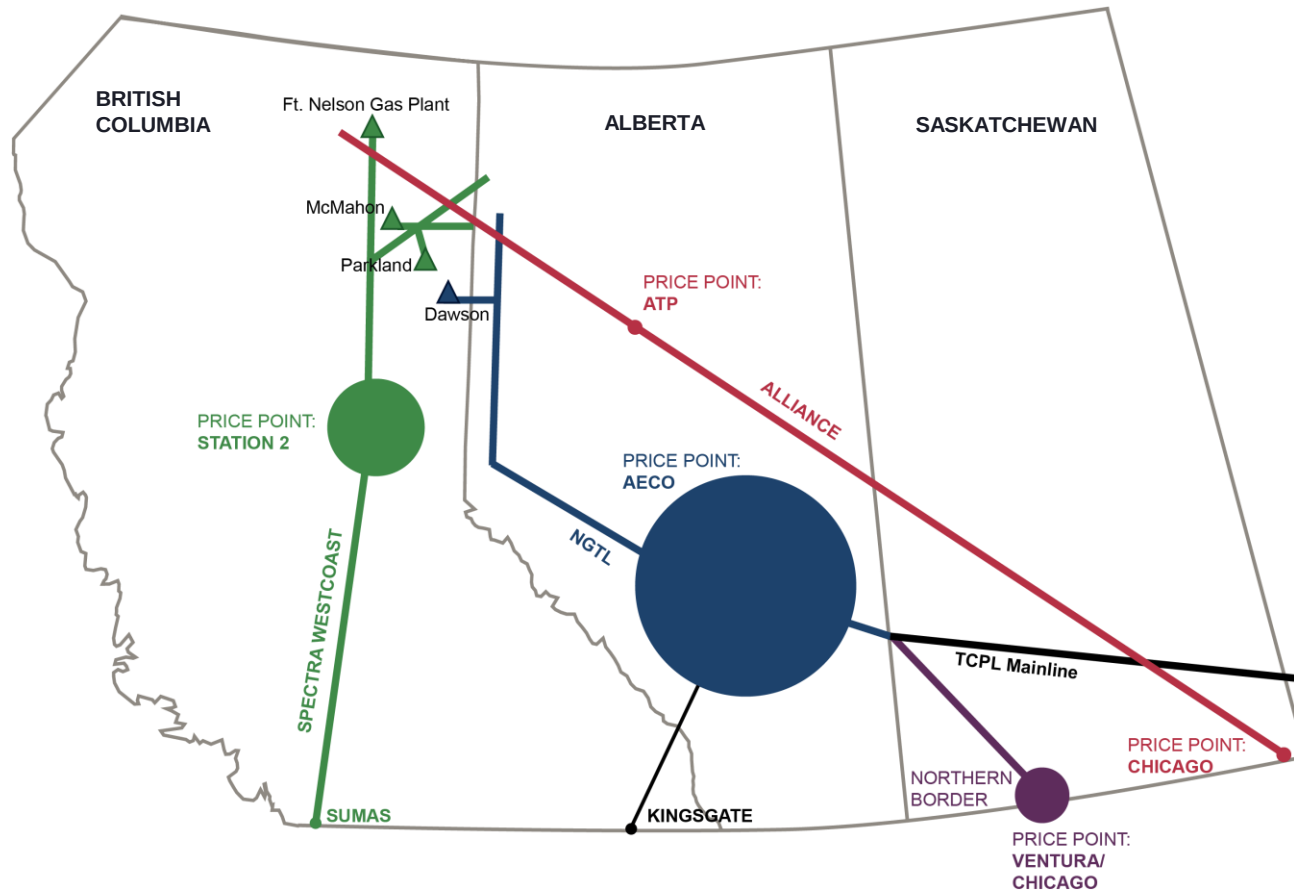


Natural Gas – Commodity Marketing

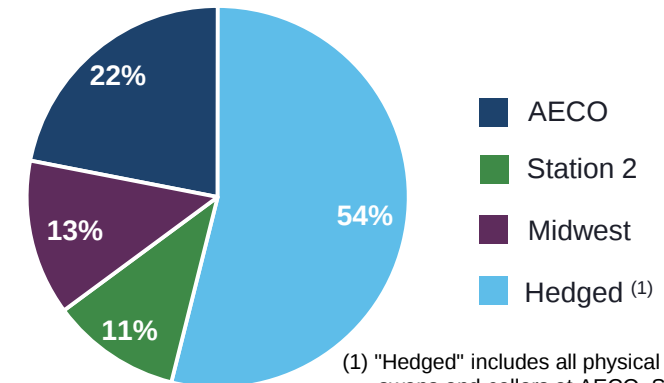


Diversified Sales Points and Purchasers of ARC's Natural Gas

- Secured **firm transportation pipeline agreements** to support existing production and future development out beyond 2019
- ARC continues to monitor market conditions to ensure its production is getting to market at optimal pricing, and is done primarily through physical diversification and financial hedging activities

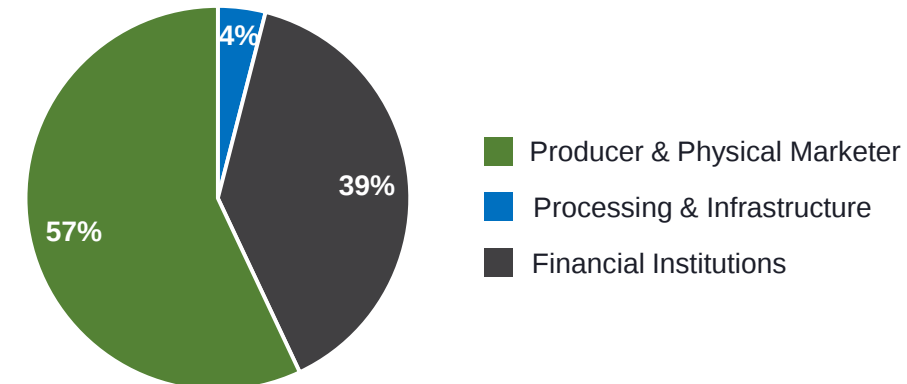


Sales Point



(1) "Hedged" includes all physical and financial fixed price swaps and collars at AECO, Station 2, and Henry Hub.

Purchasers

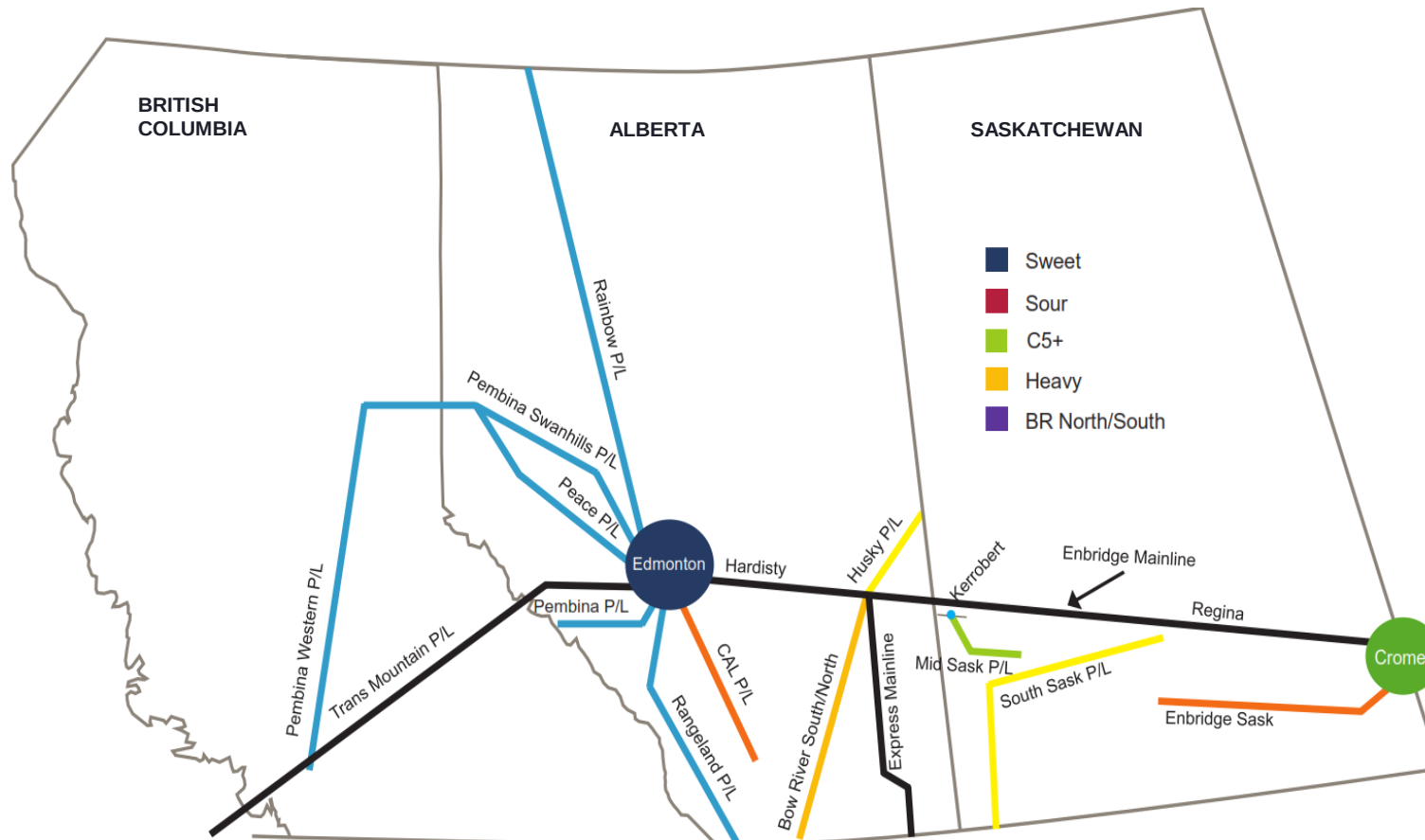


Crude Oil – Commodity Marketing

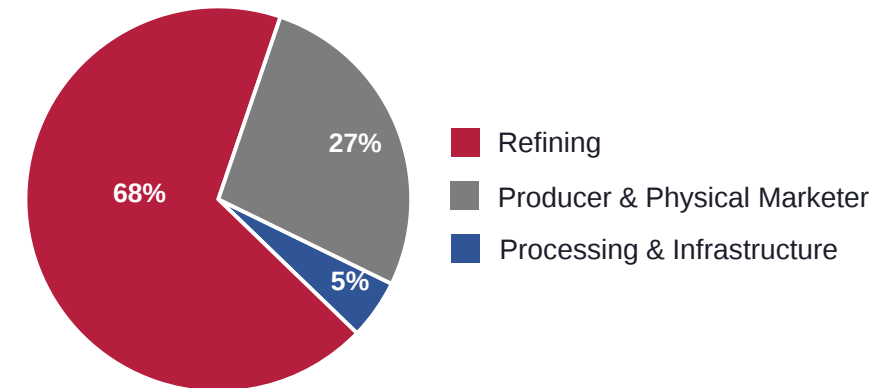


Focused on Condensate, Light and Medium Crude Oil

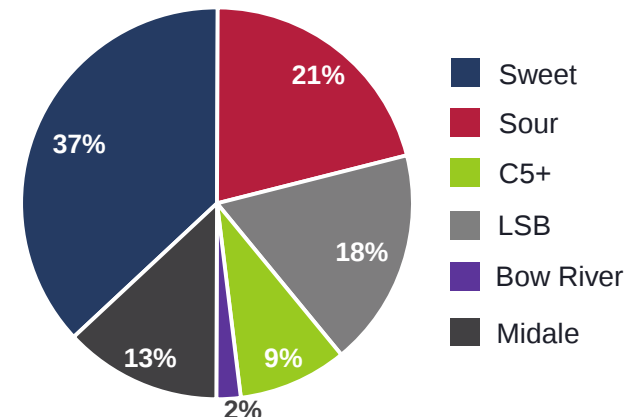
- Secured **firm transportation pipeline agreements** to support existing production and future development
- Maintain control into liquids market hubs to ensure flexibility and to optimize price



Purchasers



Production

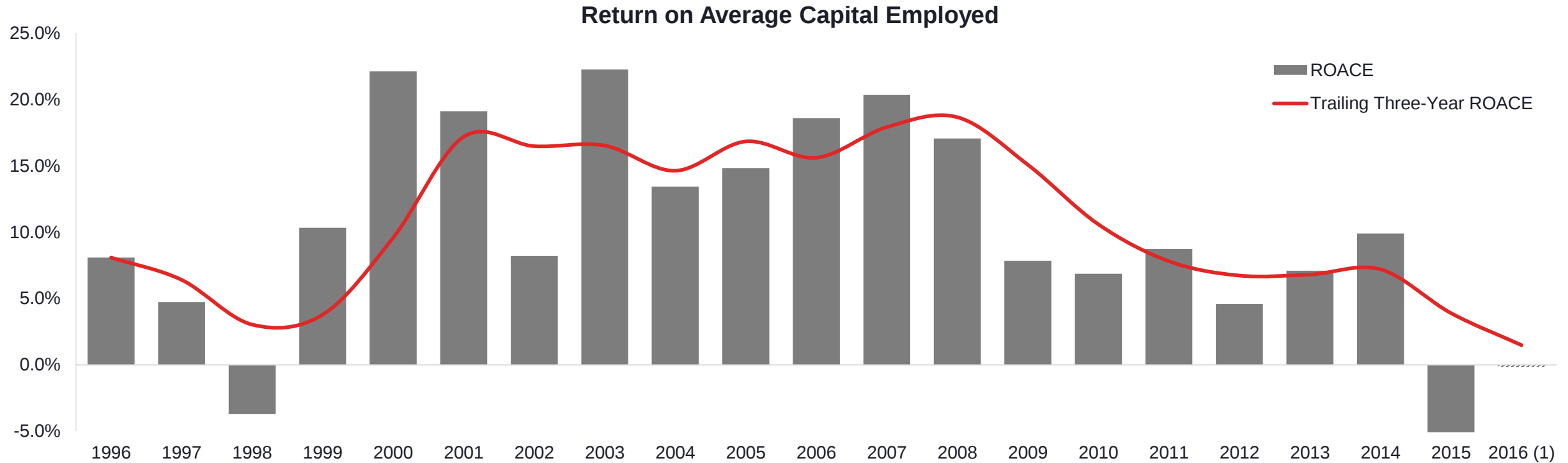


Profitable Investment



Managing a Profitable Business Through the Cycles

- ARC's high-quality assets, excellent capital efficiencies, and low operating costs have resulted in strong returns over the long term
- ARC has realized earnings of ~\$3.9 billion since inception



(1) 2016 ROACE based on annualized earnings before interest and taxes.

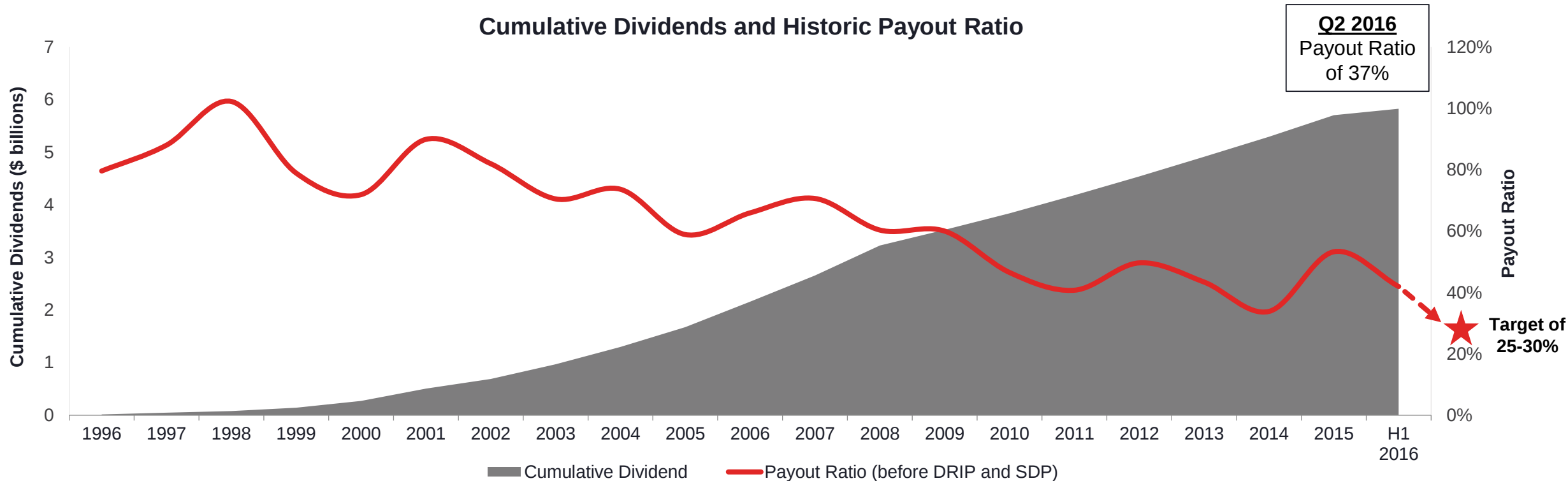
Committed to a Dividend & Business Sustainability



ARC Has Always Paid a Dividend While Delivering Value

- Robust business allows us to pay a sustainable dividend
- ~\$5.8 billion of dividends (\$32.63/share) paid since inception
- Target is to continue to reduce ARC's payout ratio to 25-30%

Cumulative Dividends and Historic Payout Ratio



- Payout Ratio is calculated as dividends before DRIP and SDP as a percentage of Funds from Operations.

Environmental, Social & Governance Performance



Creating Value Through ESG Performance

Our Commitment:

- Investment in facility upgrades and low-emissions technology drives strong performance in emissions management and intensity
- Responsible operating practices enable strong and trusting stakeholder relationships
- Long-term development plans include carbon price modeling and climate related risks and opportunities
- Dedicated internal environment team focused on efforts to mitigate our environment impact and ensure we meet or exceed regulation

Recognitions and Rankings:

- MSCI Global Sustainability Index
- Jantzi Social Index
- CDP Participant for eight consecutive years
- Globe and Mail Board Games (Ranked 48 out of 247 companies with a score of 86/100)
- Brendan Wood International (Ranked #1 in Peer Group for Confidence in Corporate Strategy)
- 2016 IR Magazine Awards: Best IR in Energy Sector, Grand Prix for Mid-Cap, Best Financial Reporting
- 2016 Canadian Coalition for Good Governance: Best Disclosure of Corporate Governance and Executive Compensation Practices



For more information, visit www.arcresponsibility.com

OPERATIONAL EXCELLENCE



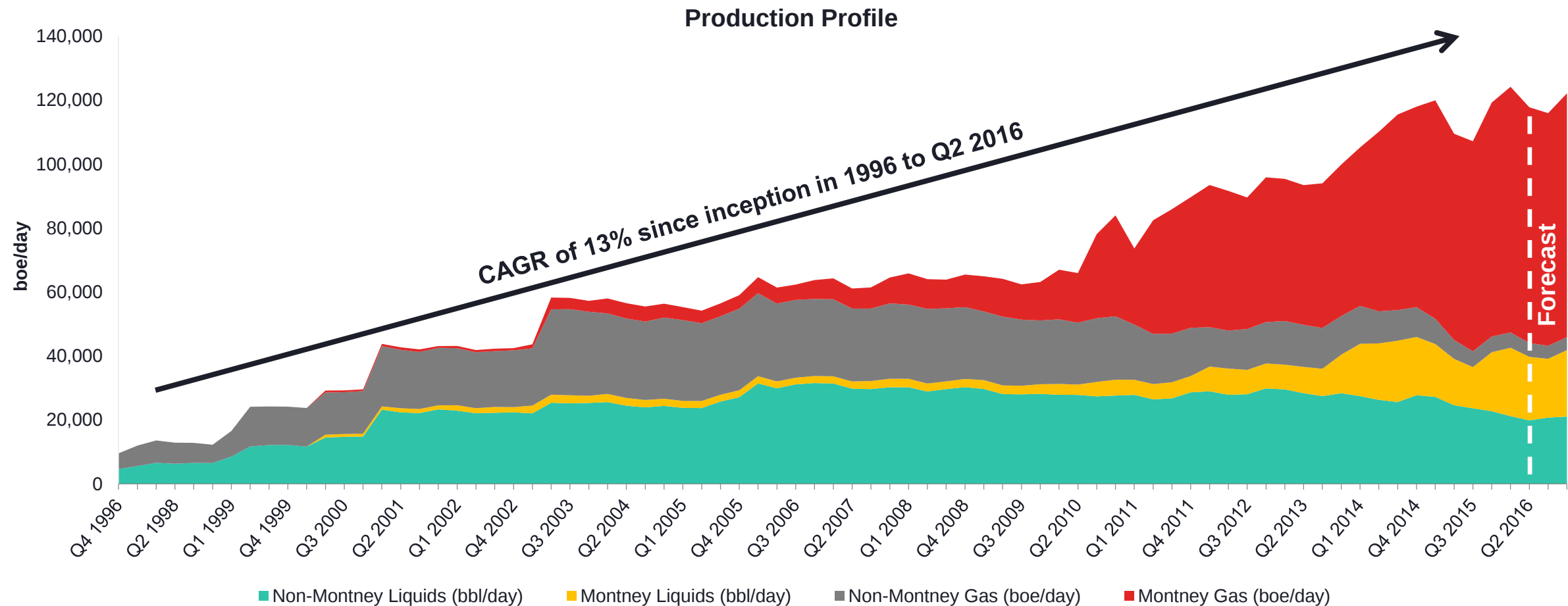
ARC RESOURCES LTD.

Risk-Managed Value Creation



Montney Assets Have Delivered Profitable Growth and Value

- Quality assets and capital discipline has resulted in >500% Montney production growth since 2009

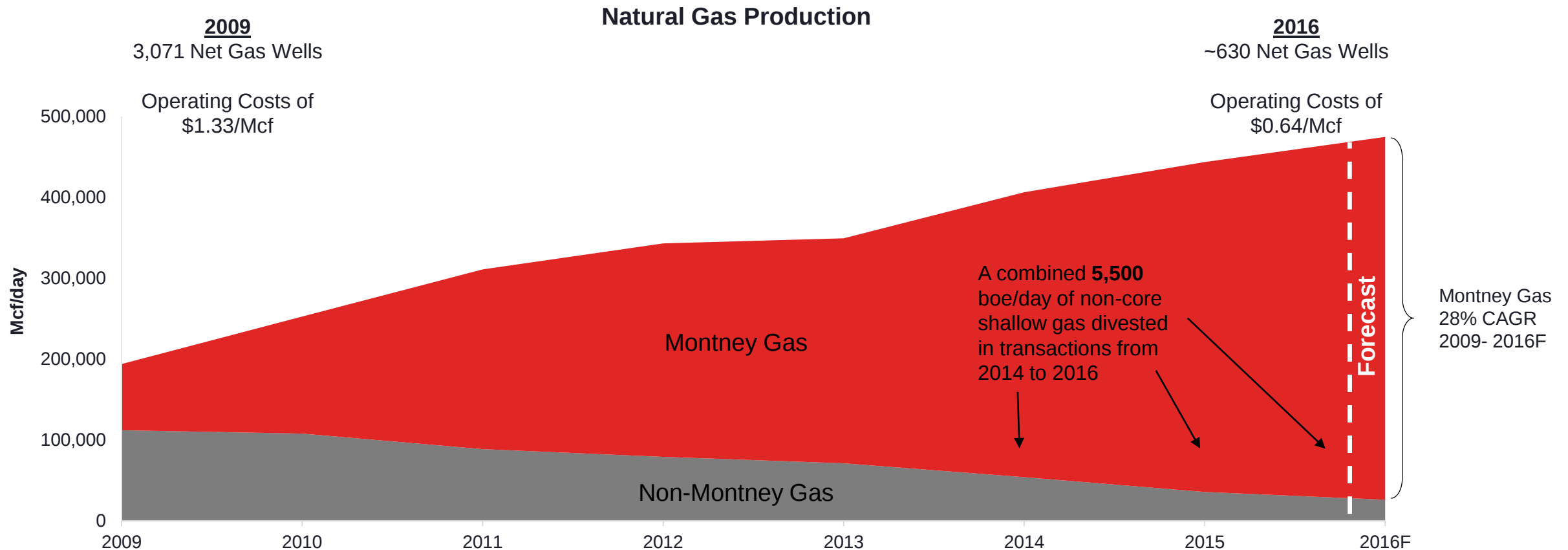


Growing Our Low Cost Gas Business



~14% CAGR⁽¹⁾ Total Natural Gas Production 2009 – 2016 Forecast

- ARC has divested of certain non-core, non-Montney shallow gas assets from 2014 to 2016 with associated production of approximately 5,500 boe/day



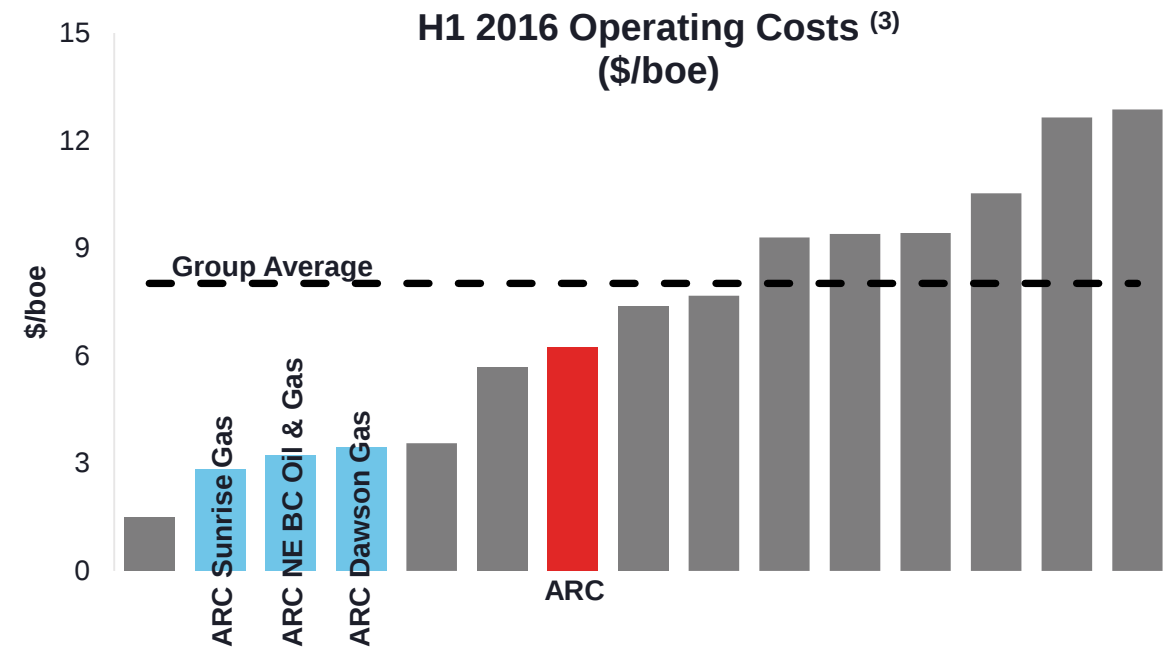
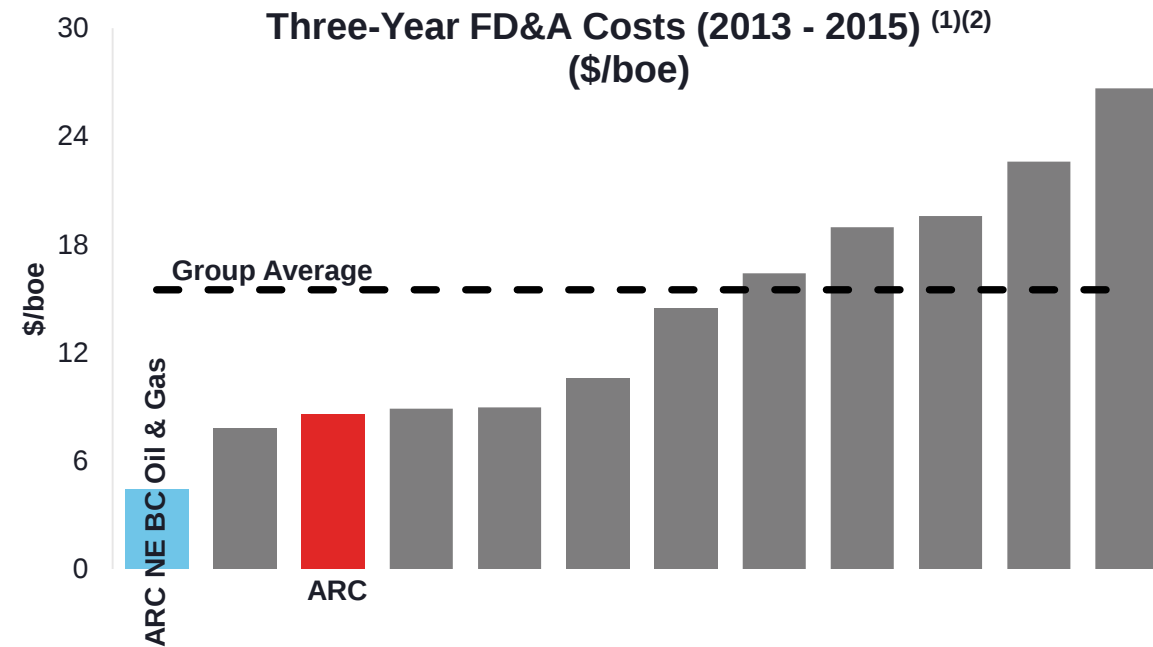
(1) Compound annual growth rate.

Cost Management



Low-Cost Producers Deliver Superior Returns over Time

- Focused assets, characterized by high working interest, operatorship and ARC-owned and operated facilities, provide control over costs and operations



• Three Year FD&A peer group includes: BNP, BTE, CPG, ERF, PEY, PGF, POU, TOU, VET, WCP.

• H1 2016 Operating Costs peer group includes: BNP, BTE, CPG, ERF, PEY, PGF, POU, PWT, TOU, VET, WCP.

(1) Three year 2P FD&A includes future development capital ("FDC"). Source: Peters & Co. "2015 Reserves Comparison" March 31, 2016.

(2) See ARC's press release issued on February 10, 2016 relating to its 2015 year-end reserves for information relating to ARC's finding and development costs.

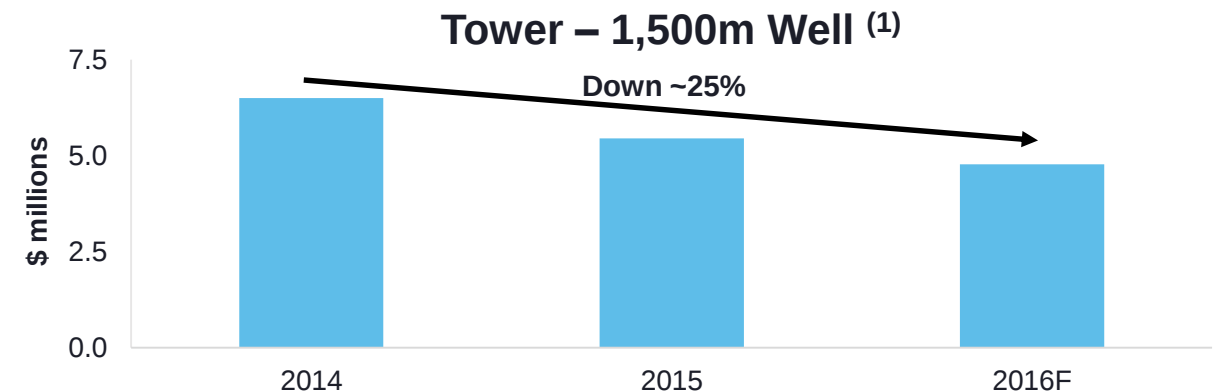
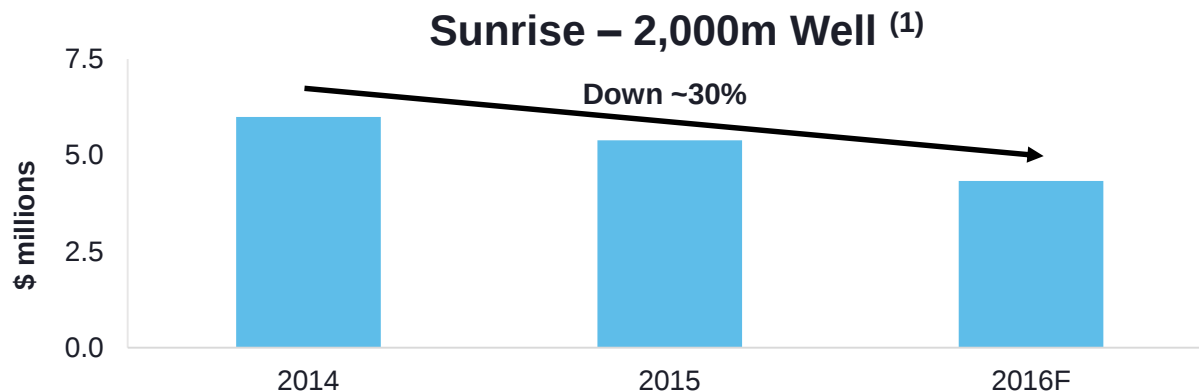
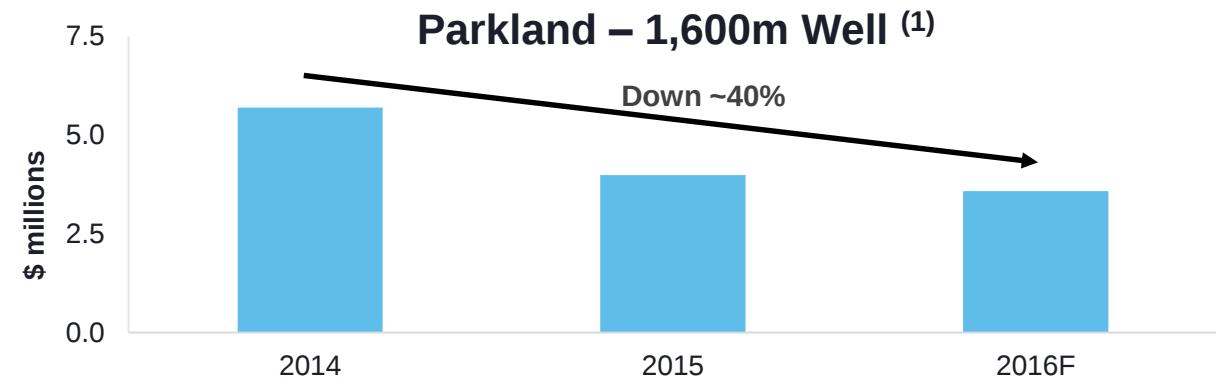
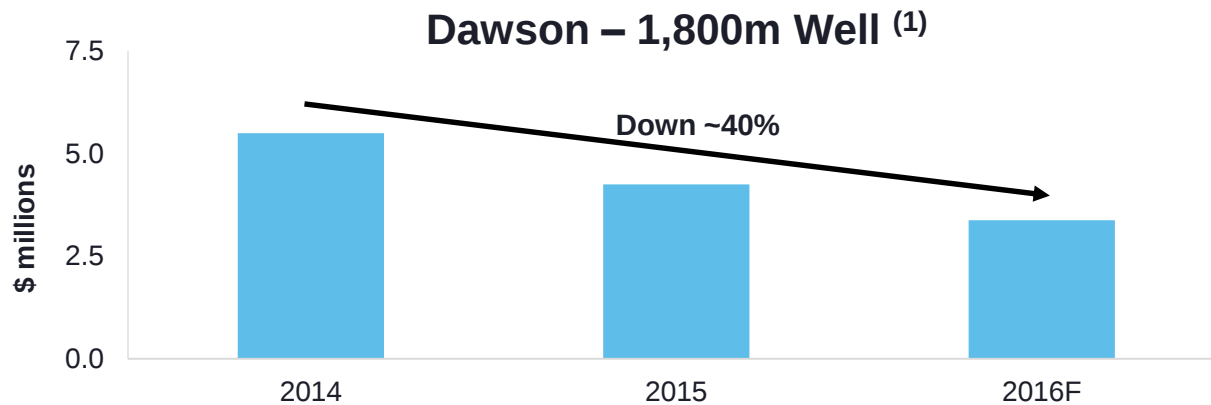
(3) Operating costs from company reports.

Improving NE BC Montney Capital Efficiencies



Forecast Future Cost and Efficiency Savings in 2016

- ARC continues to incorporate efficiencies realized from its 2014 and 2015 capital programs and expects further service cost reductions in 2016

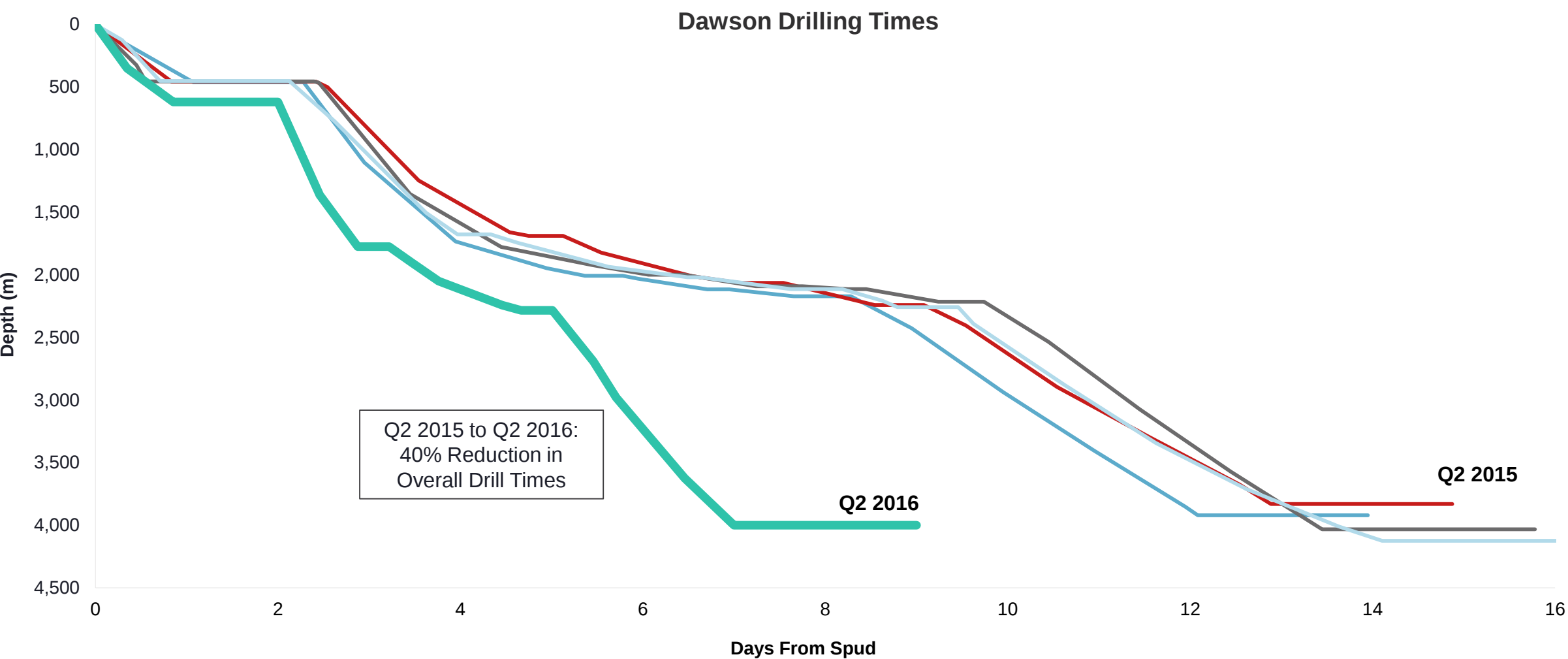


(1) Drill/Complete/Equip costs per well.

Montney – Reduced Drilling Times



Applying Learnings from Tower and Sunrise to Dawson for Reduced Drilling Times and Cost Savings



PORTFOLIO STRATEGY

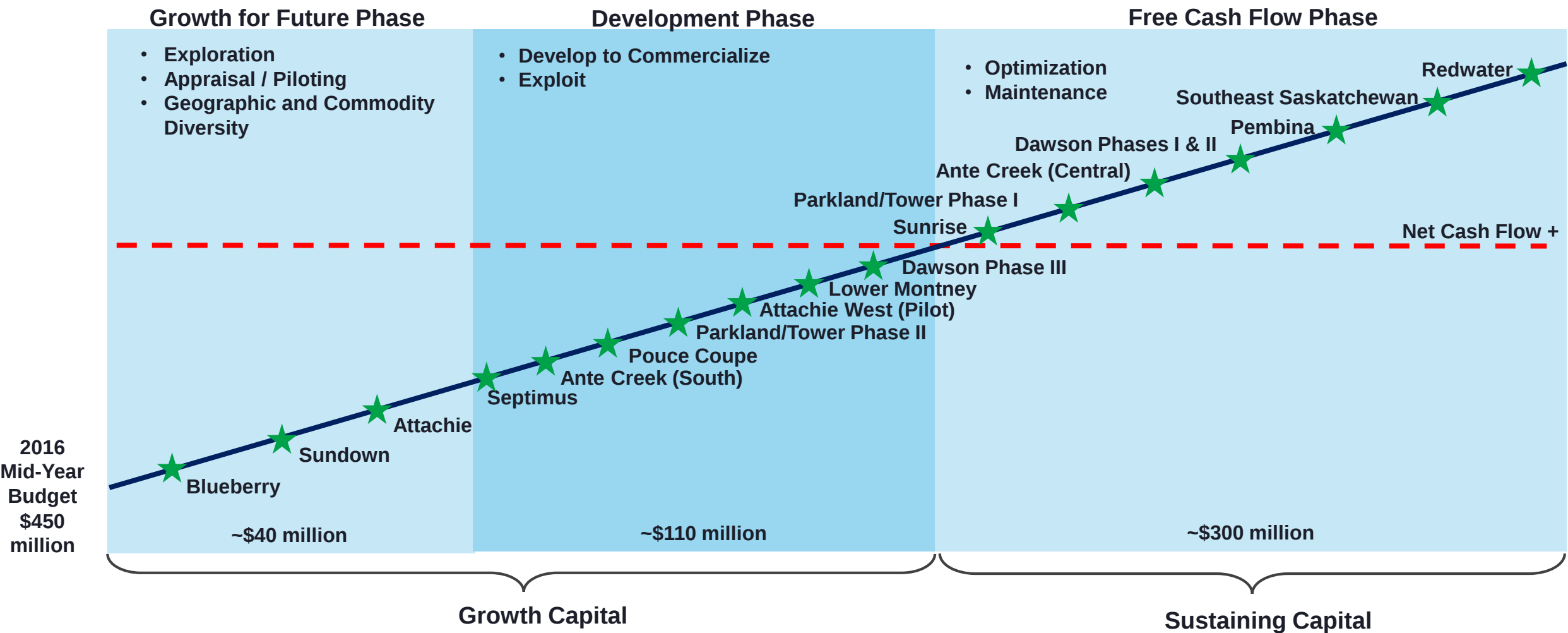


ARC RESOURCES LTD.

Proven Development Model



Inventory at All Stages Allows for Self-Funding and Full Cycle ROACE Across Portfolio



2016 Mid-Year Budget



\$450 Million 2016 Capital Budget



Progress Construction of Dawson Phase III

- Expected to be on-stream in late 2017



Investment at Attachie and Tower

- Continue to delineate play with two drills at Attachie West and two appraisal wells at Attachie East
- Increased drilling and completions activities at Tower
- Parkland/Tower Phase II selected as next major capital project



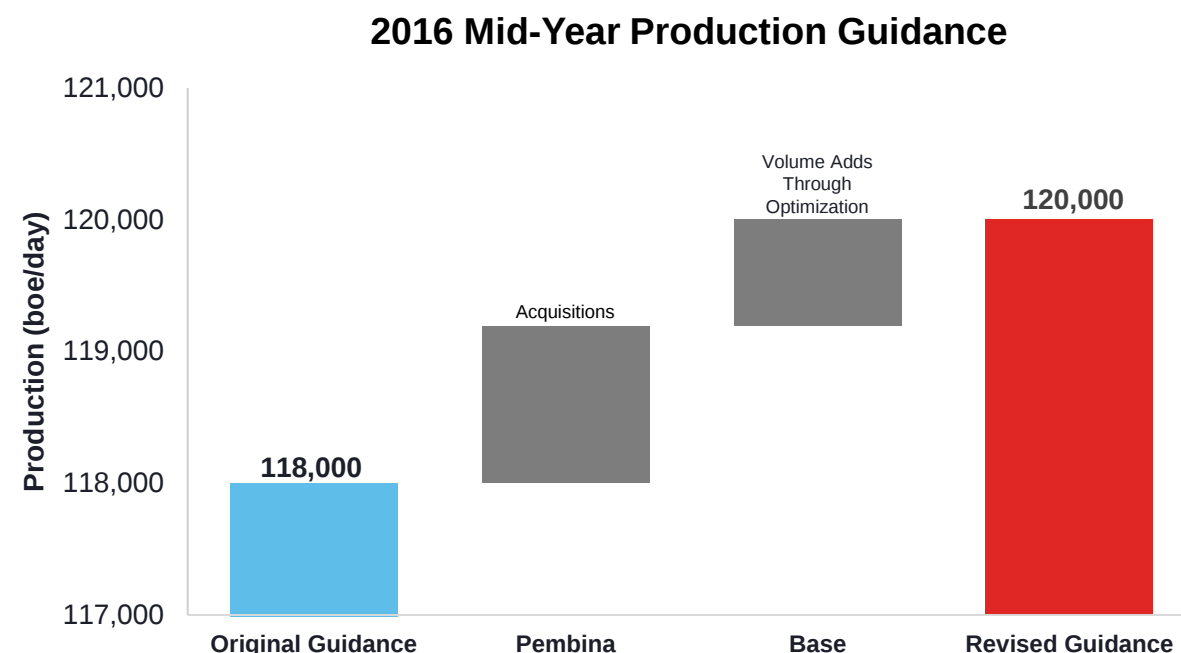
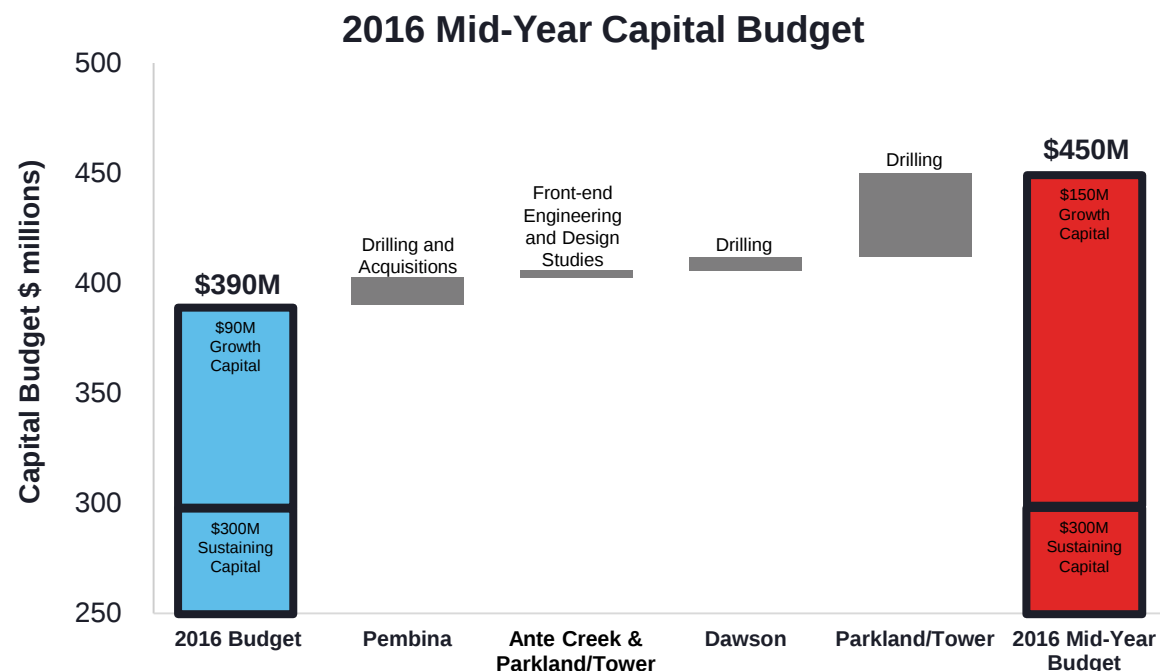
Investment in Alberta

- Drilling to resume at Ante Creek and Pembina

2016 Mid-Year Budget



Capital Expenditures and Volume Reconciliation

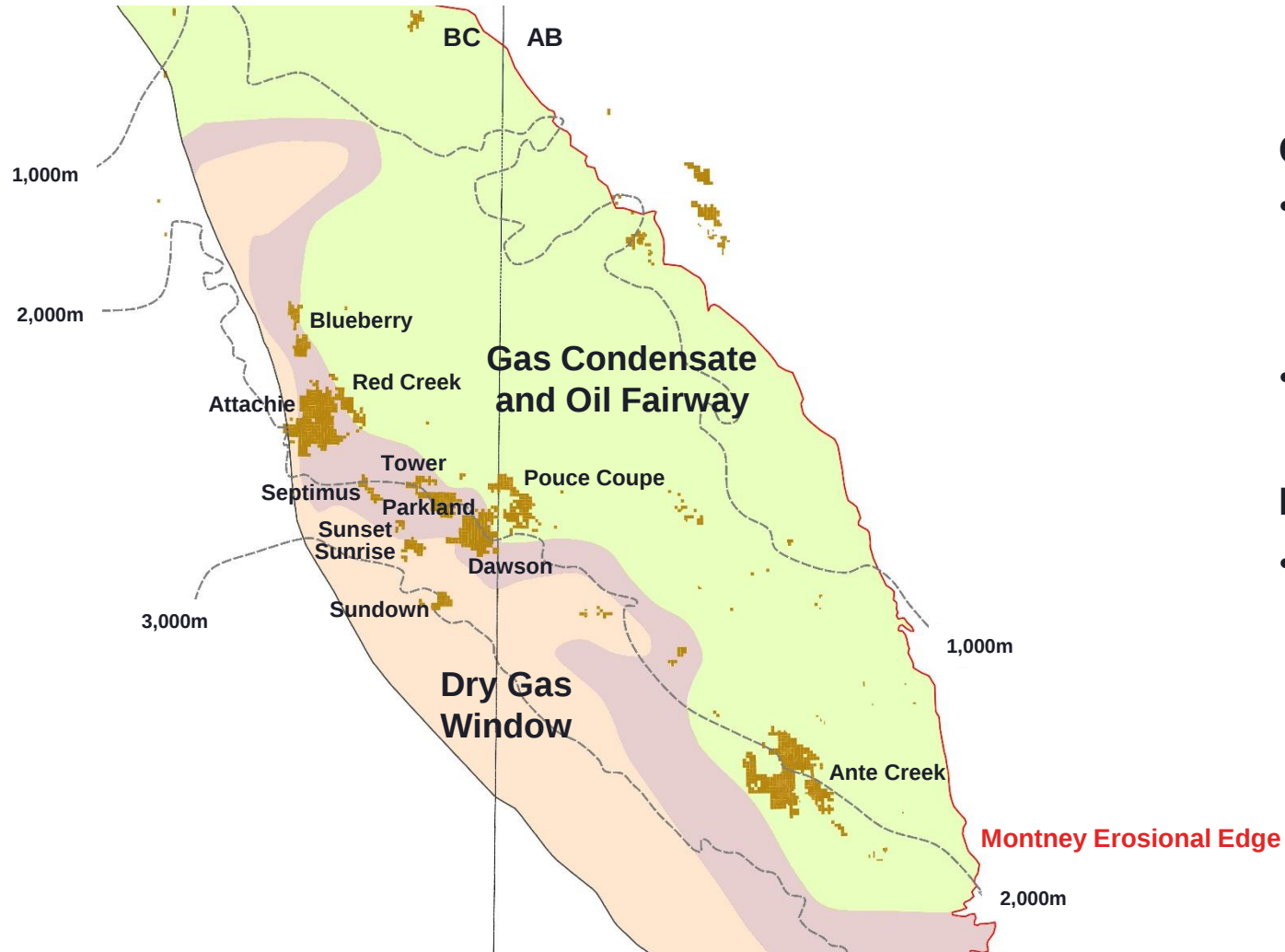


- **Acquisitions & Dispositions:** Q2 and Q3 2016 Cardium acquisitions add volumes to H2 2016
- **Capital Phasing:** In response to low oil prices early in the year, Tower drilling was delayed requiring additional wells in H2 2016
- **Unplanned Outages:** Transportation interruptions in Q2 2016 resulted in reduced gas volumes at Sunrise
- **Capital Additions:** Additional Growth Capital was added to the mid-year budget and includes front-end engineering and design expenditures at Ante Creek and Parkland/Tower, as well as drilling capital at Pembina, Dawson Phase III and Tower

Montney Growth Assets



ARC's Montney Assets Are Strategically Located



Geographic Optionality

- Proximity of ARC Montney land base enables:
 - Capital & operating efficiencies
 - Application of learnings across areas
- Holds ~1,200 net Montney sections

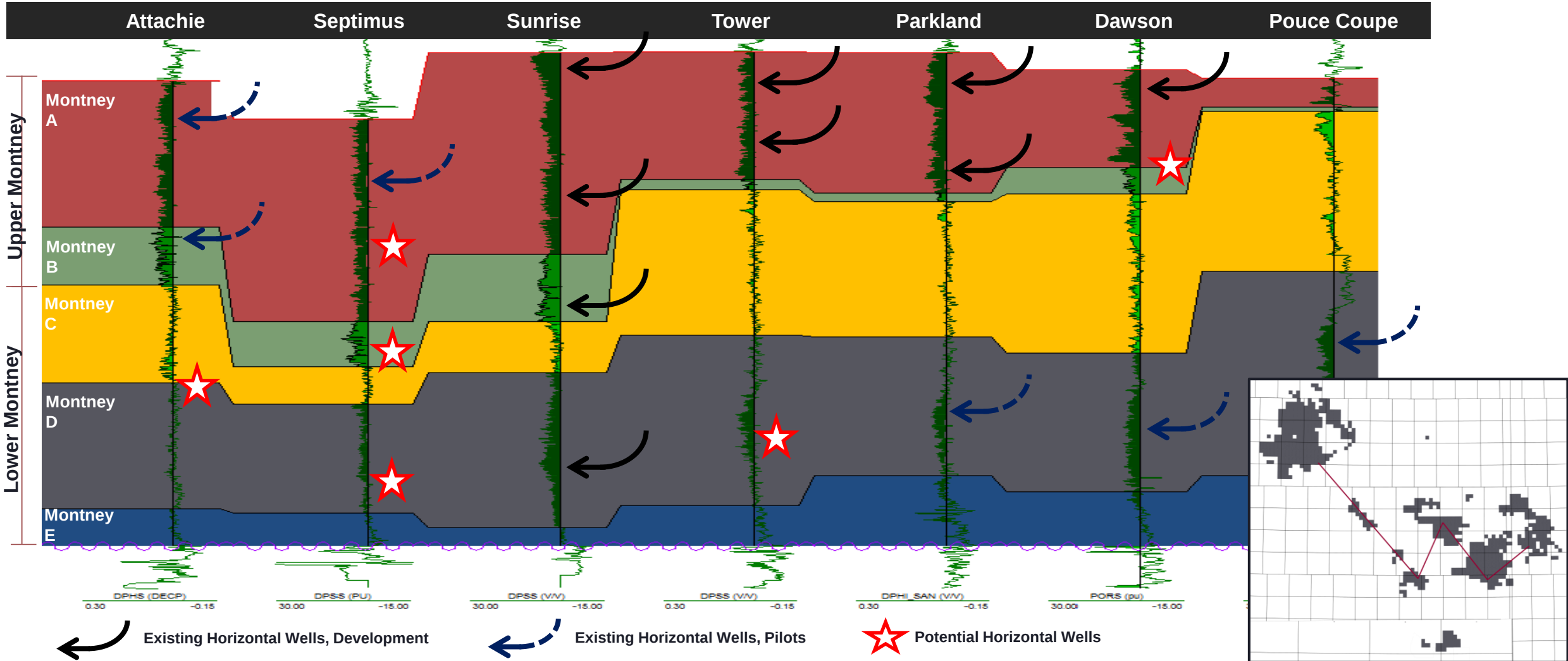
Egress Optionality

- Dual-connected ARC facilities allow for take-away optionality in well-served area with three major pipelines providing access to North American markets

Multiple Layers to Develop



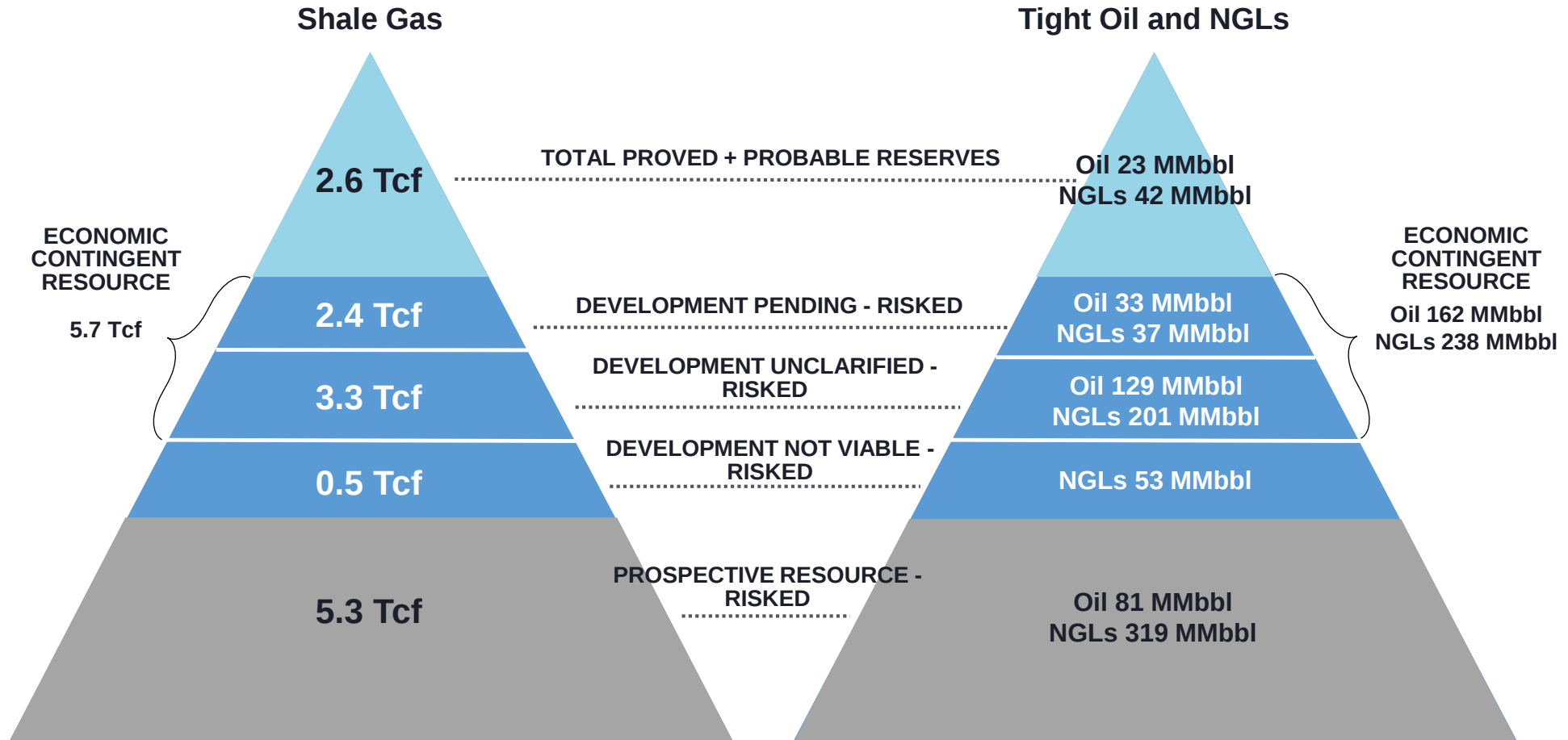
Significant Future Delineation Opportunities



NE BC Montney Reserves and Risked Resources



NE BC Montney TPIIP: 90 Tcf of Shale Gas and 9.7 Billion Barrels of Oil



YE 2014 Unrisked ECR included 4.9 Tcf of natural gas, 143 MMbbl of NGLs and 35 MMbbl of crude oil.

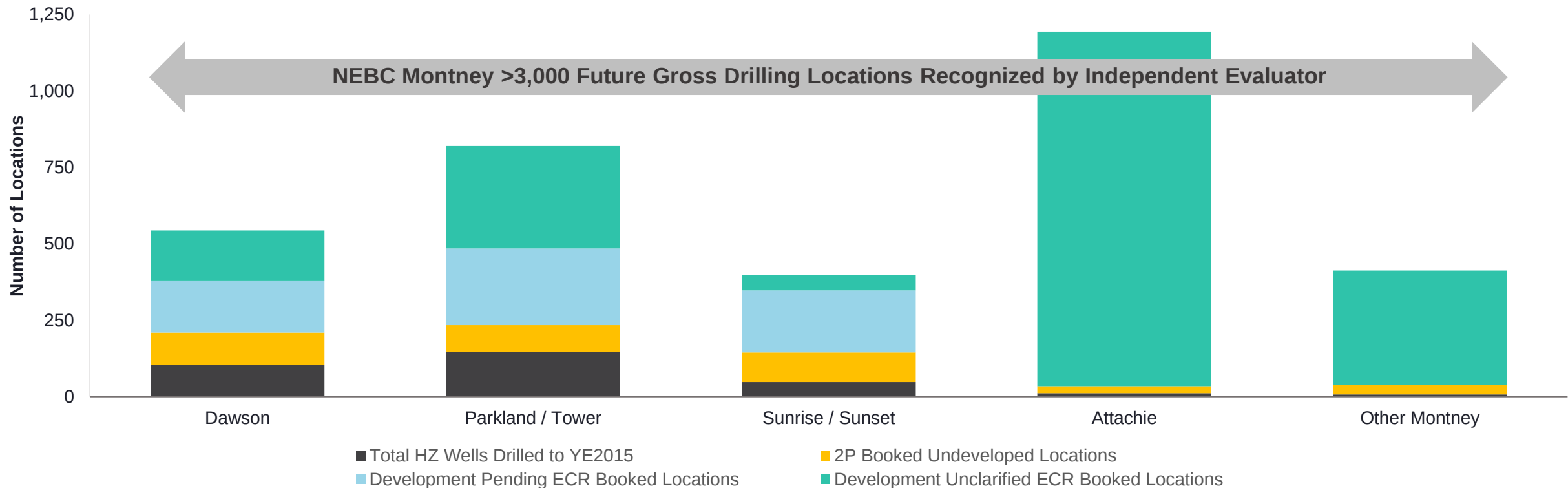
- Independent Resources Evaluation conducted by GLJ effective December 31, 2015.
- Contingent Resource and Prospective Resource quoted are Best Estimate case.
- For Development Pending NPV calculations and full Resource disclosure please refer to ARC's reserves news release dated February 10, 2016 regarding Reserves and Resources.

Early Stages of Property Development*



Large Identified Opportunity for Future Value Creation

- Inclusive of internally identified locations in NEBC and Ante Creek, ~5,000 potential future drilling opportunities exist within the Montney
- Pembina area has ~600 future drilling opportunities in the Cardium



- Subject to change based on technology and economic environment.

Montney Development Economics



Strong Rates of Return Across the Montney Portfolio

Dawson



Sunrise



Parkland



Tower



Ante Creek



Half Cycle Economics

**C\$55/bbl MSW
C\$2.50/GJ AECO**

75% IRR
4.2x Recycle Ratio
\$1.25/Mcf Breakeven

45% IRR
4.5x Recycle Ratio
\$1.60/Mcf Breakeven

50% IRR
3.8x Recycle Ratio
\$1.15/Mcf Breakeven

40% IRR
2.5x Recycle Ratio
\$30/bbl Breakeven

30% IRR
2.9x Recycle Ratio
\$30/bbl Breakeven

**C\$65/bbl MSW
C\$2.50/GJ AECO**

60% IRR
3.0x Recycle Ratio
\$30/bbl Breakeven

40% IRR
3.3x Recycle Ratio
\$30/bbl Breakeven

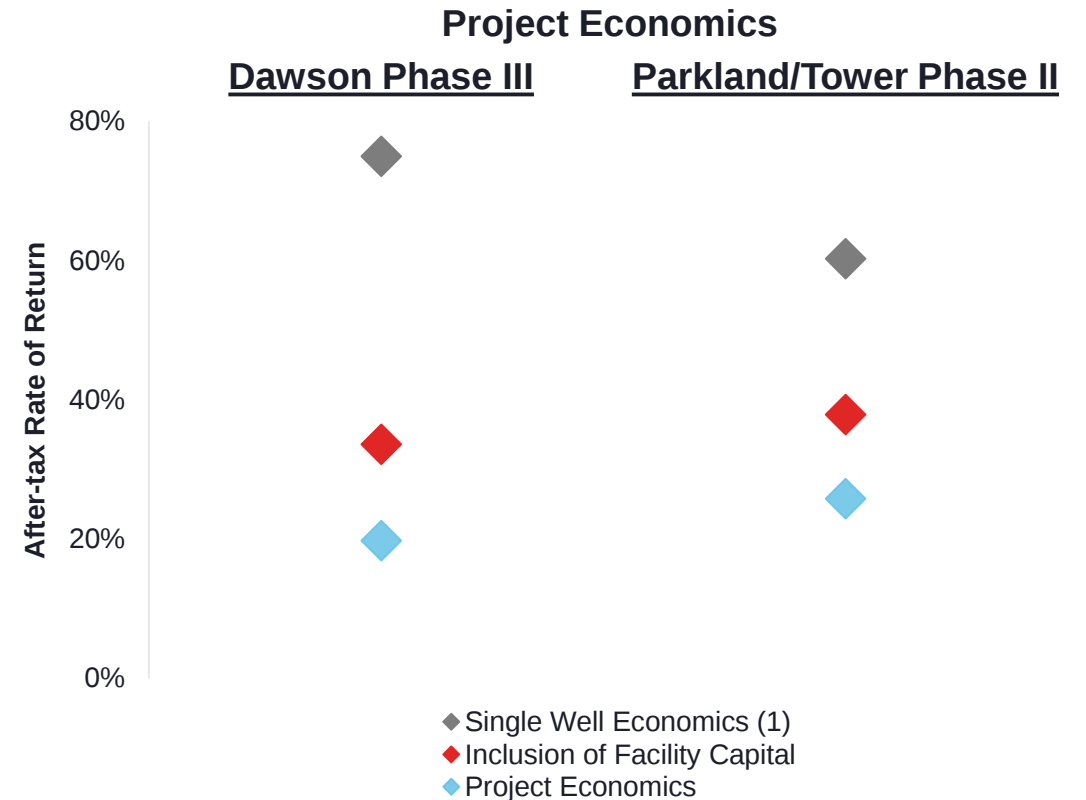
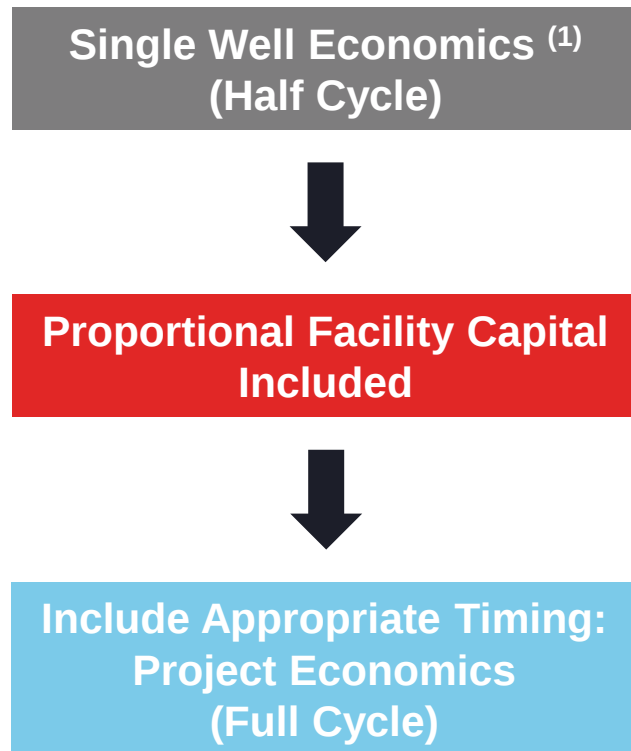
- Economics run at flat price forecasts with Cdn\$55/bbl or Cdn\$65/bbl Edmonton Sweet (MSW) and Cdn\$2.50/GJ AECO.
- Breakeven prices are Cdn\$ per barrel or Mcf as indicated. Breakeven is defined as the price at which NPV10 is equal to zero.
- Recycle ratio is calculated using first 12 months of undiscounted netback divided by F&D.
- Tower well economics are based on 1,500 m lateral length.

Montney Full Cycle Economics – Dawson & Tower



Robust Project Economics for Next Growth Platforms

- Significant drilling results and large inventory of future drilling locations provides support for favourable economics at Dawson Phase III and Parkland/Tower Phase II.



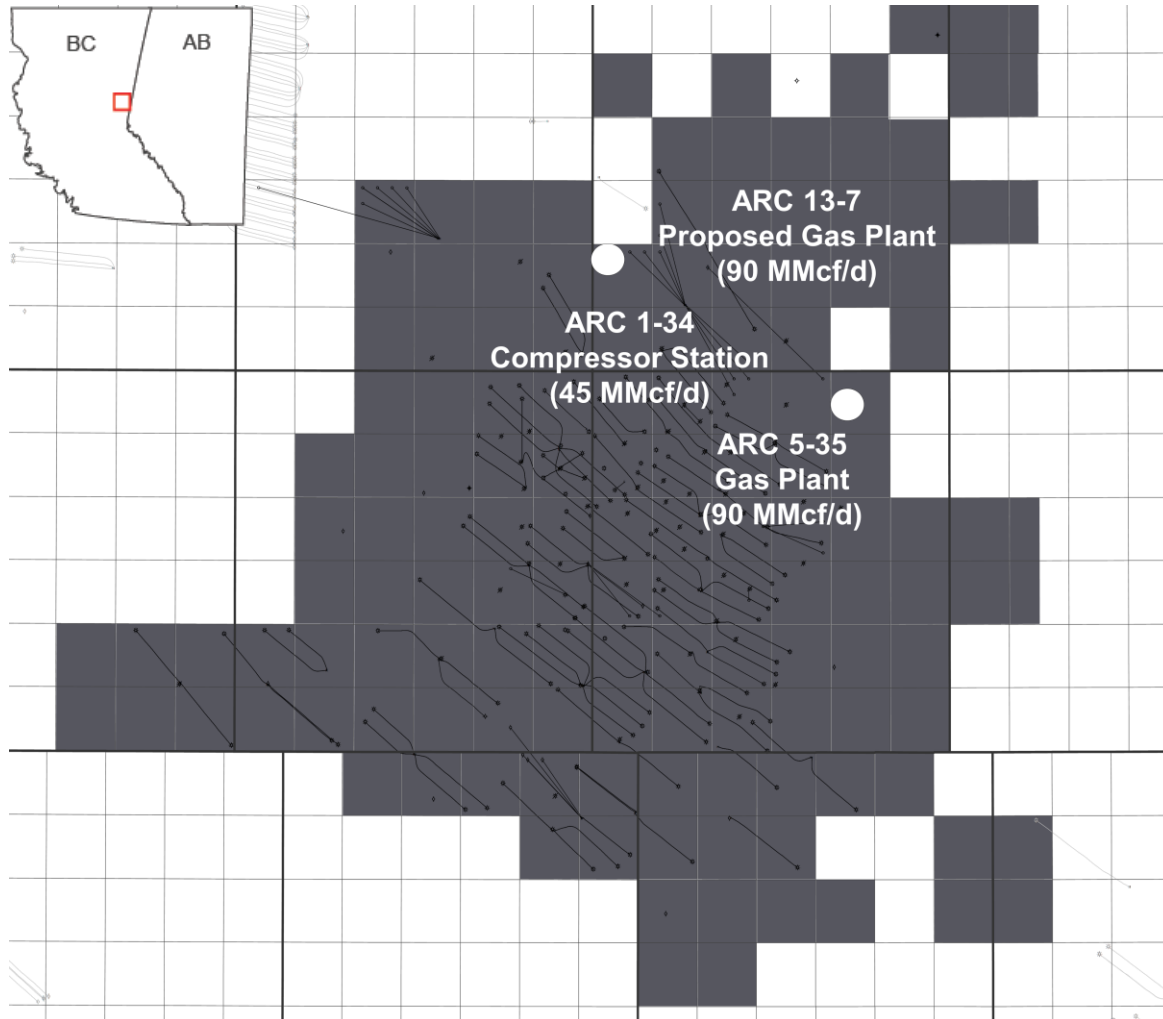
Economics run at Cdn\$55/bbl Edmonton Sweet (MSW) and Cdn\$2.50/GJ AECO flat pricing. Economics have been normalized to a 10-year project life.

(1) Single well economics are a blended average across the field, including a variety of well lengths.

Dawson – Asset Details



Poised for Next Stage of Development



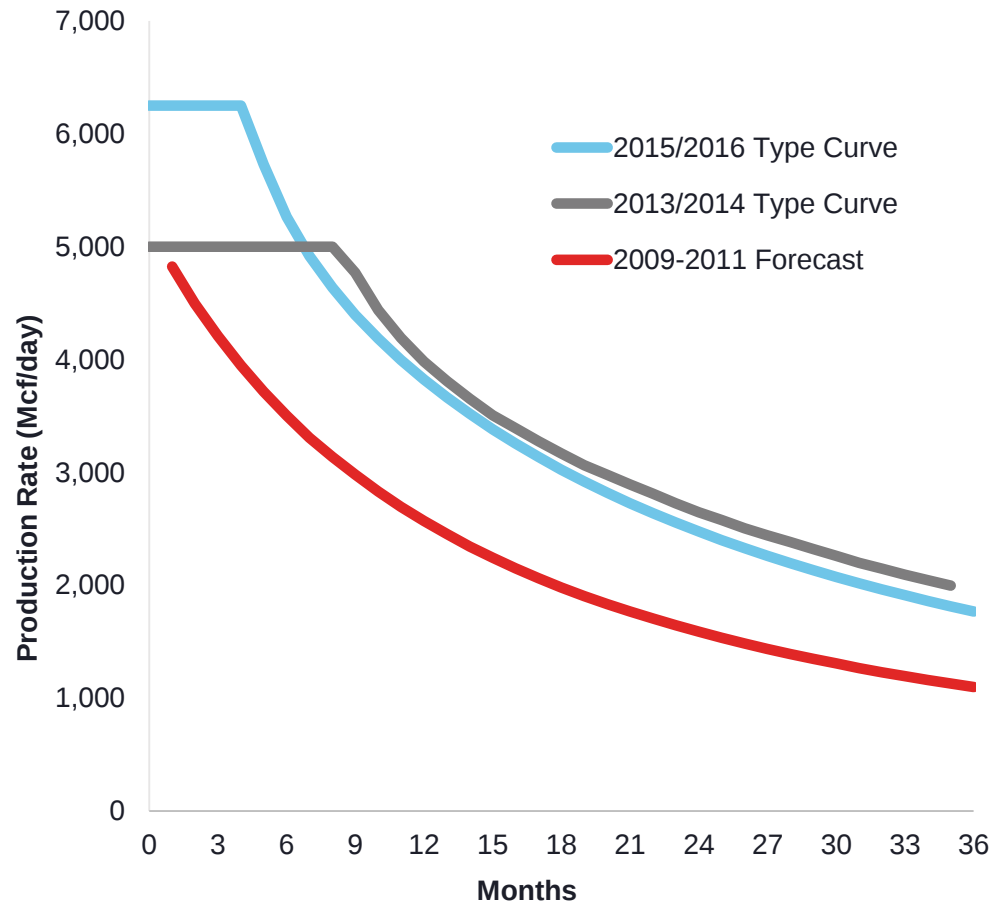
Net Production (boe/day) – Q2 2016	28,860
Liquids (bbl/day)	1,100
Gas (MMcf/day)	167
Production Split % (Liquids/Gas)	~96% Gas
Land (Montney Net Sections)	135
Working Interest	~97%
Reserves (2P MMboe)	175
Liquids (MMbbl)	18.4
Gas (Bcf)	938
Reserve Life Index (Years)	16

Year	2014	2015	2016 Mid-Year Budget
# H ₂ Wells Drilled	13	7	11

Dawson – Gas Type Curve Growth



Continuous Improvement in Well Performance



Key Metrics

DCET Capex/well (\$ millions)

Internal 2P Reserves (Bcfe)

IP (1 month) (MMcf/day)

IP (12 months) (MMcf/day)

Half Cycle Economics

IRR (%AT)

2016 Budget

4.2

7.4

6.2

5.4

C\$55/bbl &

C\$2.50/GJ

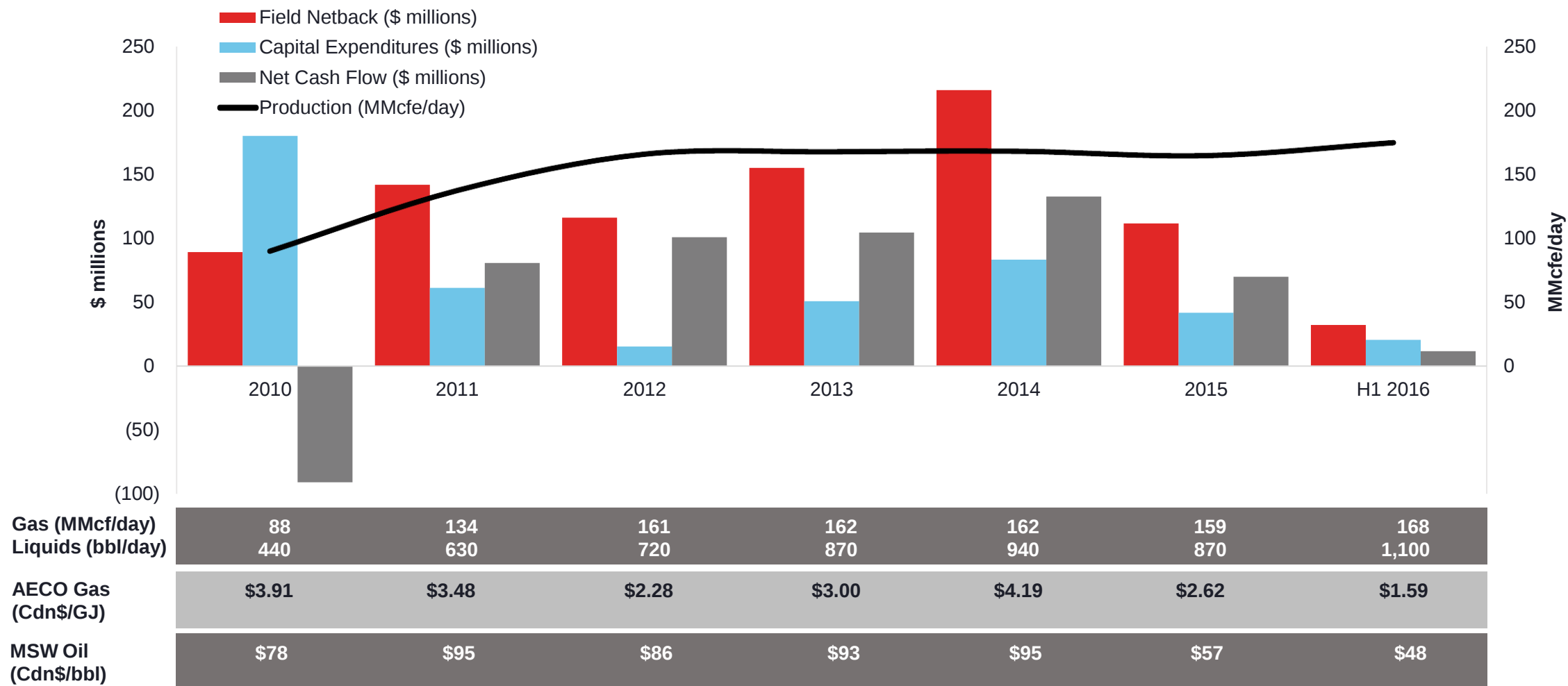
75%

- Type curves are internal estimates based on analog wells and reservoir modeling.
- Assumed cycle time (from spud to on production): 4 months.

Dawson – Sustainable Cash Flow Model



Low Reinvestment Ratio to Maintain Significant Free Cash Flow



• Excludes capital expenditures for Dawson Phase III.

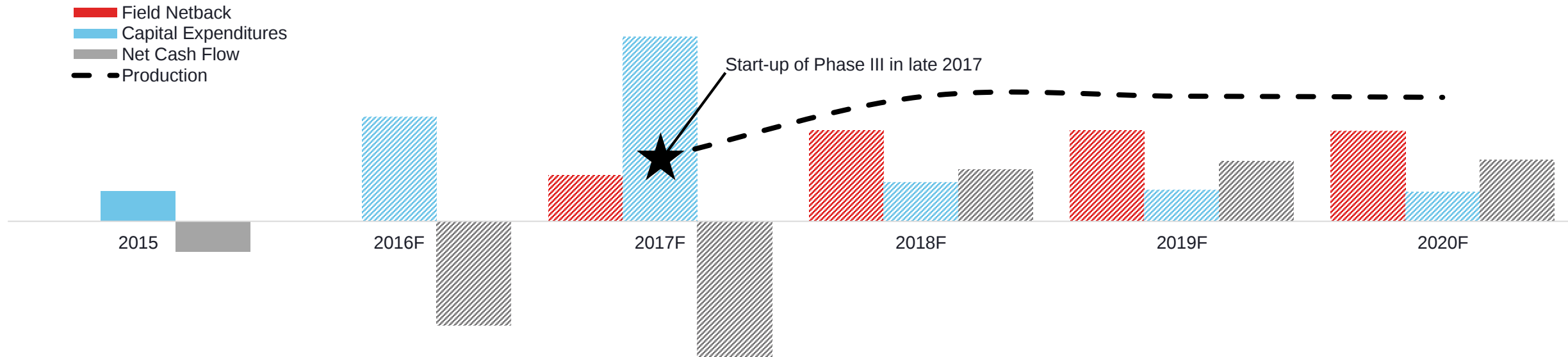
Dawson – Phase III Projected Cash Flows



Replicating Sustainable Business Model at Low Reinvestment Rates

Development Timeline:

- 2015 to 2017: Facility and infrastructure spending
- 2017: Pre-drill ~20 feeder wells to fill facility
- 2018: Drill ~10 wells to offset initial declines
- 2019 and beyond: Drill ~5 wells per year to sustain business

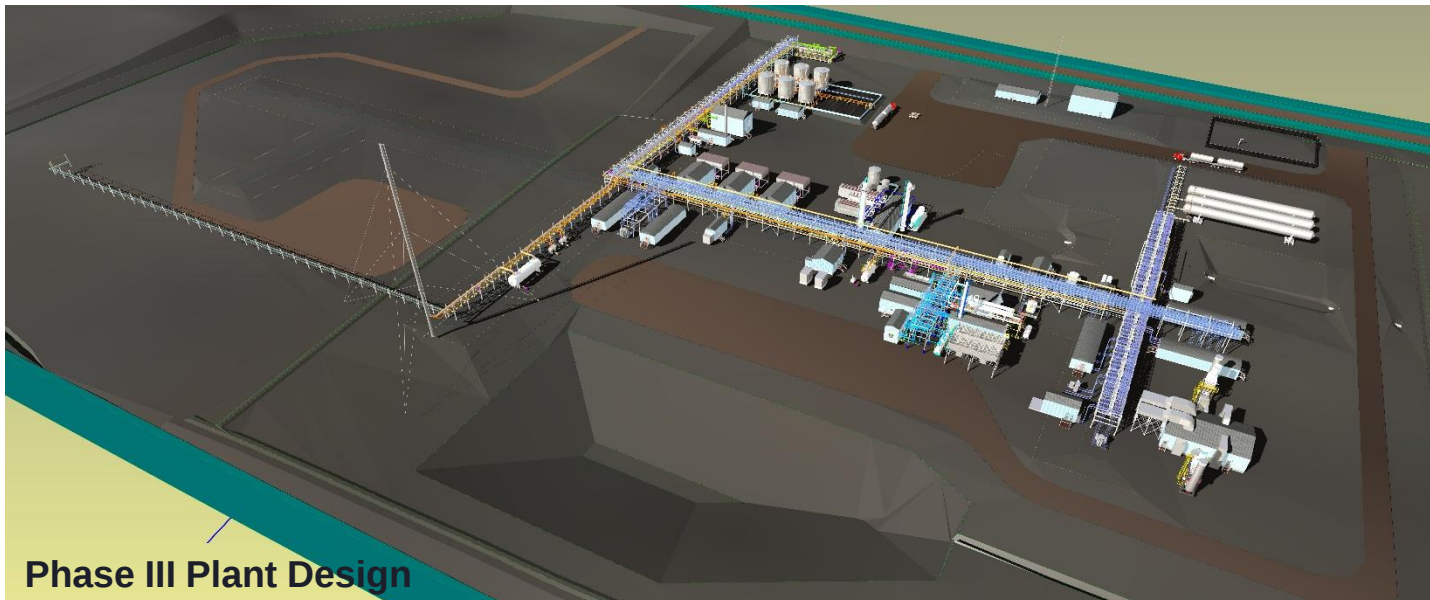


Dawson – Phase III Plant



Construction of Dawson Phase III Underway

- Dawson Phase III Sour Gas Plant with 90 MMcf per day of gas and 7,500 barrels of liquids-handling sales capacity approved by the BC Oil and Gas Commission in September
 - Liquids production will initially be below design capacity until the Lower Montney is delineated and wells with higher liquids content are drilled
- Procurement of long-lead equipment complete, equipment fabrication ongoing, and two service wells drilled and completed
- Total gas processing capacity in Dawson is expected to be 255 MMcf per day and over 8,500 barrels per day of liquids-handling once the plant is built

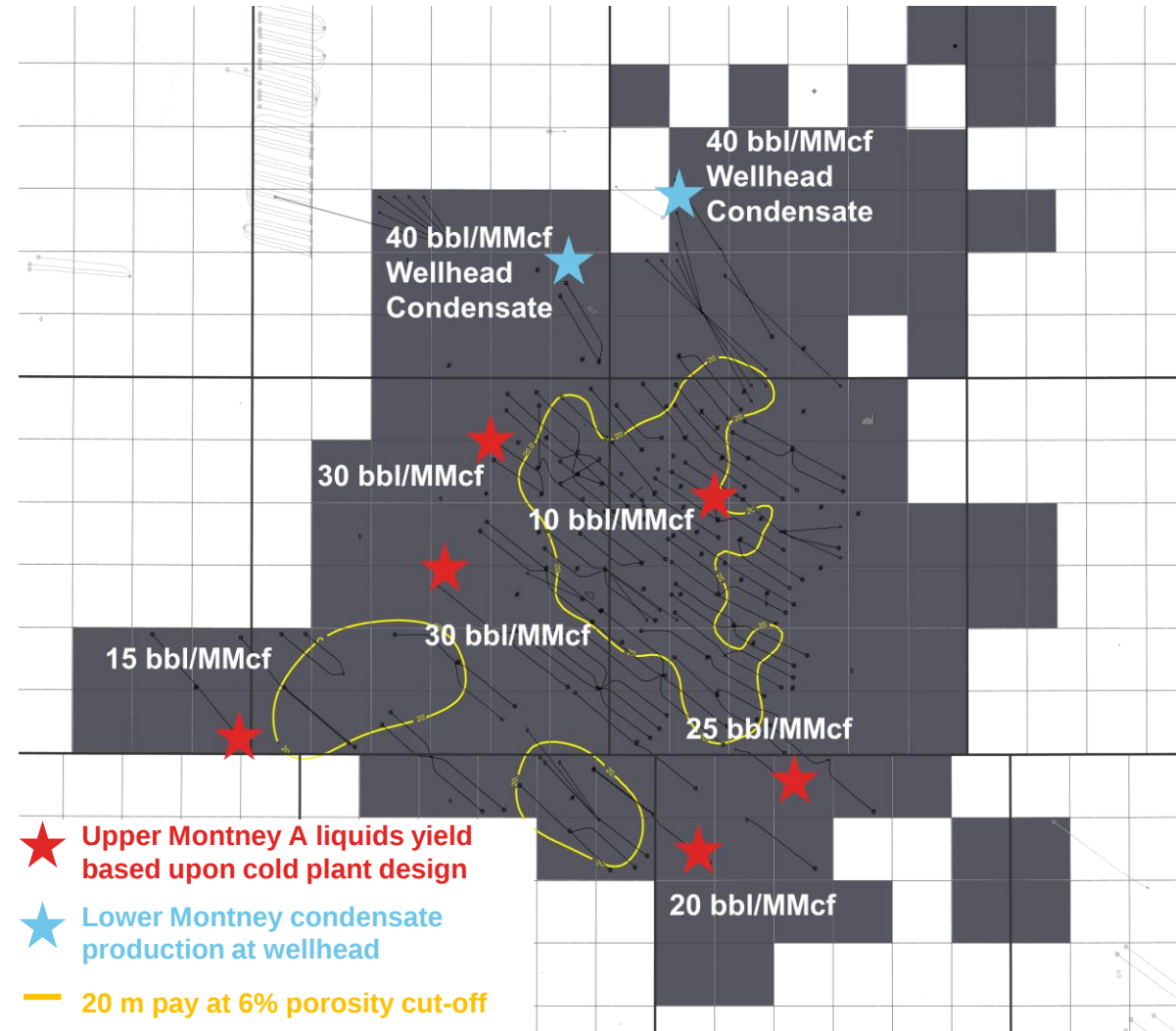


Dawson – Natural Gas Liquids Potential



Finding Higher Liquids With Move Away From Dawson Core

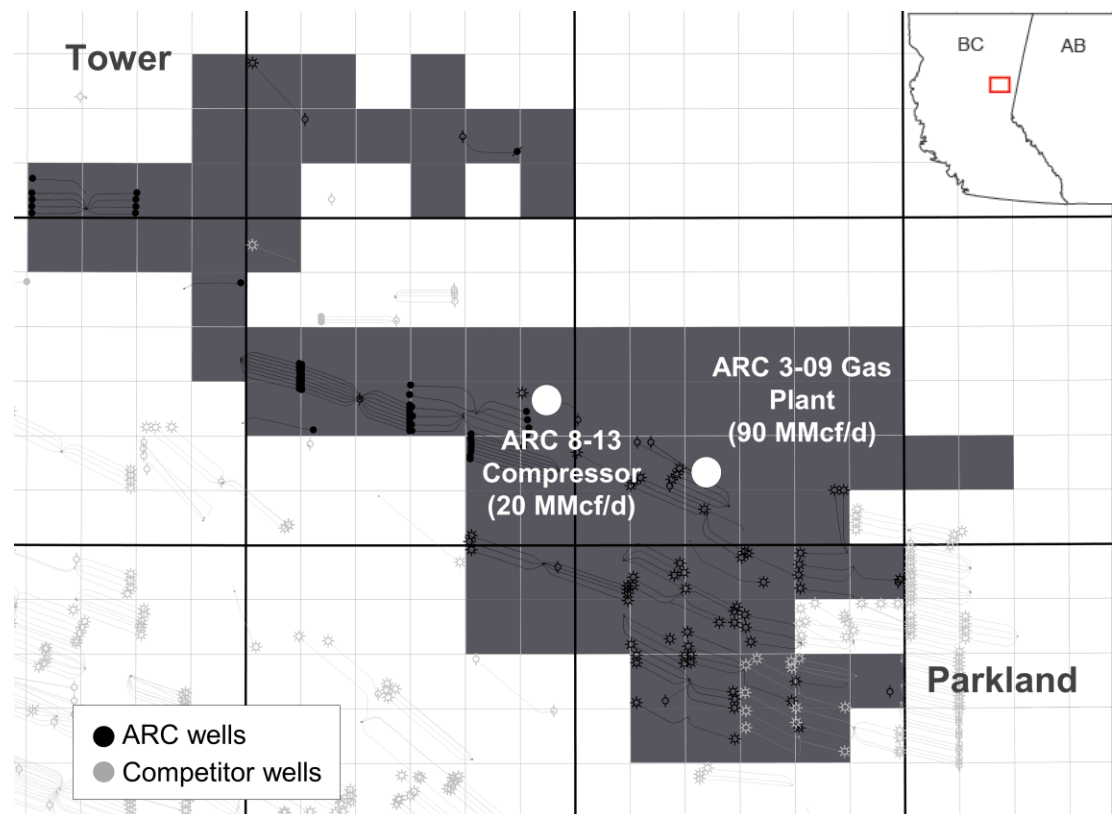
- Liquids ratio at Dawson varies across Upper and Lower Montney
- Majority of development to-date focused on the Upper Montney A, which has lower liquids yields (core is defined by yellow contours on map)
- New gas plant planned for 2017 will support development of Upper Montney outside of core and Lower Montney – both have higher liquids yields



Parkland/Tower – Asset Details



Significant Value Creation



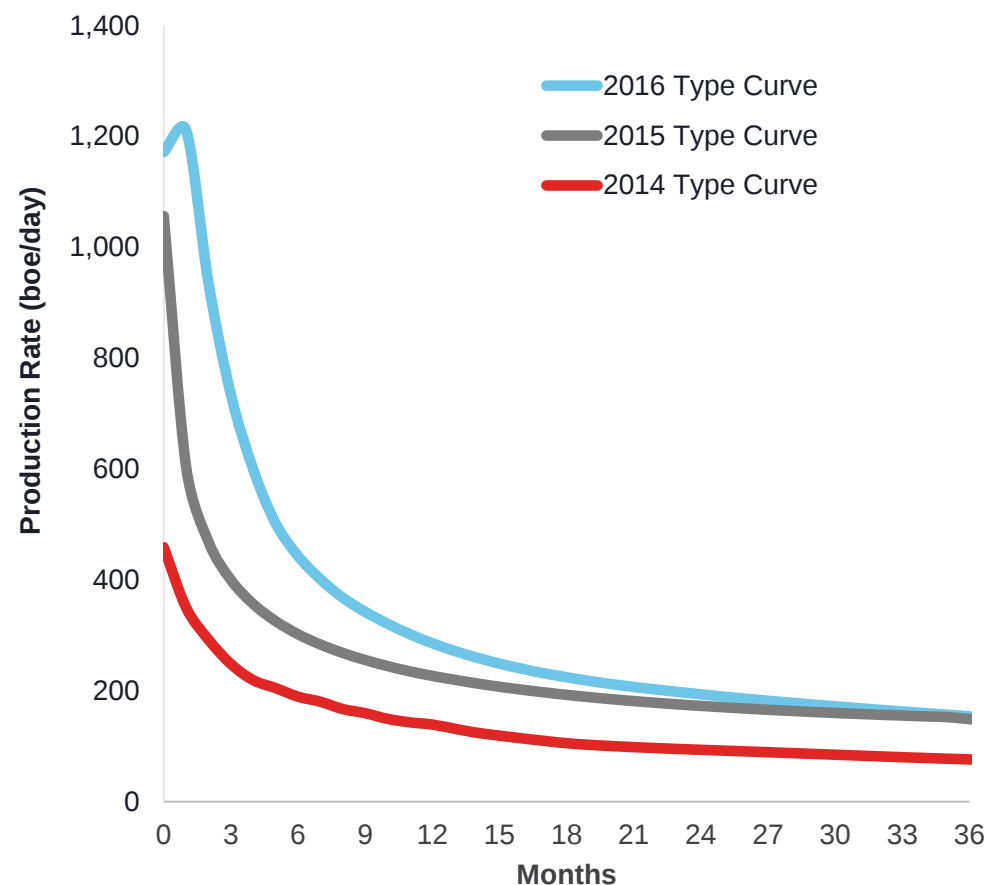
	Parkland	Tower
Net production (boe/day) – Q2 2016	11,250	16,450
Liquids (bbl/day)	1,830	9,320
Gas (MMcf/day)	57	43
Land (Net Sections)	37	43
Working Interest	~90%	~90%
Reserves (2P MMboe)	75	41
Liquids (MMbbl)	12.1	22.9
Gas (Bcf)	378	108
Reserve Life Index (Years)	18	7

	Year	2014	2015	2016 Mid-Year Budget
Parkland	# Hz Wells Drilled	18	2	0
Tower	# Hz Wells Drilled	11	22	24

Tower – Completions Advancement



Advanced Completions Design = Improved Performance



- Type curves are internal estimates based on analog wells and reservoir modeling.
- Assumed cycle time (from spud to on production): 5 months.
- 2016 Budget type curve based on 1,500 m lateral length.

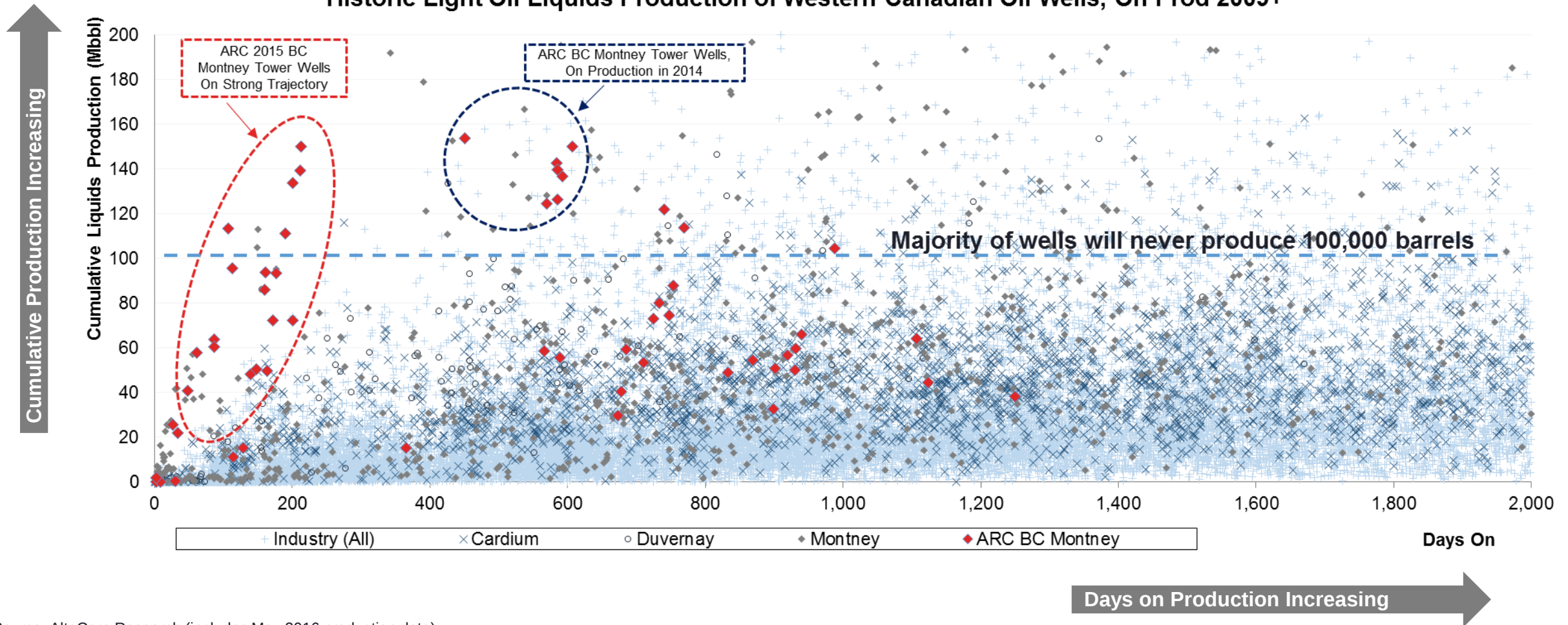
Key Metrics	2016 Budget
DCET Capex/well (\$ millions)	5.5
Internal 2P Reserves (Mboe)	600
IP (1 month) (boe/day)	1,200
IP (12 months) (boe/day)	540
Half Cycle Economics	C\$55/bbl & C\$2.50/GJ
IRR (%AT)	40%
Half Cycle Economics	C\$65/bbl & C\$2.50/GJ
IRR (%AT)	60%

Tower – Outstanding Well Performance



ARC's Tower Wells Are Some of the Best in Western Canada

Historic Light Oil Liquids Production of Western Canadian Oil Wells, On Prod 2009+

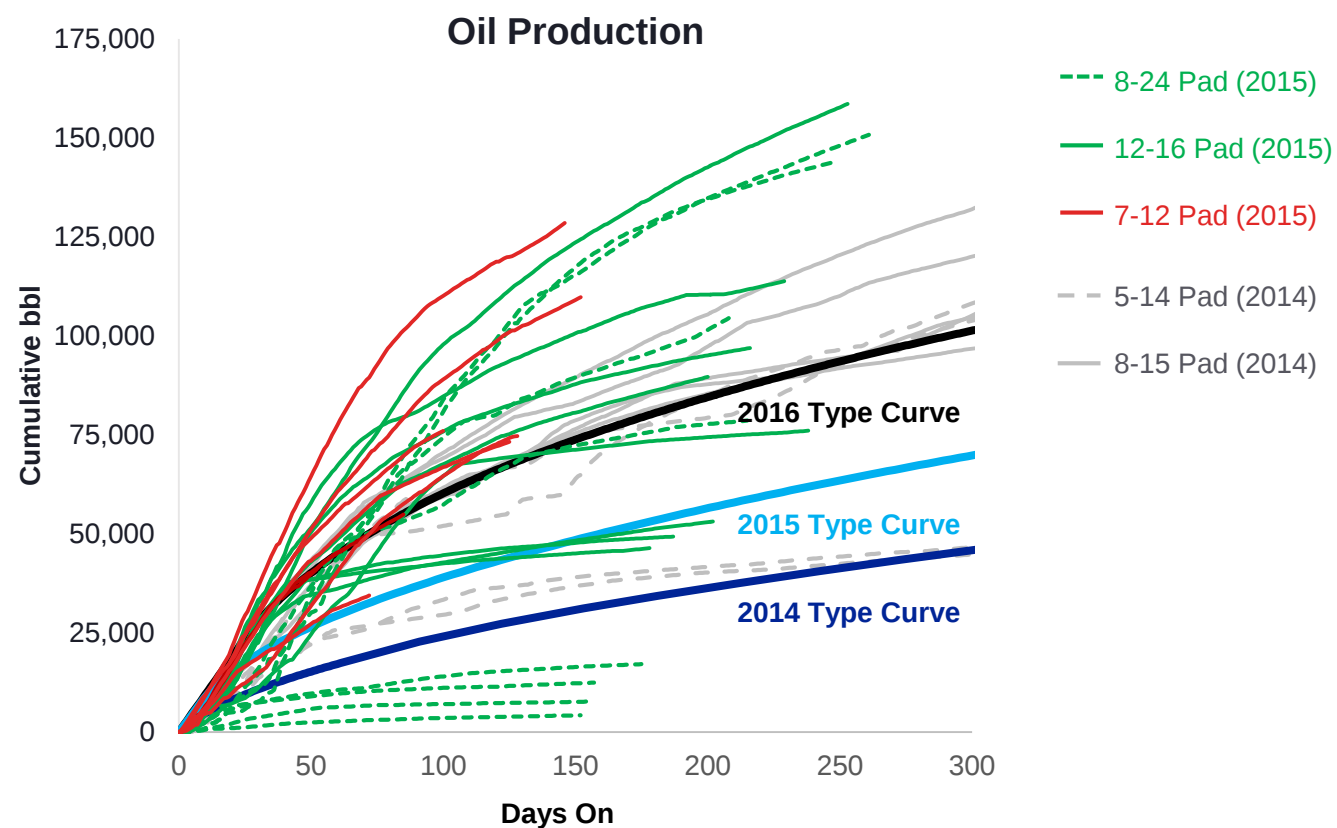
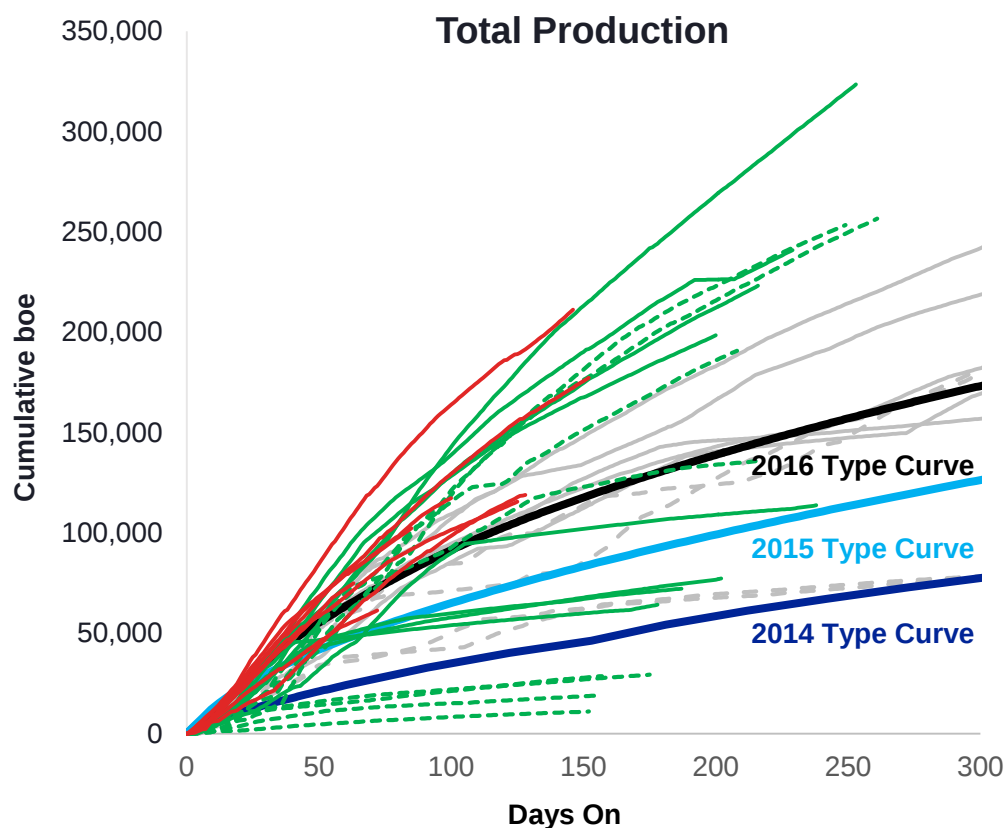


Tower – Cumulative Production



Continuous Improvement in Well Performance

- Cumulative production from 24 wells from 2015 now exceeds 1.8 MMbbl of oil and 7.6 Bcf of natural gas
- Eight wells have exceeded 100 Mbbl cumulative oil production
- L7-12 reached 100 Mbbl in 84 producing days – a new record for Tower

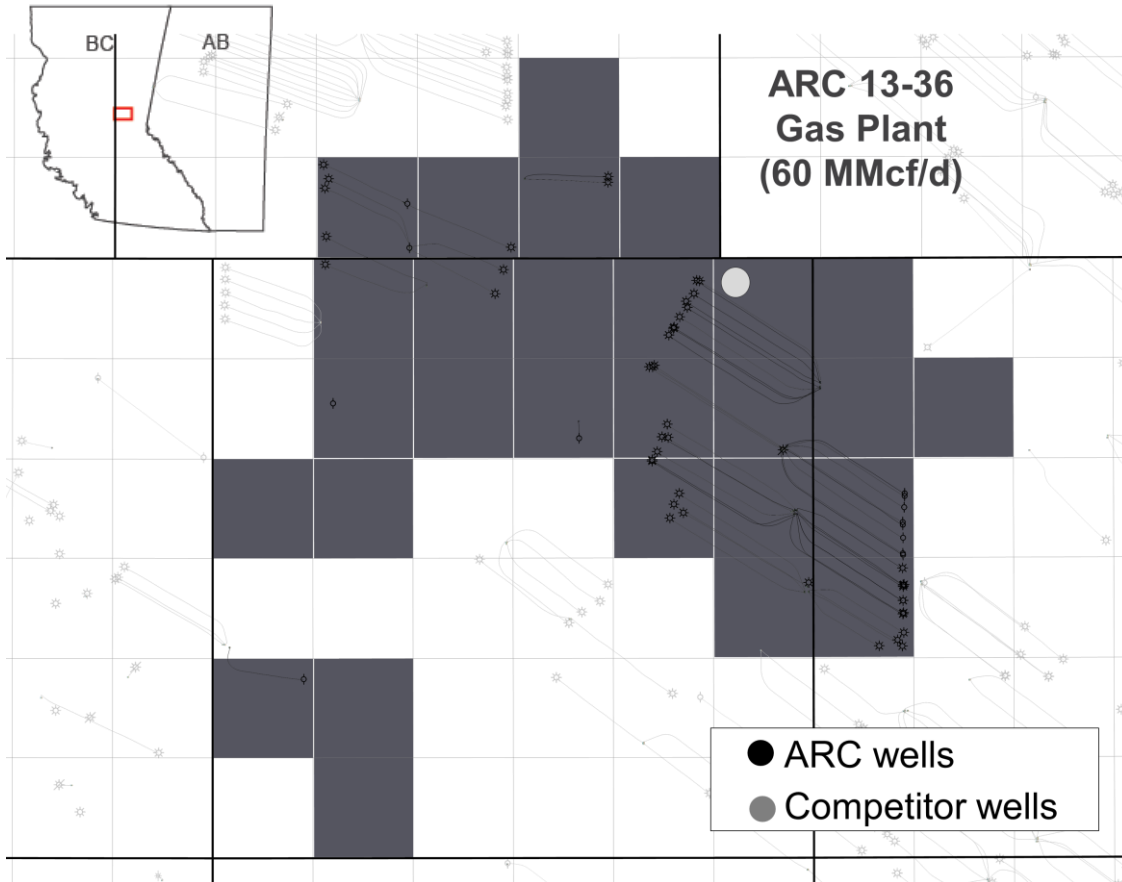


- Type curves are based on internal estimates based on analog wells and reservoir modelling.

Sunrise – Asset Details



Sunrise Has Progressed From Pilot to Full-Scale Development



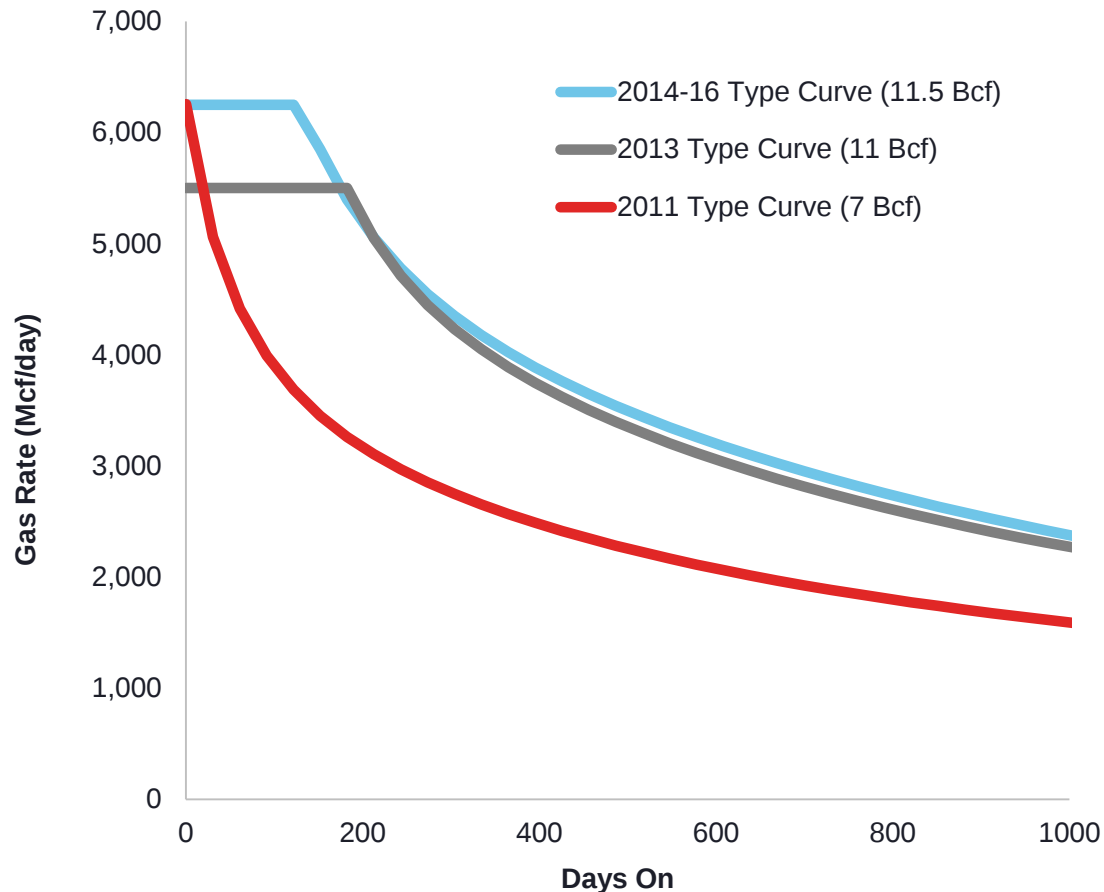
Net production (boe/day) – Q2 2016	18,860
Liquids (bbl/day)	120
Gas (MMcf/day)	112
Land (Montney Net Sections)	32
Working Interest	~86%
Reserves (2P MMboe)	169
Liquids (MMbbl)	2.3
Gas (Bcf)	998
Reserve Life Index (Years)	23

Year	2014	2015	2016 Mid-Year Budget
# Hz Wells Drilled	15	14	3

Sunrise – Continuous Improvements



Enhanced Well Design = Type Curve Improvement



Key Metrics

DCET Capex/well (\$ millions)

5.4

Internal 2P Reserves (Bcfe)

11.5

IP (1 month) (MMcf/day)

6.2

IP (12 months) (MMcf/day)

5.4

Half Cycle Economics

IRR (%AT)

C\$55/bbl &
C\$2.50/GJ

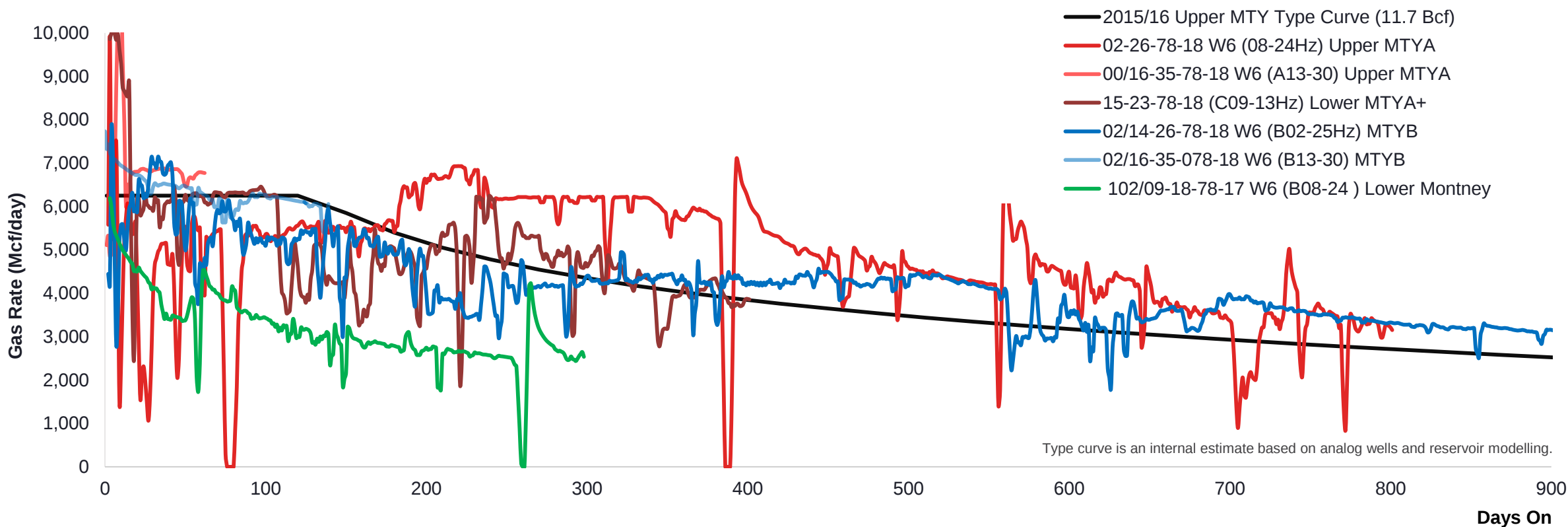
45%

- Type curves are internal estimates based on analog wells and reservoir modeling.
- Assumed cycle time (from spud to on production): 4 months.

Sunrise – Outperforming Expectations



Drilling Results Reaffirm Four-Layer Development Model



C09-13Hz (Lower MTYA): Was restricted after about three months on production due to facility capacity constraints.

B08-24 (MTYD2): Going forward, will target tighter inter-frac spacing in the Lower Montney than was achieved on the B08-24 well.

A13-30 (Upper MTYA): Most recent Upper MTYA result (three wells on pad) – strongest deliverability wells to-date at Sunrise (restricted); producing at high pressures.

B13-30 (MTYB): Most recent MTYB result (three wells on pad) – strongest MTYB results to date at Sunrise (restricted); producing at high pressures.

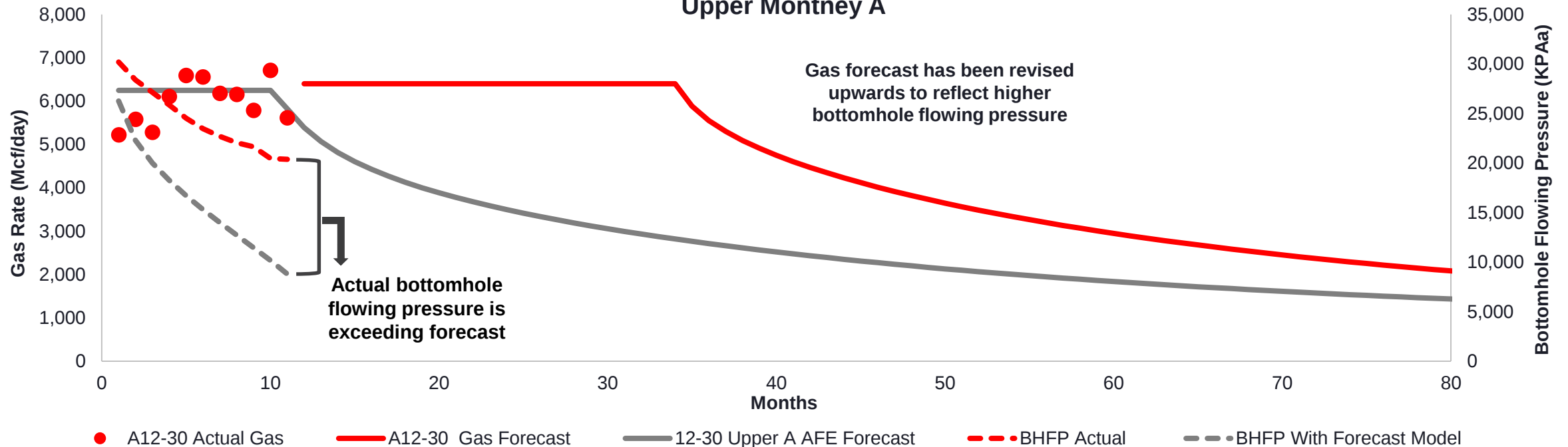
Sunrise – 2015 Drilling Performance



Strong Performance at Sunrise From 2015 Drills

- 12-30 pad wells are flowing at higher bottomhole flowing pressures than had been forecast
- As wells are rate-restricted (i.e., held at a constant production), the decline is seen in the bottomhole flowing pressure as opposed to the gas rate
- Improved performance can be noted due to the lower decline in the bottomhole flowing pressure

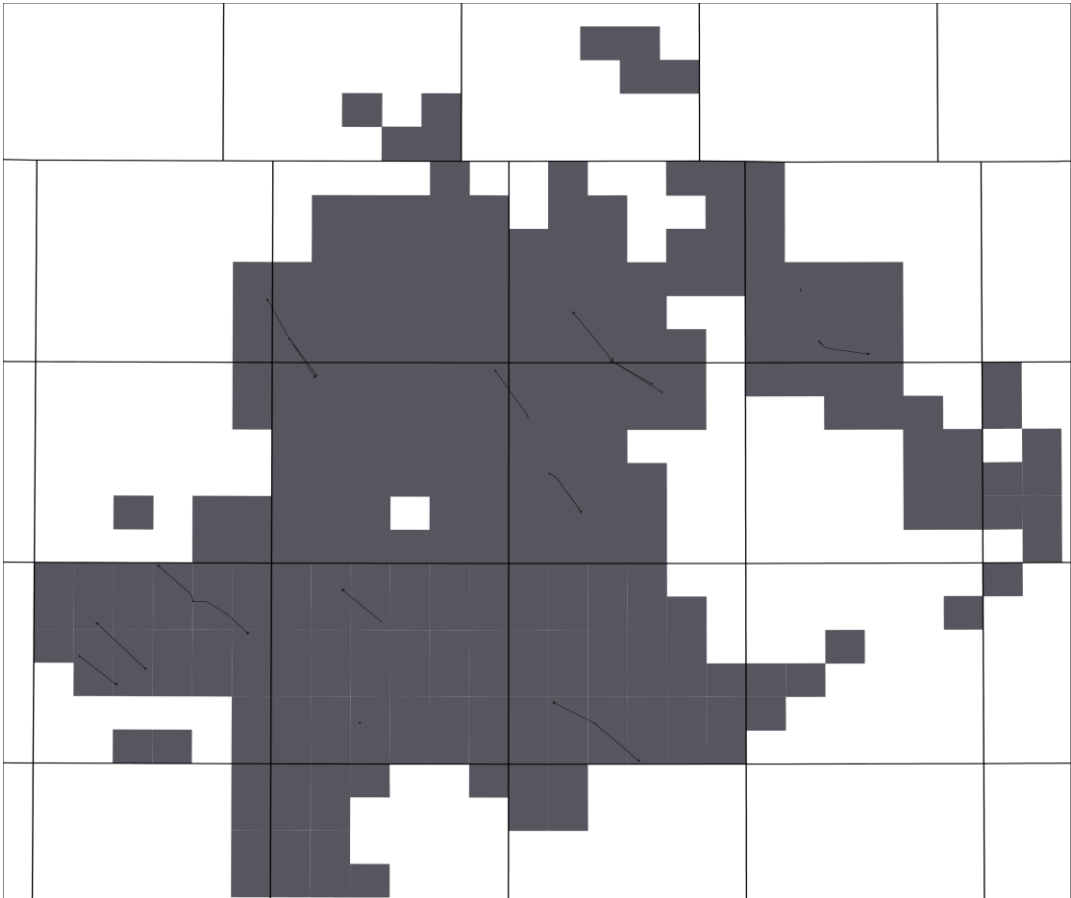
Sunrise 12-30 Pad Upper Montney A



Attachie – Asset Details



Highly Prospective Asset With Strong Liquids Potential



Net production (boe/day) – Q2 2016	1,240
Liquids (bbl/day)	680
Gas (MMcf/day)	3
Land (Montney Net Sections)	288
Working Interest	~99%
Reserves (2P MMboe)	14
Liquids (MMbbl)	6.2
Gas (Bcf)	49
Reserve Life Index (Years)	68

Year	2014	2015	2016 Mid-Year Budget
# Hz Wells Drilled	2	3	4

Attachie Pilots – Planning for the Future



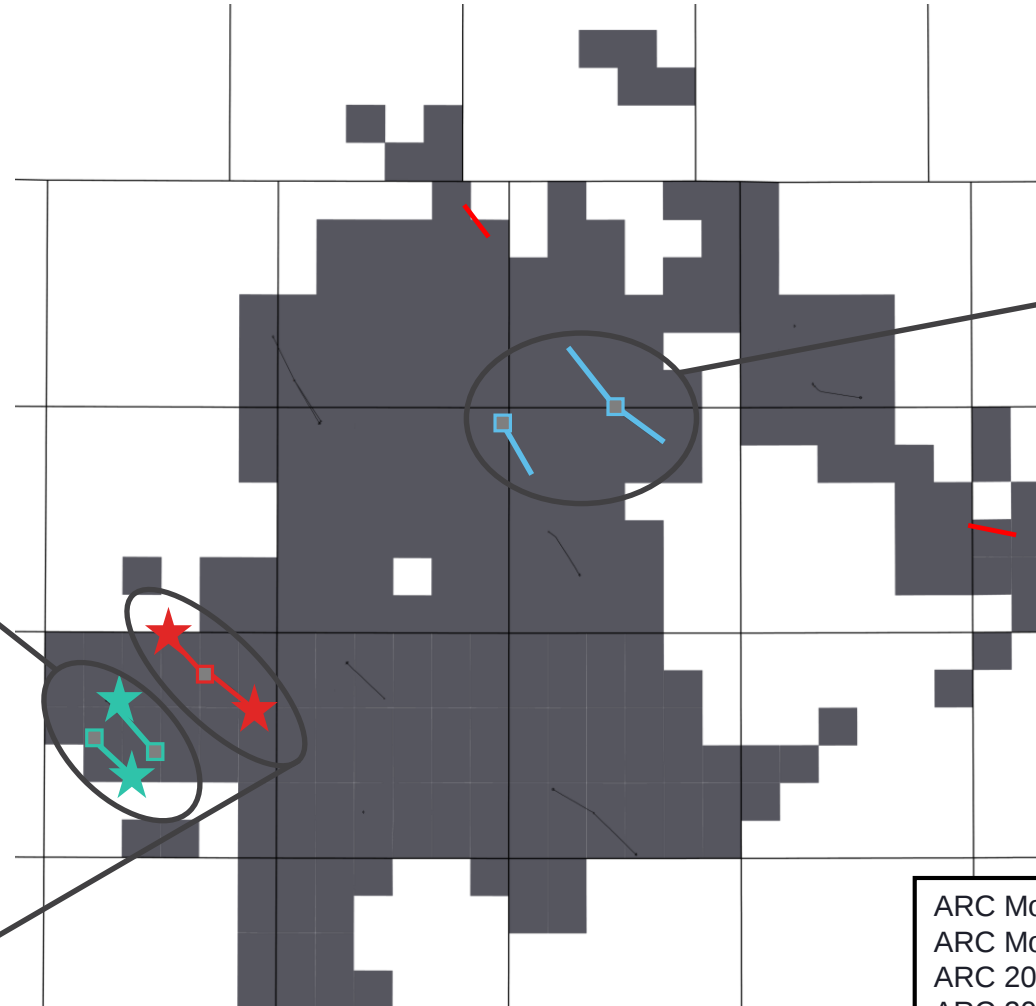
Applying Tower Learnings to Attachie

West Attachie

- Two HZ wells have produced 1.7 Bcf of gas and 165 Mbbl of liquids in 24 months (average of 100 bbl/MMcf)
 - NGLs yield up to 25 bbl/MMcf dependent on plant design

West Attachie

- Two additional HZ wells have been brought on production in Q2 2016
- For the first 30 days of production, the wells have produced at a combined rate of 5 MMcf/day gas at average liquids ratio of 190 bbl/MMcf



2015

- Three wells were drilled on newly acquired lands in H2 2015

2016

- Drilled two delineation wells at West Attachie in Q1 2016
- Plans to drill two appraisal wells at East Attachie

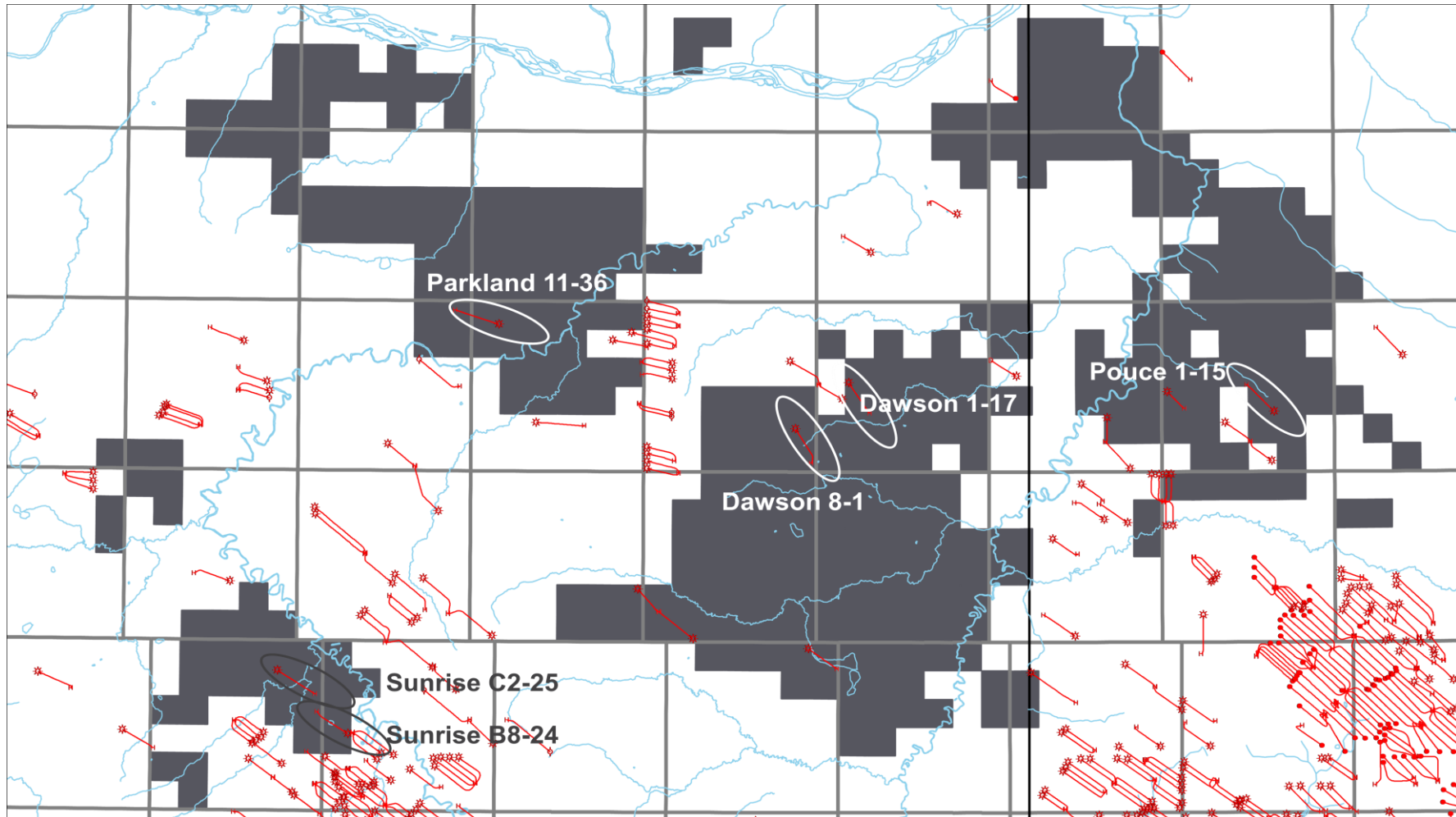
ARC Montney Land
ARC Montney Wells
ARC 2015 Drills
ARC 2016 Drills



Lower Montney Fairway



Building Understanding of the Lower Montney Fairway

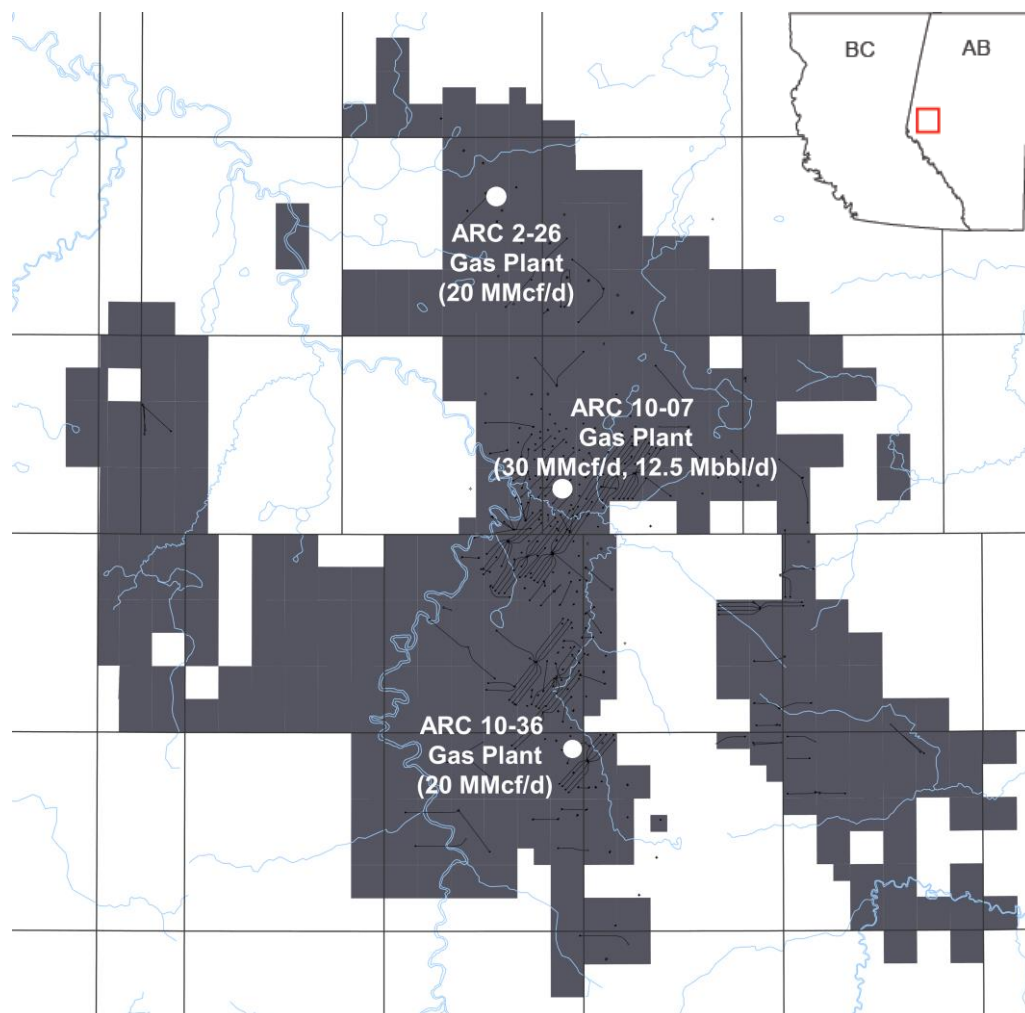


- Only Lower Montney wells are displayed.

Ante Creek – Asset Details



Significant Cash Flow With Substantial Growth Opportunities



Net production (boe/d) – Q2 2016	15,400
Liquids (bbl/d)	6,860
Gas (MMcf/d)	51
Production split % (liquids/gas)	~45/55
Land (Montney net sections)	389
Working Interest	~100%
Reserves (2P MMboe)	52
Liquids (MMbbl)	24.2
Gas (Bcf)	164
Reserve Life Index (years)	10

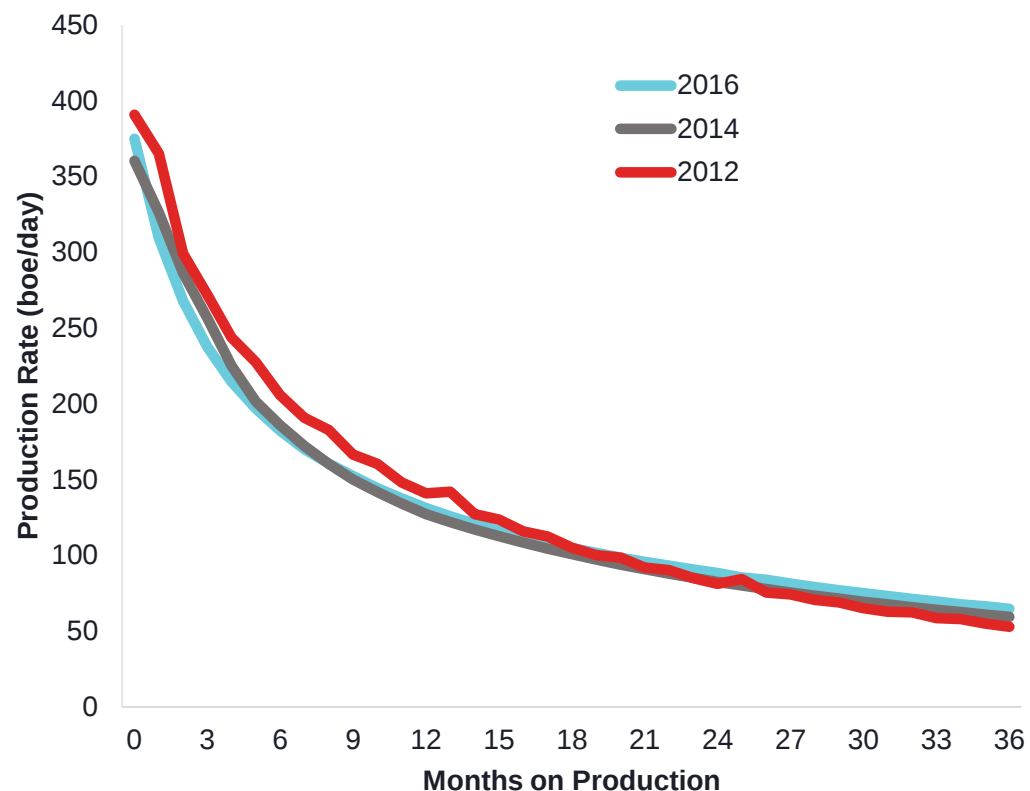
Year	2014	2015	2016 Mid-Year Budget
# Hz Wells Drilled	40	5	3

Ante Creek – 2016 Plans



Type Curve Repeatability in Core of Ante Creek

- H2 2016 drilling will apply new fracture stimulation mechanical isolation using NCS cemented sliding sleeves to allow for pinpoint fracturing



- Type curves are internal estimates based on analog wells and reservoir modeling.
- Assumed cycle time (from spud to on production): 4 months.

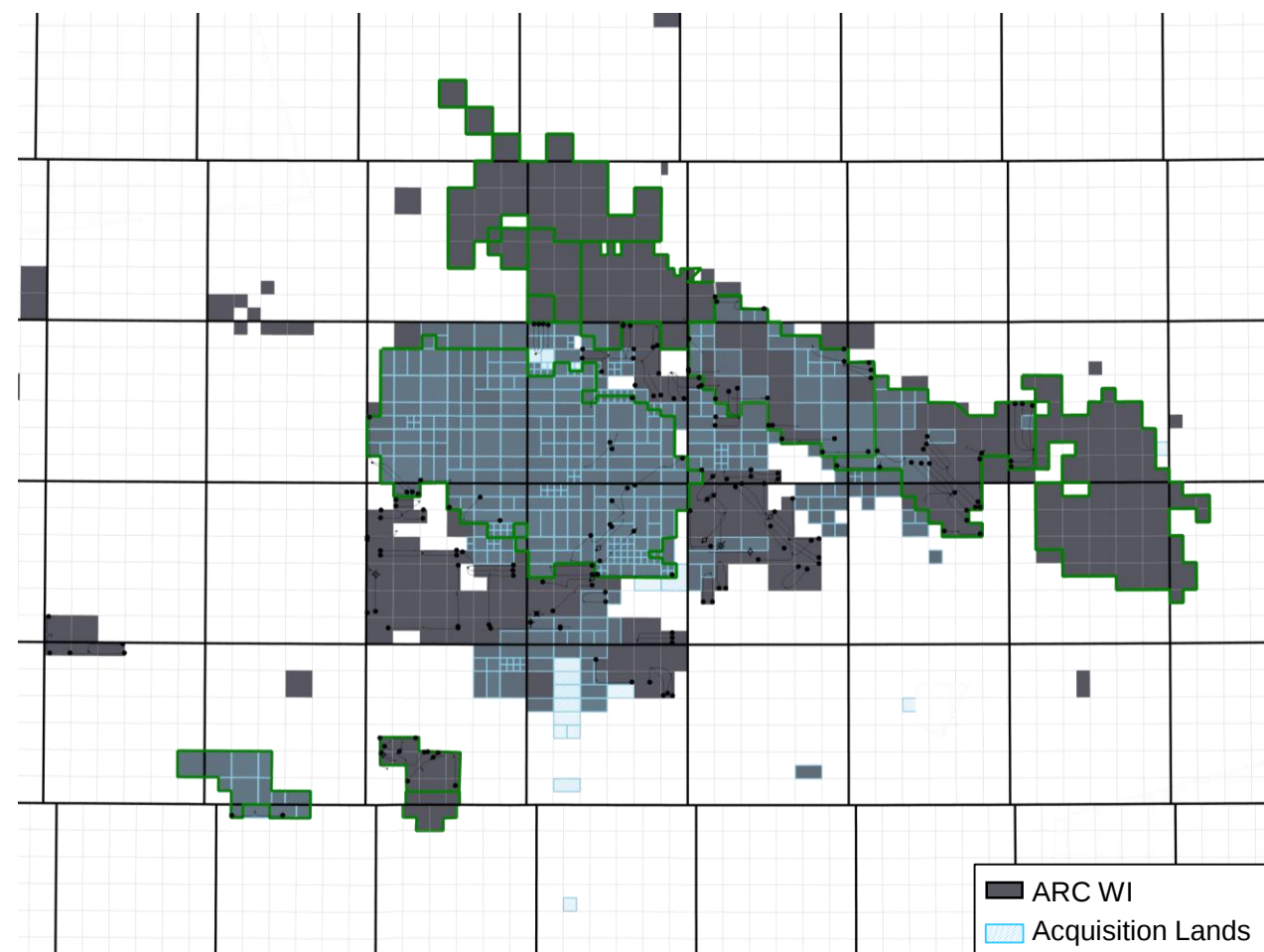
Key Metrics	2016 Budget
DCET Capex/well (\$ millions)	3.3
Internal 2P Reserves (Mboe)	290
IP (1 month) (boe/day)	375
IP (12 months) (boe/day)	210
Half Cycle Economics	C\$55/bbl & C\$2.50/GJ
IRR (%AT)	30%
Half Cycle Economics	C\$65/bbl & C\$2.50/GJ
IRR (%AT)	40%

Pembina – Strategic Acquisitions



Strategic Acquisitions Further Consolidate Large Oil-in-Place, Low Risk, Predictable Production

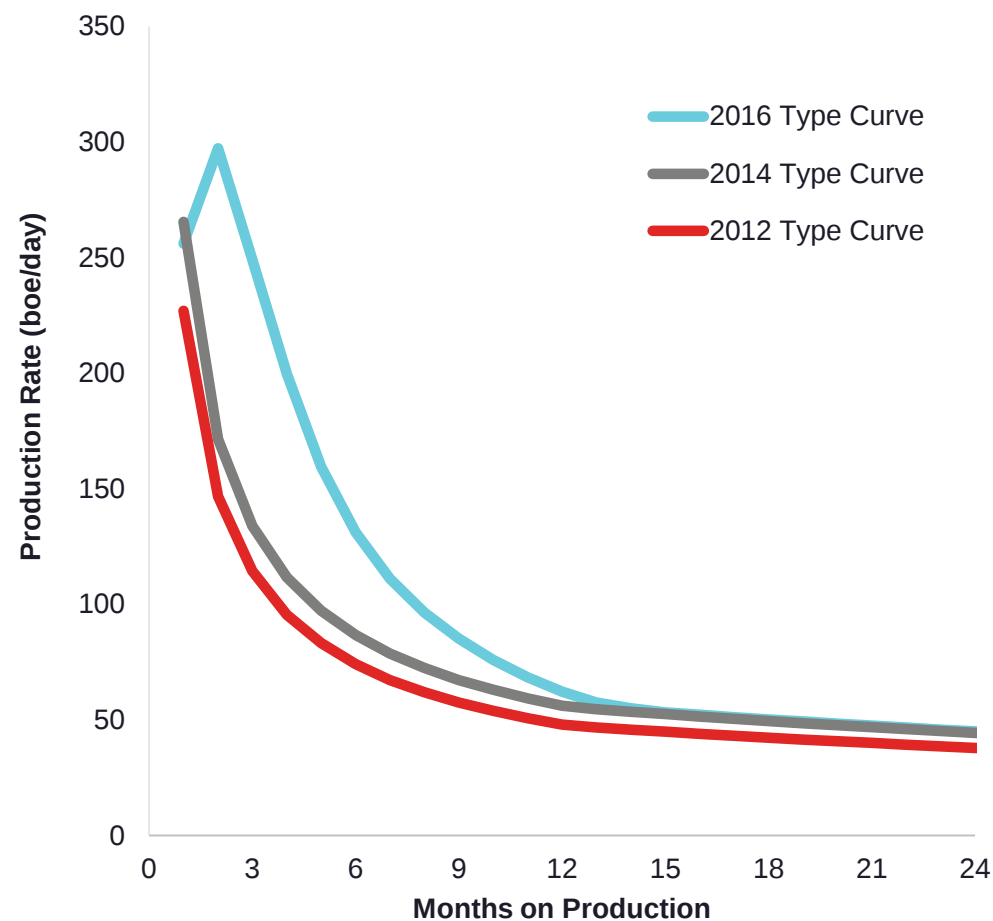
- Q2 2016 acquisition added 2,200 boe per day of light, high-netback oil production
- Additional 800 boe per day of production acquired in Q3 2016
- Combined acquisitions totaled:
 - \$148 million for a flowing boe metric of \$48,000 per boe per day
 - \$10.50 per boe for PDP reserves
- Increased control will allow for greater ability to efficiently develop the long-life assets



Pembina – Outperforming Expectations



Slickwater Completions Delivering Strong Results



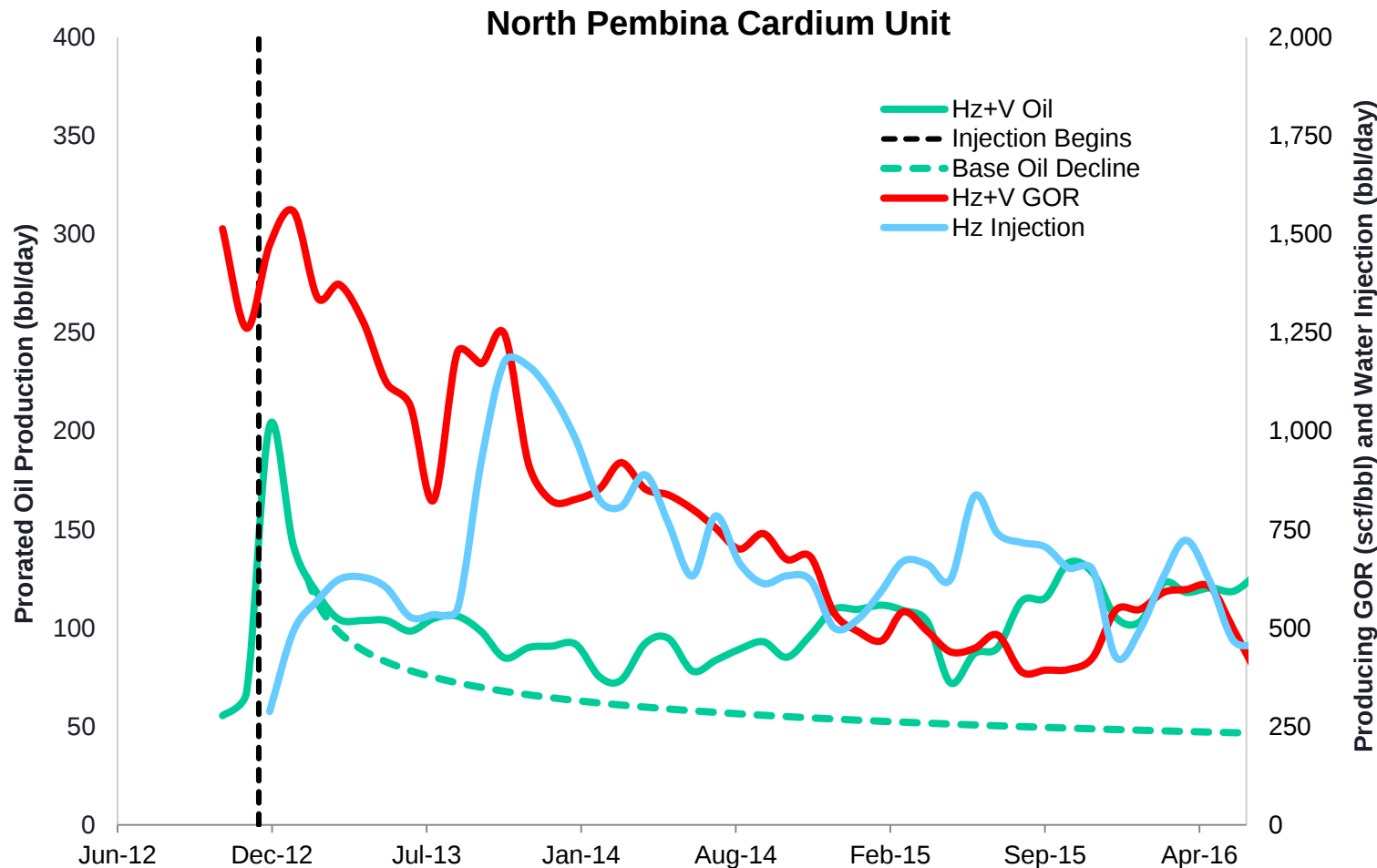
- Type curves are internal estimates based on analog wells and reservoir modeling.
- Assumed cycle time (from spud to on production): 2 months

Key Metrics	2016 Budget
DCET Capex/well (\$ millions)	2.8
EUR/well (Mboe)	192
IP (1 month) (boe/day)	256
IP (12 months) (boe/day)	149
Half Cycle Economics	C\$55/bbl & C\$2.50/GJ
IRR (%AT)	30%
Half Cycle Economics	C\$65/bbl & C\$2.50/GJ
IRR (%AT)	40%

Pembina – Focus on Technology



Horizontal Drilling and Water Injection Pilot Delivers Incremental Crude Oil



- Waterflood injection started in December 2012; cumulative injection of ~885 Mbbbl to Q2 2016
- 14 offsetting producers are being monitored (five horizontal wells, nine verticals)
- Gain of 50 to 80 bbl/day of incremental oil above base decline during peak production
- GOR collapsed from ~1,500 scf/bbl to ~500 scf/bbl indicating successful pressure maintenance

SUMMARY

A photograph of an oil pumpjack in a field. The pumpjack is a large, black, mechanical structure with a long arm and a counterweight, used for extracting oil from the ground. It is situated in a gravel-covered area with several large concrete blocks in the foreground. In the background, there are tall evergreen trees and a blue sky with scattered white clouds. The image is partially obscured by a dark blue geometric shape on the left and a light blue shape on the right.

ARC RESOURCES LTD.

Why Invest in ARC?



A Differentiated Investment

Financial Discipline

- Peer-leading balance sheet
- Disciplined approach to profitable investment
- Total return principle for shareholders

High-Quality Asset Portfolio

- Montney oil and gas position globally competitive
- Geographic diversity and optionality
- Reserve and resource base positioned for sustainable and profitable growth

Proven Execution and Development Model

- Project selection and execution creating self-funding businesses
- Inventory at all stages of development providing optionality

Operational and Organizational Excellence

- Technical advancement in drilling and completions resulting in industry-leading results
- Owned infrastructure supports low-cost operations
- Committed people

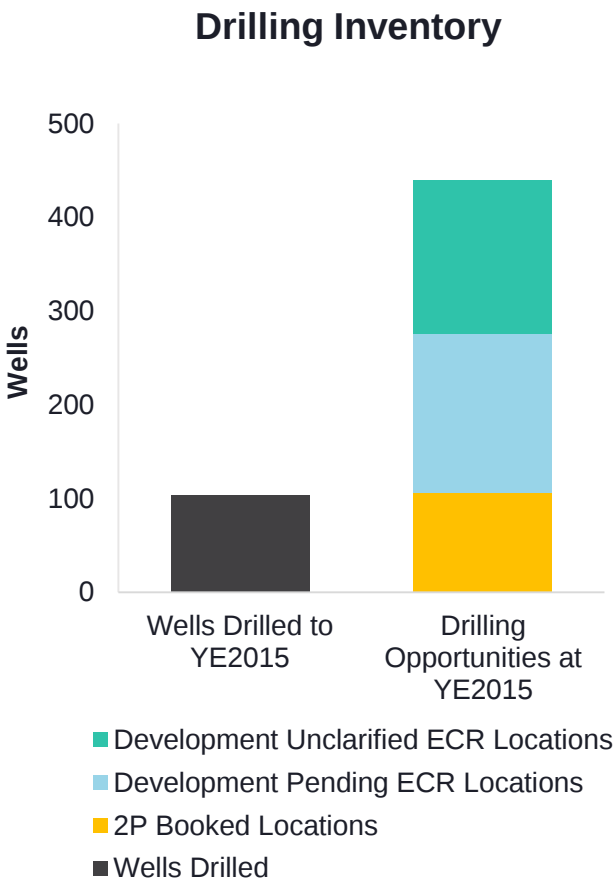
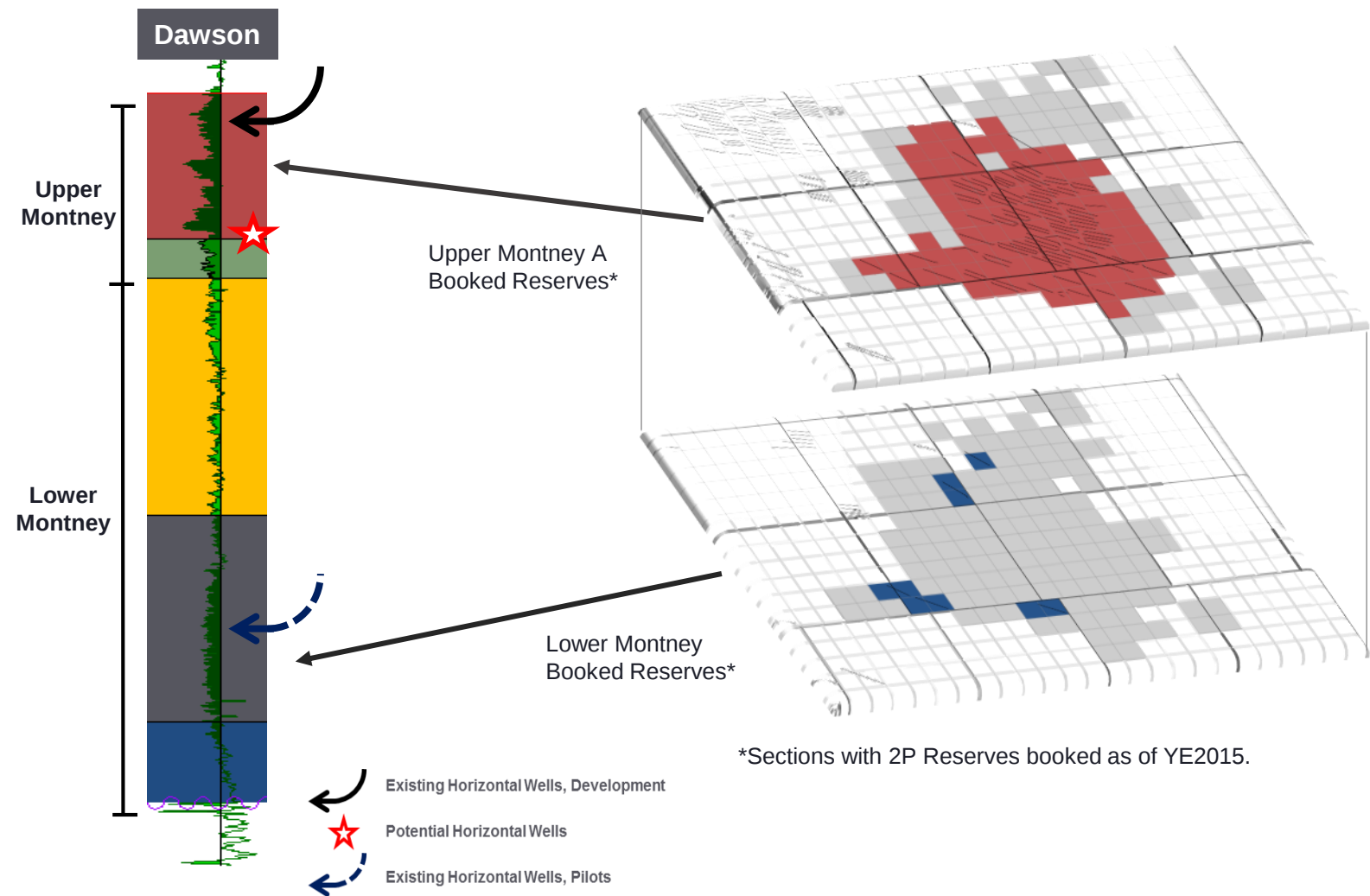
PROPERTY APPENDIX



Dawson – Development Potential



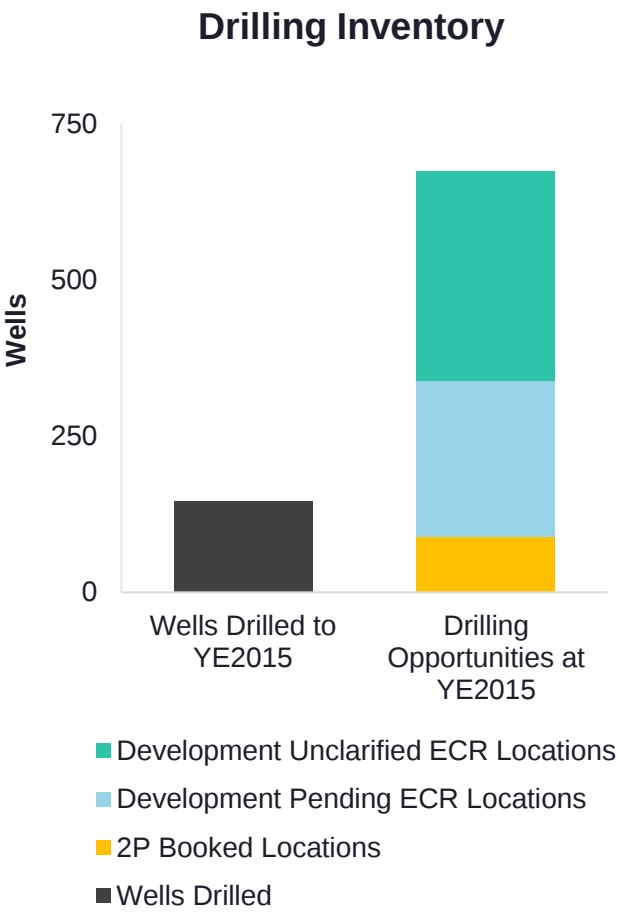
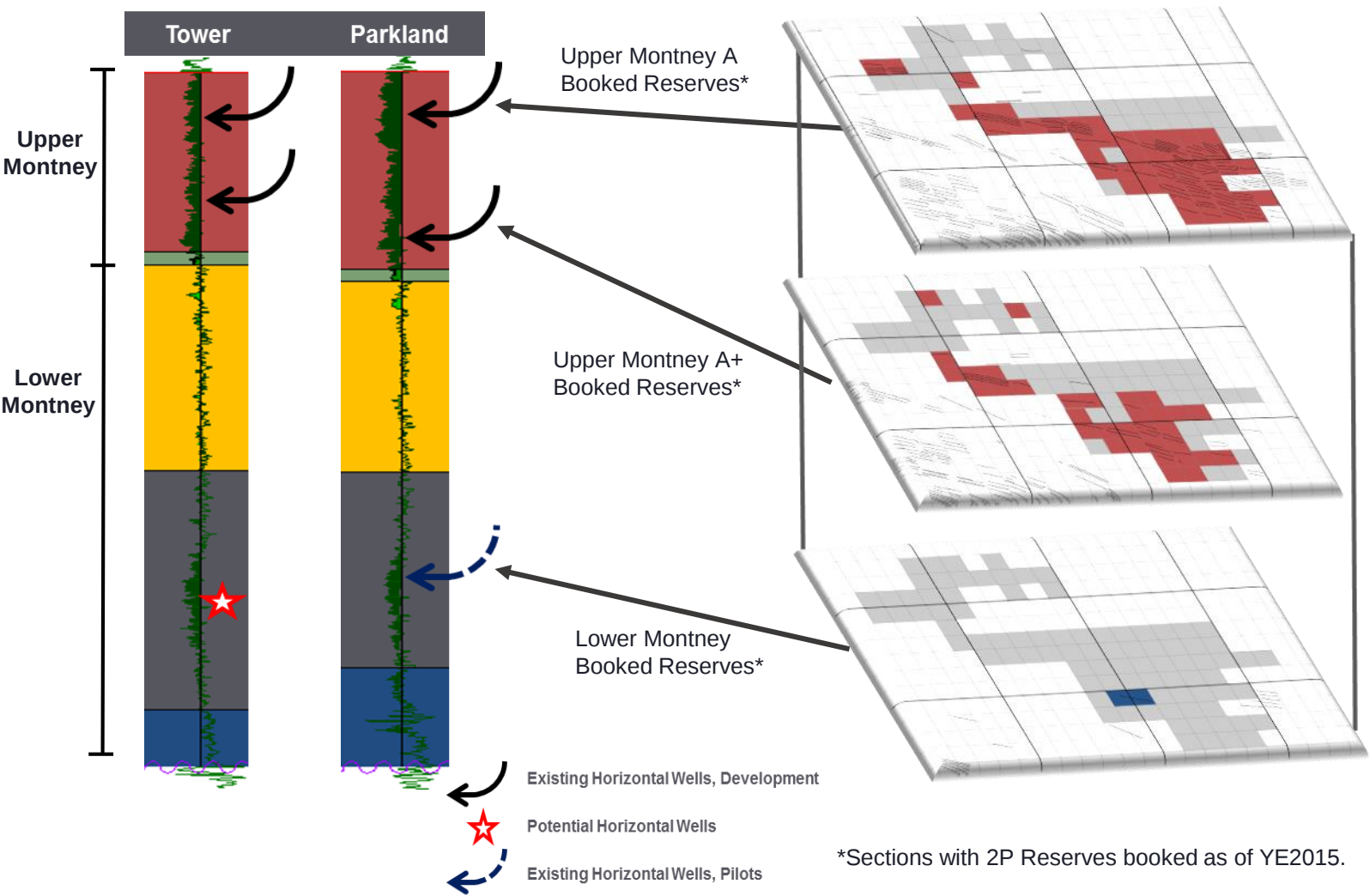
Additional Development Layer Below Core Acreage



Parkland/Tower – Development Potential



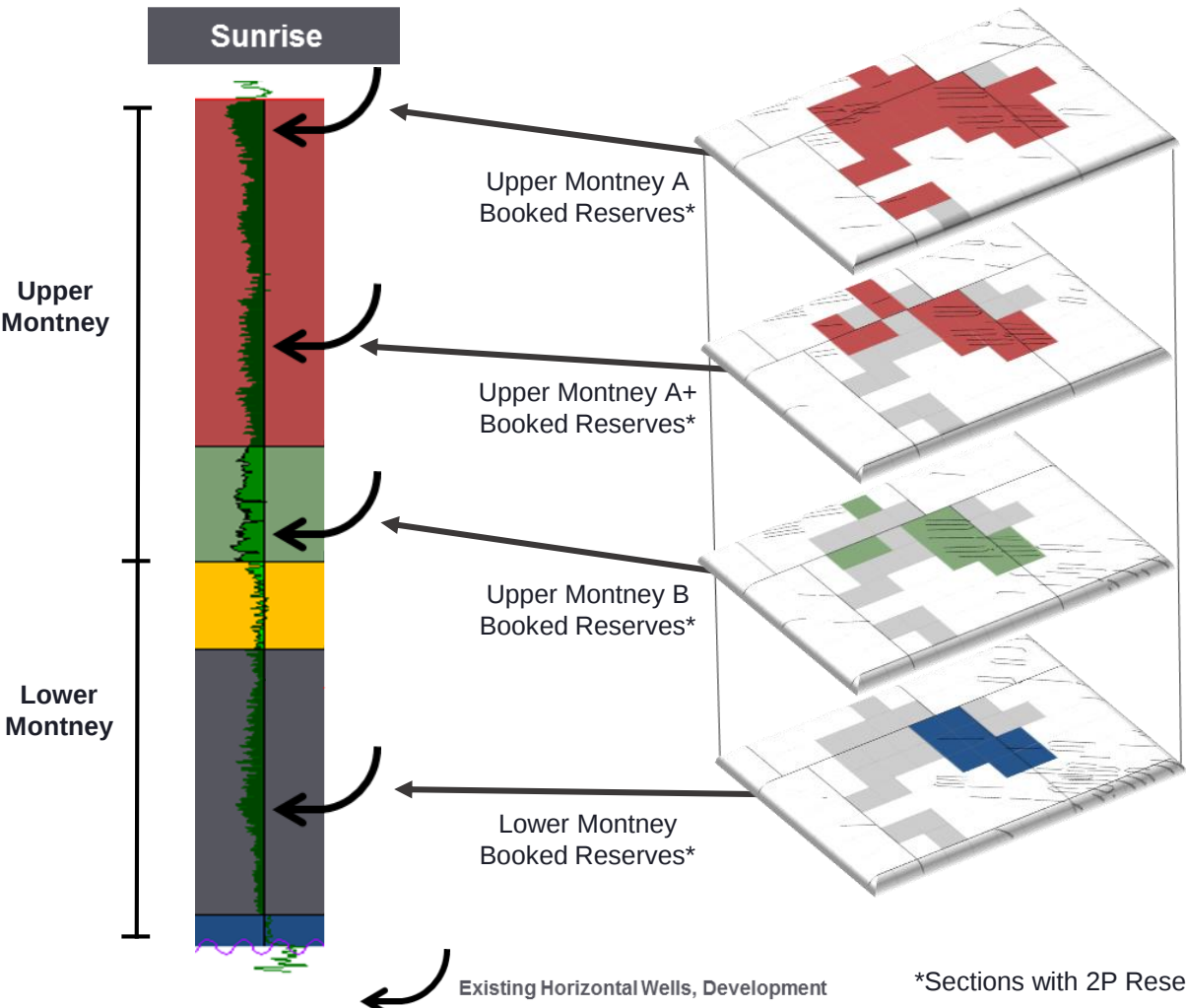
Incremental Reserves Potential With Multi-Layer Development



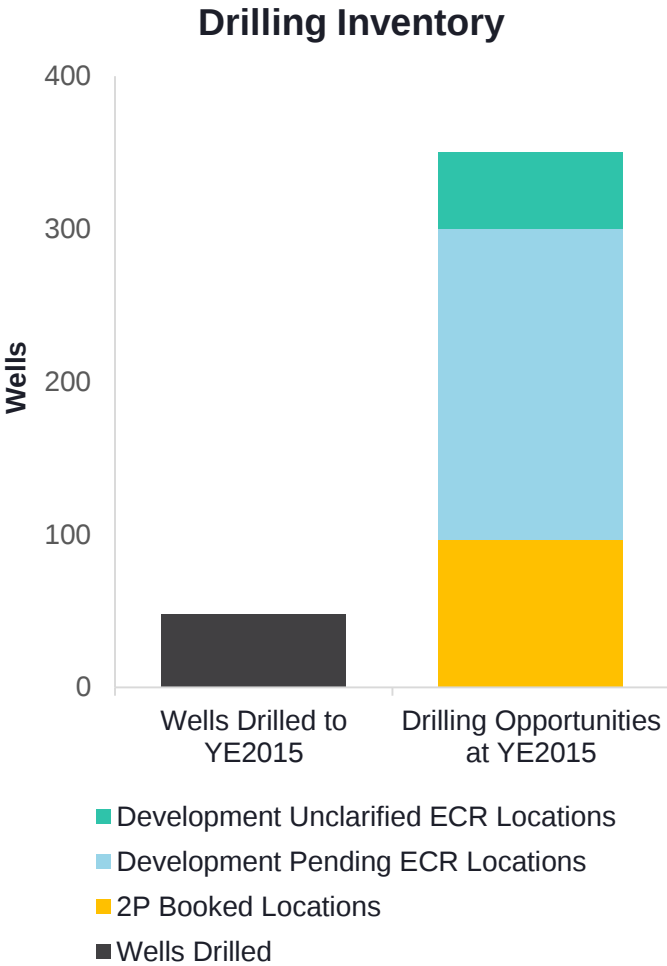
Sunrise – Development Potential



Proven Productivity From Four-Layered Development



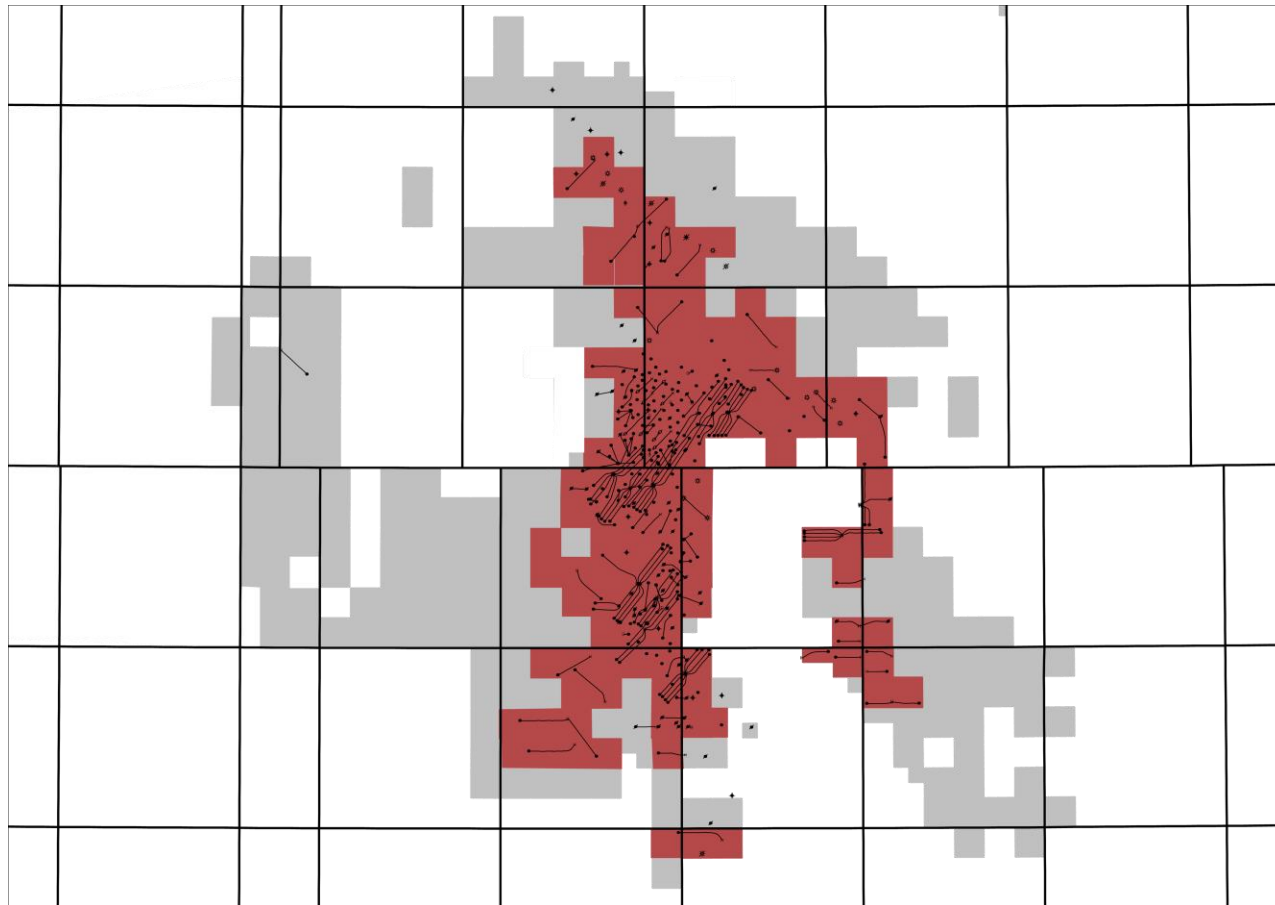
*Sections with 2P Reserves booked as of YE2015.



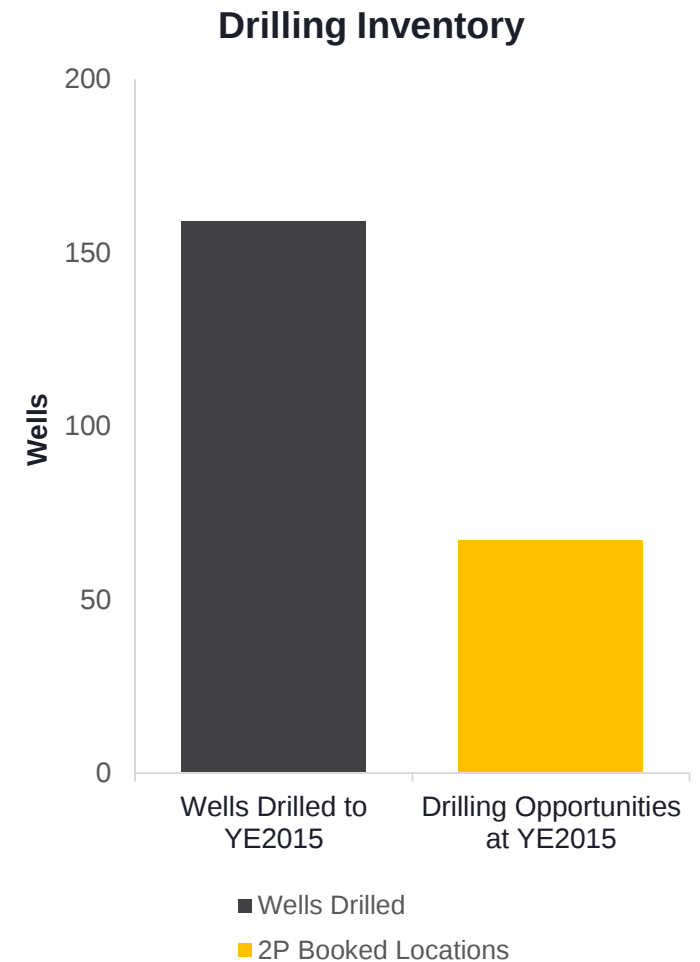
Ante Creek – Development Potential



Large Land Base and Down-Spacing = Significant Drilling Inventory



■ ARC Montney Lands
■ ARC Montney Lands with 2P Reserves booked as of YE2015



APPENDIX



ARC RESOURCES LTD.

Q2 2016 Operating and Financial Performance



Strong Quarterly Results

	Three Months Ended			Six Months Ended	
(Cdn\$ millions, except per share and per boe amounts)	March 31, 2016	June 30, 2016	June 30, 2015	June 30, 2016	June 30, 2015
Production (boe/d)	124,224	117,695	109,900	120,959	115,098
Natural Gas (MMcf/d)	489.7	467.5	426.0	478.6	442.7
Oil & Liquids (bbl/d)	42,613	39,771	38,892	41,191	41,310
Sales Revenue	231.2	234.9	321.7	466.1	628.3
Natural Gas	40%	25%	35%	32%	38%
Oil & Liquids	60%	75%	65%	68%	62%
Funds from operations ⁽¹⁾	150.1	141.7	206.3	291.8	397.8
Per share	0.43	0.40	0.61	0.83	1.18
Dividends	69.9	52.5	102.1	122.4	203.7
Per share	0.20	0.15	0.30	0.35	0.60
Capital expenditures, before land and net property acquisitions (dispositions)	59.1	112.6	98.4	171.7	227.9
Net debt outstanding ⁽¹⁾	868.4	969.3	878.1	969.3	878.1
Weighted average number of shares outstanding, diluted (millions)	348.9	350.5	340.4	349.8	336.9
Operating netback, pre-hedging (\$/boe) ⁽²⁾	10.53	11.37	19.29	10.94	17.52

(1) Refer to the "Capital Management" note in ARC's financial statements.

(2) Refer to "Non-GAAP Measures" in the Appendix to this presentation.

2016 Guidance



Focused on Sustainability and Value Creation

	2016 Guidance	2016 Revised Guidance ⁽¹⁾	2016 YTD Actuals
Production			
Crude oil (bbl/day)	32,000 - 34,000	32,000 - 34,000	33,277
Condensate (bbl/day)	3,000 - 3,400	3,400 - 3,800	3,587
Natural gas (MMcf/day)	460 - 470	470 - 480	478.6
NGLs (bbl/day)	3,800 - 4,200	4,100 - 4,500	4,327
Total production (boe/day)	116,000 - 120,000	118,000 - 122,000	120,959
Expenses (\$/boe)			
Operating	7.40 - 7.80	6.90 - 7.20	6.25
Transportation	2.40 - 2.70	2.40 - 2.70	2.19
G&A expenses before share-based compensation plans	1.55 – 1.65	1.55 - 1.65	1.73
G&A - share-based compensation plans ⁽²⁾	0.45 – 0.65	0.45 - 0.65	0.98
Interest	1.10 - 1.30	1.10 - 1.30	1.15
Current income tax expense (per cent of funds from operations) ⁽³⁾	0 - 5	0 – 3	-
Capital expenditures before land purchases and net property acquisitions (dispositions) (\$ millions)	390	450	171.7
Land purchases and net property acquisitions (dispositions) (\$ millions)	N/A	N/A	123.7
Weighted average shares, diluted (millions)	351	351	350

(1) Incorporates impact of approximately 3,000 boe per day of light, high-netback oil production in Pembina acquired in the second and third quarters of 2016 which will result in an annual volume increase of approximately 1,400 boe per day of production.

(2) Comprises expenses recognized under the Restricted Share Unit and Performance Share Unit Plan, Share Option Plan and Long-term Restricted Share Award Plan. In periods where substantial share price fluctuation occurs, ARC's G&A expenses are subject to greater volatility.

(3) The 2015 and 2016 corporate tax estimates vary depending on level of commodity prices.

Hedge Positions – July 28, 2016



	Summary of Hedge Positions as at July 28, 2016 ⁽¹⁾									
	H2 2016		2017		2018		2019		2020	
Crude Oil – WTI ⁽²⁾	US\$/bbl	bbl/day	US\$/bbl	bbl/day	US\$/bbl	bbl/day	US\$/bbl	bbl/day	US\$/bbl	bbl/day
Ceiling	50.00	3,000	53.78	7,000	-	-	-	-	-	-
Floor	40.00	3,000	41.43	7,000	-	-	-	-	-	-
Sold Floor	-	-	30.00	4,000	-	-	-	-	-	-
Swap	42.10	2,000	-	-	-	-	-	-	-	-
Crude Oil – Cdn\$ WTI ⁽³⁾	Cdn\$/bbl	bbl/day	Cdn\$/bbl	bbl/day	Cdn\$/bbl	bbl/day	Cdn\$/bbl	bbl/day	Cdn\$/bbl	bbl/day
Ceiling	83.38	3,000	83.38	1,488	-	-	-	-	-	-
Floor	70.00	3,000	70.00	1,488	-	-	-	-	-	-
Swap	77.20	7,000	-	-	-	-	-	-	-	-
Total Crude Oil Volumes Hedged (bbl/day)		15,000		8,488		-		-		-
Crude Oil - MSW (Differential to WTI) ⁽⁴⁾	US\$/bbl	bbl/day	US\$/bbl	bbl/day	US\$/bbl	bbl/day	US\$/bbl	bbl/day	US\$/bbl	bbl/day
Swap	(3.72)	10,000	(3.66)	5,000	-	-	-	-	-	-
Natural Gas - NYMEX Henry Hub ⁽⁵⁾	US\$/MMBtu	MMBtu/day	US\$/MMBtu	MMBtu/day	US\$/MMBtu	MMBtu/day	US\$/MMBtu	MMBtu/day	US\$/MMBtu	MMBtu/day
Ceiling	4.79	105,000	3.36	15,000	4.92	90,000	5.00	40,000	-	-
Floor	4.00	105,000	3.00	15,000	4.00	90,000	4.00	40,000	-	-
Swap	4.00	40,000	4.00	145,000	-	-	-	-	-	-
Natural Gas – AECO ⁽⁶⁾	Cdn\$/GJ	GJ/day	Cdn\$/GJ	GJ/day	Cdn\$/GJ	GJ/day	Cdn\$/GJ	GJ/day	Cdn\$/GJ	GJ/day
Ceiling	2.93	9,946	-	-	-	-	3.30	10,000	3.60	30,000
Floor	2.50	9,946	-	-	-	-	3.00	10,000	3.08	30,000
Swap	2.99	30,000	2.64	60,000	2.96	40,000	3.16	20,000	3.35	30,000
Total Natural Gas Volumes Hedged (MMBtu/day)		182,861		216,869		127,913		68,435		56,869
Natural Gas - AECO Basis	AECO/NYMEX	MMBtu/day	AECO/NYMEX	MMBtu/day	AECO/NYMEX	MMBtu/day	AECO/NYMEX	MMBtu/day	AECO/NYMEX	MMBtu/day
Swap (percentage of NYMEX)	90.3	140,000	89.7	145,000	84.9	90,000	83.7	40,000	-	-
Natural Gas - AECO Basis	US\$/MMBtu	MMBtu/day	US\$/MMBtu	MMBtu/day	US\$/MMBtu	MMBtu/day	US\$/MMBtu	MMBtu/day	US\$/MMBtu	MMBtu/day
Swap (differential to NYMEX)	-	-	(0.81)	70,000	(0.69)	45,000	(0.60)	35,000	(0.57)	35,000
Total AECO Basis Volumes Hedged (MMBtu/day)		140,000		215,000		135,000		75,000		35,000

(1) The prices and volumes in this table represent averages for several contracts representing different periods. The average price for the portfolio of options listed above does not have the same payoff profile as the individual option contracts. Viewing the average price of a group of options is purely for indicative purposes. All positions are financially settled against the benchmark prices disclosed in the “Financial Instruments and Market Risk Management” note in ARC’s financial statements as at and for the three and six months ended June 30, 2016.

(2) Crude oil prices referenced to WTI.

(3) Crude oil prices referenced to WTI, multiplied by the Bank of Canada monthly average noon day rate.

(4) MSW differential refers to the discount between WTI and the mixed sweet crude grade at Edmonton, calculated on a monthly weighted average basis in US\$.

(5) Natural gas prices referenced to NYMEX Henry Hub last day settlement.

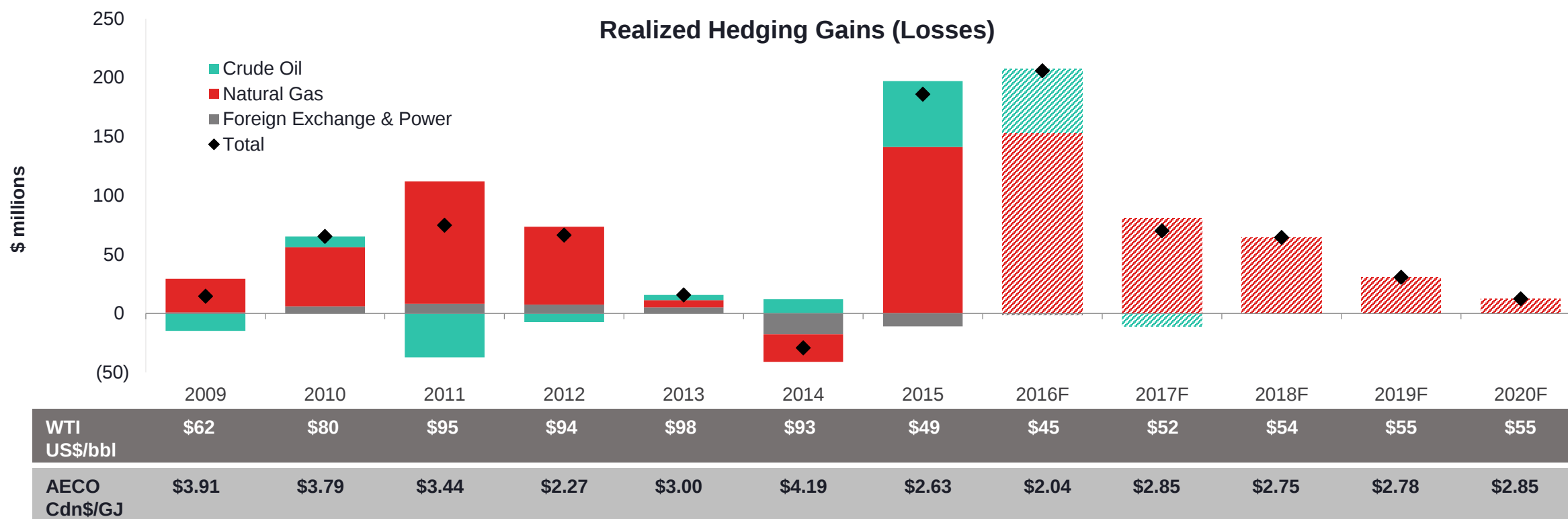
(6) Natural gas prices referenced to AECO 7(a) index.

Hedging Program Results



Hedging Continues to Smooth Cash Flow Volatility

- ARC's hedging program provides greater certainty of cash flows and supports the business plan



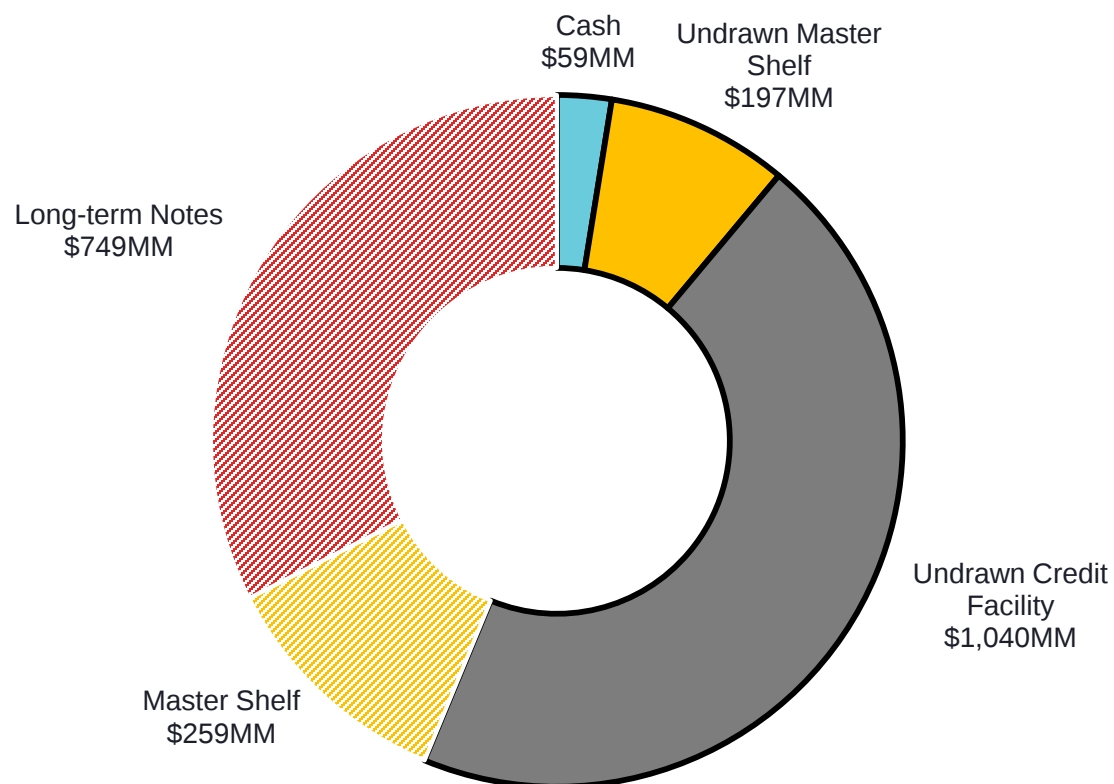
- 2016 Forecast based on actuals for the six months ended June 30, 2016 and forecast for July through December 2016 based on the forward price curve as at June 30, 2016 and net of credit adjustment. 2017 to 2020 Forecast values based on the forward price curve as at June 30, 2016 and net of credit adjustment.
- Realized pricing is based on annual average settlements and forecasted pricing is the annual average prices based on the forward price curve as at June 30, 2016.
- See ARC's Financial Statements and Notes and MD&A for additional details on hedging program results as well as current hedge positions. ARC's power hedge positions at June 30, 2016 include heat rate swaps to December 2017 (20 MWh at a heat rate of approximately 13.71 GJ/MWh) as well as fixed rate swaps to December 2016 (5 MWh at approximately \$51.00/MWh).

Significant Liquidity



ARC Continues to Maintain Ample Liquidity

\$2.2 Billion Total Cash & Existing Credit Capacity (\$1.2 Billion Available)



Bank Credit Facility

- \$1 billion credit facility plus \$40 million working capital facility
- Currently undrawn
- 12 banks included in syndicate
- Credit facility matures in 2019

Long-term Notes

- Private Placement market
- Notes are rated NAIC 2

Prudential Master Shelf

- US\$199 million currently drawn out of capacity of US\$350 million

- As of June 30, 2016.
- Assumes US\$/Cdn\$ of \$1.3009.
- Credit facility in chart includes \$40 million working capital facility.
- Non-Cash Working Capital not included.

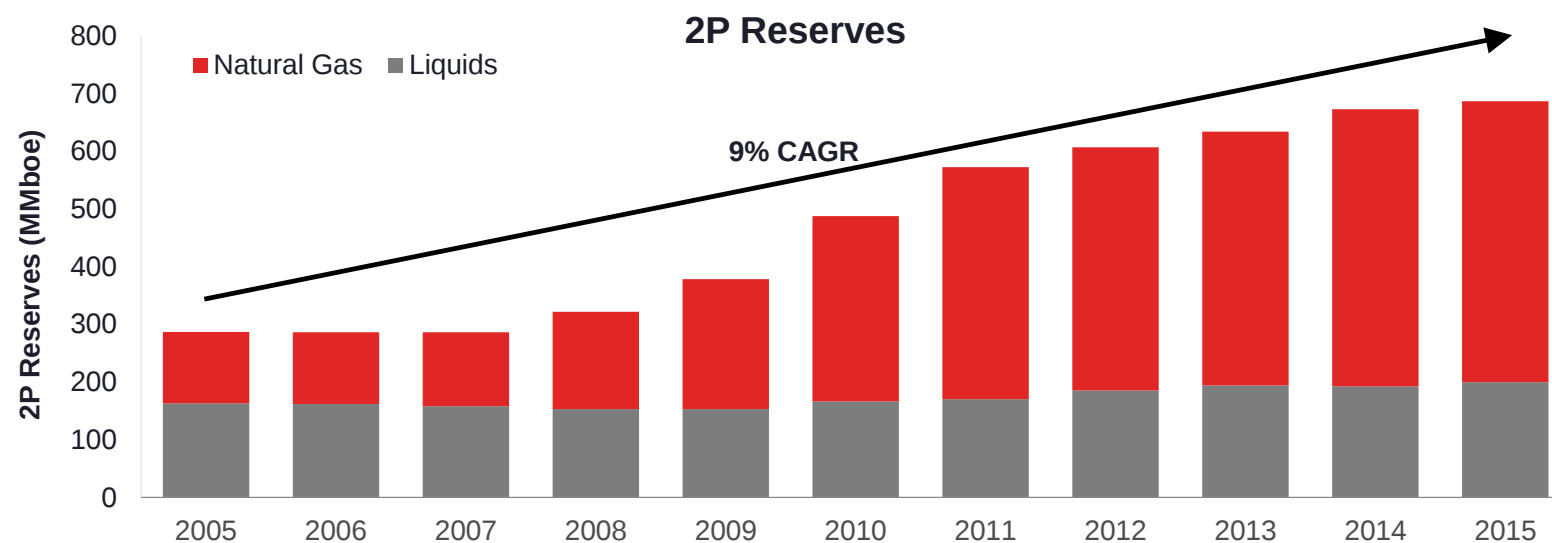
Key Reserve Information



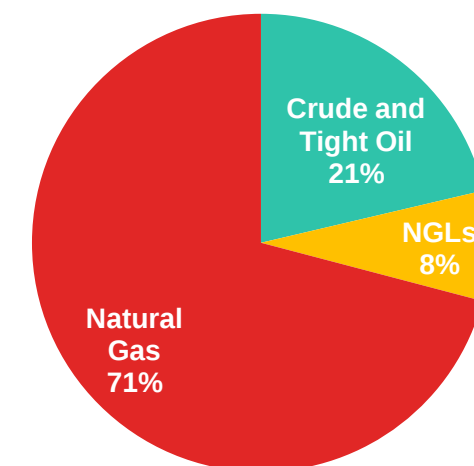
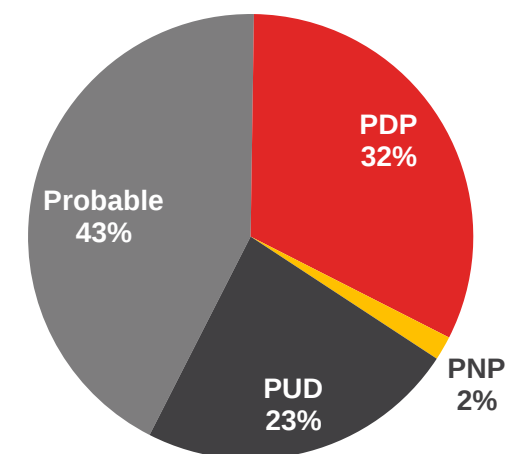
687 MMboe 2P Reserves at Year-End 2015

Reserves at year-end, December 31, 2015:

- Proved Producing 222 MMboe
- Total Proved 393 MMboe
- Proved plus Probable 687 Mmboe
- 2P Reserve Life Index ⁽¹⁾ 16 years



YE 2015 2P Reserves



(1) Based on 2016 production guidance midpoint of 118,000 boe per day.

Reserves and Resources Disclosure



- All reserves and resources volumes for NE BC Montney and elsewhere in this presentation are, unless indicated otherwise, as at December 31, 2015 as evaluated by GLJ Petroleum Consultants Ltd. in accordance with the definitions, standards and procedures contained in the Canadian Oil and Gas Evaluation Handbook and National Instrument 51-101 – Standards for Disclosure for Oil and Gas Activities.
- TPIIP, DPIIP and UPIIP have been estimated using a one per cent porosity cut-off for shale gas and a three per cent cutoff for tight oil.
- Reserves volumes for the NE BC Montney and elsewhere in this presentation are, unless indicated otherwise, Proved plus Probable, while the resource categories for NE BC Montney in this presentation are “best estimates.” “NE BC Montney” includes land in Pouce Coupe, Alberta.
- All reserves and resources volumes for NE BC Montney and elsewhere in this presentation are company gross.
- Gas volumes are “sales” for reserves and resource and raw gas for DPIIP and TPIIP.
- The tight oil DPIIP is a stock tank barrel.
- All DPIIP and TPIIP other than cumulative production, reserves, Economic Contingent Resources and Prospective Resources have been categorized as unrecoverable.
- The amount of natural gas and liquids ultimately recovered from ARC’s NE BC Montney resource will be primarily a function of the future price of both commodities.
- This presentation contains metrics commonly used in the oil and natural gas industry, such as “recycle ratio,” “finding and development costs,” “finding and development recycle ratio,” “finding, development and acquisition costs,” “operating netbacks,” and “reserve life index.” These terms do not have a standardized meaning and may not be comparable to similar measures presented by other companies, and therefore should not be used to make such comparisons.

Definitions of Oil and Gas Reserves and Resources



Reserves are estimated remaining quantities of oil and natural gas and related substances anticipated to be recoverable from known accumulations, as of a given date, based on the analysis of drilling, geological, geophysical and engineering data; the use of established technology; and specified economic conditions, which are generally accepted as being reasonable. Reserves are classified according to the degree of certainty associated with the estimates as follows:

Proved Reserves are those reserves that can be estimated with a high degree of certainty to be recoverable. It is likely that the actual remaining quantities recovered will exceed the estimated proved reserves.

Probable Reserves are those additional reserves that are less certain to be recovered than proved reserves. It is equally likely that the actual remaining quantities recovered will be greater or less than the sum of the estimated proved plus probable reserves.

Possible Reserves are those additional reserves that are less certain to be recovered than probable reserves. It is unlikely that the actual remaining quantities recovered will exceed the sum of the estimated proved plus probable plus possible reserves.

Resources encompasses all petroleum quantities that originally existed on or within the earth's crust in naturally occurring accumulations, including Discovered and Undiscovered (recoverable and unrecoverable) plus quantities already produced. "Total Resources" is equivalent to "Total Petroleum Initially-in-Place". Resources are classified in the following categories:

Total Petroleum Initially-In-Place ("TPIIP") is that quantity of petroleum that is estimated to exist originally in naturally occurring accumulations. It includes that quantity of petroleum that is estimated, as of a given date, to be contained in known accumulations, prior to production, plus those estimated quantities in accumulations yet to be discovered.

Discovered Petroleum Initially-In-Place ("DPIIP") is that quantity of petroleum that is estimated, as of a given date, to be contained in known accumulations prior to production. The recoverable portion of discovered petroleum initially in place includes production, reserves, and contingent resources; the remainder is unrecoverable.

Contingent Resources are those quantities of petroleum estimated, as of a given date, to be potentially recoverable from known accumulations using established technology or technology under development but which are not currently considered to be commercially recoverable due to one or more contingencies.

Economic Contingent Resources ("ECR") are those contingent resources which are currently economically recoverable.

Project Maturity Subclass Development Pending is defined as a contingent resource that has been assigned a high chance of development and the resolution of final conditions for development are being actively pursued.

Definitions of Oil and Gas Reserves and Resources



Project Maturity Subclass Development Unclassified as a contingent resources that requires further appraisal to clarify the potential for development and has been assigned a lower chance of development until contingencies can be clearly defined.

Undiscovered Petroleum Initially-In-Place (“UPIIP”) is that quantity of petroleum that is estimated, on a given date, to be contained in accumulations yet to be discovered. The recoverable portion of undiscovered petroleum initially in place is referred to as “prospective resources” and the remainder as “unrecoverable.”

Prospective Resources are those quantities of petroleum estimated, as of a given date, to be potentially recoverable from undiscovered accumulations by application of future development projects.

Unrecoverable is that portion of DPIIP and UPIIP quantities which is estimated, as of a given date, not to be recoverable by future development projects. A portion of these quantities may become recoverable in the future as commercial circumstances change or technological developments occur; the remaining portion may never be recovered due to the physical/chemical constraints represented by subsurface interaction of fluids and reservoir rocks.

Uncertainty Ranges are described by the Canadian Oil and Gas Evaluation Handbook as low, best, and high estimates for reserves and resources as follows:

Low Estimate: This is considered to be a conservative estimate of the quantity that will actually be recovered. It is likely that the actual remaining quantities recovered will exceed the low estimate. If probabilistic methods are used, there should be at least a 90 percent probability (P90) that the quantities actually recovered will equal or exceed the low estimate.

Best Estimate: This is considered to be the best estimate of the quantity that will actually be recovered. It is equally likely that the actual remaining quantities recovered will be greater or less than the best estimate. If probabilistic methods are used, there should be at least a 50 percent probability (P50) that the quantities actually recovered will equal or exceed the best estimate.

High Estimate: This is considered to be an optimistic estimate of the quantity that will actually be recovered. It is unlikely that the actual remaining quantities recovered will exceed the high estimate. If probabilistic methods are used, there should be at least a 10 percent probability (P10) that the quantities actually recovered will equal or exceed the high estimate.

NE BC Montney Reserves and Risked Resources



Amendments to Disclosure of Resource Evaluation

- Amendments to NI 51-101 came into effect July, 2015 that require changes to the way resources are disclosed
- Key changes that impact ARC include:
 - Changes to product types – additional product types that now apply to ARC include “Shale Gas” and “Tight Oil”
 - Risking is now applied to both the Contingent Resources and Prospective Resources
 - Sub classification is now required for the Contingent Resource – ARC’s Economic Contingent Resource is now categorized as either “Development Pending” or “Development Unclassified” and ARC’s Sub Economic Contingent Resource is categorized as “Development Not Viable”
 - Net Present Value is calculated for the Development Pending category of Contingent Resources

Non-GAAP Measures



Throughout this presentation, ARC uses the terms operating netback (“netback”) to analyze financial and operating performance. This non-GAAP measure presented does not have any standardized meaning prescribed by GAAP and therefore may not be comparable with the calculation of similar measures for other entities. ARC feels that this non-GAAP measure is a key industry benchmark of performance for ARC and provide investors with information that is commonly used by other oil and gas companies.

Netback

Netback is a common non-GAAP metric used in the oil and gas industry. This measurement assists Management and investors in evaluating operating results on a per boe basis to better analyze performance on a comparable basis. A calculation of netback is disclosed within ARC’s MD&A.

This presentation contains forward-looking statements that may be identified by words like “outlook”, “estimates” and similar expressions. These forward-looking statements are based on certain assumptions that involve a number of risks and uncertainties and are not guarantees of future performance. Reference is made to the section titled “Forward Looking Statements” at the beginning of the presentation and also to the February 10, 2016 news release titled “ARC Resources Ltd. Announces Strong Fourth Quarter, Record Annual Production and a Significant Increase in Montney Resource Estimates in 2015” which may be found on SEDAR at www.sedar.com and which are hereby incorporated by reference in this presentation and which outline a number of assumptions, risks and uncertainties associated with forward looking statements. Actual results could differ materially as a result of changes to ARC’s plans, the impact of changes in commodity prices, general economic, market and business conditions as well as production, development and operating performance and other risks associated with oil and gas operations.

For further information about ARC Resources please visit our website www.arcresources.com

Or contact:

Investor Relations

E-mail: ir@arcresources.com

T 403.503.8600 F 403.509.6417

Toll Free 1.888.272.4900

ARC Resources Ltd.

1200, 308 – 4 Avenue S.W.

Calgary, AB T2P 0H7